

Our Lady of Victory

Prayer Book



Our Lady of Victory

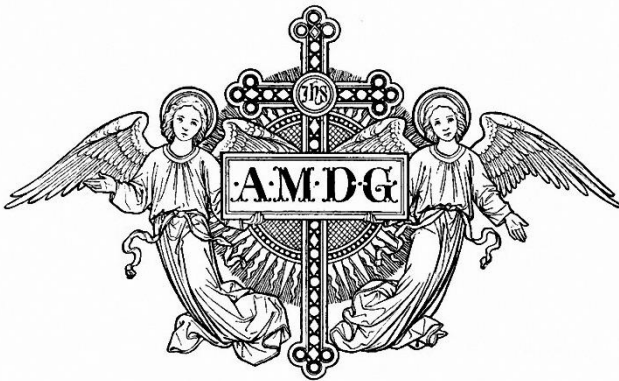
Prayer Book

Compiled by Paul Picard from
approved pre-Vatican II Catholic prayer books

March 2020

But without faith it is impossible to please God. For he that cometh to God, must believe that He is, and is a rewarder to them that seek Him.

Hebrews Chapter 11 verse 6



That God may be glorified in all things

Table of Contents

Title	Page #
A Husband's Prayer	114
A Prayer for a Visit to the Blessed Sacrament	63
A Prayer to the Guardian Angel	90
A Quarter of an Hour Before the Blessed Sacrament	64
A Wife's Prayer	115
Act of Charity	48
Act of Charity	3
Act of Consecration of the Family to Heart of Mary	44
Act of Consecration of the Human Race	50
Act of Consecration to the Holy Ghost	76
Act of Consecration to the Immaculate Heart	7
Act of Contrition	113
Act of Contrition	46
Act of Faith	3
Act of Faith	47
Act of Hope	48
Act of Hope	3
Act of Love	48
Act of Reparation to the Immaculate Heart	7
Act of Reparation to the Sacred Heart of Jesus	51
Act of Resignation	40
Act of Spiritual Communion	59
Act of Spiritual Communion	46
Act of Total Abandonment to Our Lady	38
Adoration and Gratitude	2
Adore te devote	63
Affections and Resolutions before Confession	112
After the Examination	111
Alliegiance to the Cross of Christ	2
An Act of Confidence	61
An Act of Oblation (St. Ignatius)	105
Anima Christi	67
Anima Christi	61
Ask God for Necessary Graces	105
Closing prayer to the Blessed Sacrament	56
Consecration to Jesus Christ	66
Devotion in Honor of the Five Holy Wounds	53
Devotions for Confession	108 – 114
Devotions for Holy Communion	57
Devotions to Our Lord Jesus Christ	46
Devotions to Saint Joseph	82
Devotions to the Angels	89

Title	Page #
Devotions to the Blessed Trinity	72
Devotions to the Holy Ghost	76
Ecce Ancilla Domine	4
Examination of Conscience	109
Father Baker's Prayer to Our Lady of Victory	41
Fatima Prayers	106
First Friday / Holy Hour Devotions	46
Hail beloved Daughter of the Eternal Father	36
Hail Holy Queen	34
Indulged Prayer before a Crucifix	71
Instruments of Good Works	106 – 108
Invocations	106
Invocations to the Immaculate Heart of Mary	40
Litany of Divine Providence	73
Litany of Humility	68
Litany of Resignation to the Will of God	75
Litany of the Blessed Virgin	34
Litany of the Most Holy Name of Jesus	69
Litany of the Most Precious Blood of Jesus	71
Litany of the Most Sacred Heart of Jesus	49
Litany of the Saints	85
Litany to Our Lady of Victory	41
Litany to Saint Joseph	83
Magnificat	7
Memorare to Our Lady of the Sacred Heart	38
Memorare	4
Nine Ways of being accessory to another's sin	111
Novena to the Holy Angels	90
Novena to the Holy Ghost	76
O Jesus Living in Mary	37
O Sacrament most holy...	3
Obsecro Te	105
Offering of the Holy Hour	47
Opening Prayer to the Blessed Sacrament	47
Our Lady of Guadalupe	40
Prayer After Any Work	115
Prayer After Confession	113
Prayer after Holy Communion	60
Prayer Before Any Work	115
Prayer Before Communion	57
Prayer before Confession	108
Prayer before Mass	116
Prayer for a Happy Death	84
Prayer for Final Perseverance	56

Prayer for Financial Aid	43
Prayer for Good Vocations	116
Prayer for Increase of Daily Holy Communions	54
Prayer for Increase of Daily Holy Communions	59
Prayer for our Daily Neglects	56
Prayer for Our Spiritual Needs	42
Prayer for Peace (St. Francis)	55
Prayer for Perseverance	44
Prayer for Protection during the Night	115
Prayer for Purity	84
Prayer for Success in Work	83
Prayer for Temporal Wants	43
Prayer for the Conversion of a Sinner	44
Prayer for the Faithful Departed	106
Prayer for the Seven Gifts of the Holy Ghost	76
Prayer for those in their last agony	55
Prayer for Vocations	105
Prayer in Sickness	43
Prayer of St Ambrose	58
Prayer of St Augustine	62
Prayer of St Bonaventure	62
Prayer of St. Thomas Aquinas (After Communion)	61
Prayer of St. Thomas Aquinas (Before Communion)	58
Prayer to Christ the King	48
Prayer to Jesus Living in Mary	4
Prayer to Jesus	2
Prayer to Mary for the Grace of the Last Sacraments	46
Prayer to Our Lady to be Present at our death	39
Prayer to Our Lord in the Blessed Sacraments	106
Prayer to Saint Genevieve	88
Prayer to Saint Joseph	60
Prayer to Saint Jude	89
Prayer to Saint Michael the Archangel	116
Prayer to Saint Rita	88
Prayer to St Joseph (Pius X)	85
Prayer to St Joseph 1	82
Prayer to St Joseph 2	83
Prayer to St Joseph for October after Rosary	82
Prayer to St Joseph for October after the Rosary	38
Prayer to the Blessed Sacrament	59
Prayer to the Blessed Virgin Mary	45
Prayer to the Blessed Virgin Mary	60
Prayer to the Holy Ghost	46
Prayer to the Holy Trinity	2
Prayers after Holy Communion	60

Prayers for Mercy for the Holy Souls in Purgatory	55
Regina Coeli	45
Renewal of the Baptismal Promises	105
Renewal of the Consecration of the Family	68
Resolve to Avoid Sin and Practice Virtue	104
Scapular Consecration	4
Send Your Angel to Holy Mass	89
Short Prayer	2
Short Prayer	61
Sins Against the Holy Ghost	111
St Louis de Montfort's Prayer to Mary	37
Subjects for Daily Meditation	114
The Angelus	45
The Apostles Creed (Latin and English)	1
The Breastplate of St. Patrick	88
The Commandment of God	109
The Eight Beatitudes	111
The Four Cardinal Virtues	114
The Four Sins which Cry to Heaven for Vengeance	111
The Glory Be (Latin and English)	1
The Hail Mary (Latin and English)	1
The Holy Rosary (Dominican Fathers)	21 – 29
The Holy Rosary (Eucharistic Rosary)	30 – 34
The Holy Rosary (St Louis de Montfort)	8 – 15
The Holy Rosary (Stations of the Rosary)	16 – 21
The Little Crown of the Blessed Virgin	5
The Our Father (Latin and English)	1
The Precepts of the Church	110
The Seven Capital Sins	110
The Seven Corporal Works of Mercy	111
The Seven Gifts of the Holy Ghost	114
The Seven Sacraments	113
The Seven Spiritual Works of Mercy	111
The Sign of the Cross (Latin and English)	1
The Three Theological Virtues	114
The Twelve Fruits of the Holy Ghost	114
The Way of the Cross (St Alphonsus Liguori)	99
The Way of the Cross (St. Francis of Assisi)	91
Three Eminently Good Works	114
Three Evangelical Counsels	114
To Jesus Abandoned	52
To Our Lord on the Cross	53
To the Queen of the Holy Rosary	36
Universal Prayer for all things Necessary	72
Veneration of the Thorn Crowned Head of Jesus	52
Veni Creator	3
Virtues Contrary to the Capital Sins	114

Our Lady of Victory Prayer Book

Prayers

The Sign of the Cross

In Nomine Patris, et Fillii, et Spiritus Sancti. Amen

In the Name of the Father, and of the Son, and of the Holy Ghost. Amen

Our Father

Pater noster, qui es in coelis, sanctificetur nomen tuum. Adveniat regnum tuum. Fiat voluntas tua, sicut in coelo, et in terra. Panem nostrum quotidianum da nobis hodie. Et dimitte nobis debita nostra, sicut et nos dimittimus debitoribus nostris. Et ne nos inducas in tentationem, sed libera nos a malo. Amen.

Our Father who art in heaven, hallowed be Thy Name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Ave Maria, gratia plena, Dominus tecum; benedicta tu in mulieribus, et benedictus fructus ventris tui, Jesu. Sancta Maria, Mater Dei, ora pro nobis peccatoribus, nunc et in hora mortis nostrae. Amen.

Hail, Mary, full of grace, the Lord is with thee, blessed art thou amongst women, and blessed is the Fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be...

Gloria Patri, et Filio, et Spiritui Sancto. Sicut erat in principio et nunc et semper et in saecula saeculorum. Amen

Glory be to the Father, and to the Son, and to the Holy Ghost. As it was in the beginning is now and ever shall be, world without end. Amen.

Prayer to our Guardian Angel

Angel of God, my Guardian dear, to whom God's love commits me here, ever this day be at my side, to light and guard, to rule and guide. Amen.

Apostles Creed

Credo in unum Deum, Patrem omnipotentem, Creatorem caeli et terrae. Et in Jesum Christum, Filium ejus unicum, Dominum nostrum; qui conceptus est de Spiritu Sancto, natus ex Maria Virgine; passus sub Pontio Pilato, crucifixus,

mortuus et sepultus: descendit ad inferos; tertia die resurrexit a mortuis: ascendit ad caelos, sedet ad dexteram Dei Patris omnipotentis; inde venturus est judicare vivos et mortuos. Credo in Spiritum Sanctum, sanctam Ecclesiam Catholicam, Sanctorum communionem, remissionem peccatorum, carnis resurrectionem, vitam aeternam. Amen

I believe in God, the Father Almighty, Creator of heaven and earth, and in Jesus Christ His only Son our Lord, Who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell, the third day He rose again from the dead, He ascended into heaven, sitteth at the right hand of God the Father Almighty, from thence He shall come to judge the living and the dead. I believe in the Holy Ghost, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Prayer to the Holy Trinity

Glory be to the Father, Who has created me.
Glory be to the Son, Who has redeemed me.
Glory be to the Holy Ghost, Who sanctified me.
Blessed be the Holy and undivided Trinity, now and forever. Amen.

Adoration and Gratitude.

O my God! I adore Thee; I love Thee with all my heart; I return Thee thanks for the great and innumerable benefits and graces which I have received from Thy infinite goodness and mercy, especially for having preserved me last night and for having given me another day to serve Thee and to increase my eternal glory in heaven.

Prayer to Jesus

Dear Jesus, help me to spread Thy fragrance everywhere I go. Flood my soul with Thy Spirit and Life. Penetrate and possess my whole being so utterly that all my life may be a radiance of Thine: shine through me and be so in me, that every soul I come in contact with may feel Thy Presence in my soul: let them look up and see no longer me, but only Jesus!

Allegiance to the Cross of Christ

I pledge allegiance to the Cross of Christ and to the faith for which it stands one Church, Holy, Catholic, and Apostolic with grace and salvation for all.

Short Prayer

I am Thine and all I have is Thine O Loving Jesus through Mary the Mediatrix of all Graces. Jesus, Mary, Joseph, I Love You, save souls.

Veni Creator

Come, O Creator Spirit blest! And in our souls take up thy rest; Come with Thy grace and heavenly aid, To fill the hearts which Thou hast made.
Great Paraclete! To Thee we cry, O highest gift of God most high! O font of life! O fire of love! And sweet anointing from above.
Thou in Thy sevenfold gift's art known, The finger of God's hand we own; The promise of the Father, Thou! Who dost the tongue with power endow.
Kindle our senses from above, And make our hearts over flow with love; With patience firm and virtue high The weakness of our flesh supply.
Far from us drive the foe we dread, And grant us Thy true peace instead; So shall we not, with Thee for guide, Turn from the path of life aside.
Oh, may Thy grace on us bestow The Father and the Son to know, And Thee through endless times confessed of both the eternal Spirit blest.
All glory while the ages run Be to the Father and the Son Who rose from death; the same to Thee, O Holy Ghost, eternally. Amen.

Act of Faith

O my God, I firmly believe that Thou are one God in three Divine Persons, Father, Son and Holy Ghost. I believe that Thy divine Son became man and died for our sins, and that He will come to judge the living and the dead. I believe these truths and all the truths which the Holy Catholic Church teaches, because Thou has revealed them Who can neither deceive nor be deceived.

Act of Hope

O my God relying on Thy promises and on the infinite merits of Jesus Christ my Saviour, I most firmly hope in Thee and trust that Thou will grant me grace to observe Thy commandment in the world and to reward me in the next.

Act of Charity

O my God Who art worthy of all my love and infinite in every perfection I love Thee with my whole heart and love my neighbour as myself for the love of Thee. I forgive all who have injured me and I ask pardon of all whom I may have injured.

“Jesus, meek and humble of heart, make my heart like unto Thine.”
300 days indulgence. - Pius IX, January 25, 1868.

O Sacrament most holy; O Sacrament divine!
All praise and all thanksgiving be every moment thine.
100 days indulgence, once a day – Pius VI., May 24, 1776.

Devotions to the Blessed Virgin Mary

Prayer to Jesus Living in Mary

O Incarnate Wisdom! O sweetest and most loving Jesus! Thou Who lovest Thy holy Mother more than all angels and men; Who hast overwhelmed her with innumerable riches, honors and privileges; Who, when on earth, didst depend on her in all things and at all times; Thou Who dost so ardently desire to see Mary known and loved by all men on earth, and Who in Heaven art so intimately united to her that she is wholly transformed into Thee and is but one heart and one soul with Thee; I implore Thee, grant me without delay the grace for which I long so ardently, of a perfect union with Mary. Amen.

Scapular Consecration, Pledge and Offering

O Holy Mary, Immaculate Queen of Carmel, Mother of God and my Mother, by my scapular I am entirely Thine. Assist me this day, and obtain for me the grace to live faithfully my scapular consecration, whereby my heart, my mind, my body, my whole being is Thine without reserve forever. May God grant that false doctrine may never corrupt my heart. Queen of Angels, terror of the demons, intervene for us. Obtain for us the grace of final perseverance. I wish to gain all the indulgences attached to the prayers and good works that I may perform this day. Amen

Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired with confidence I fly unto thee, O Virgin of Virgins, my Mother! To thee I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate! Despise not my petitions, but in thy mercy, hear and answer me. Amen.

Ecce Ancilla Domine

I am in thy hands, O Mary! Mould and fashion this clay, which I am; give it a form and break it again; thou art its mistress, it may not complain. I am satisfied that it should serve thy purpose, and that nothing in me should be opposed to thy good pleasure. Whether thou dost ask, command or forbid me, I am ready to obey. What wouldst thou have me do or not do? Whether I be exalted or humiliated, comforted or grieved, able to work for thee or incapable of anything, helpful to all around me or burdensome to everybody, I shall ever love thee and sacrifice my will to thine in all things, saying: My soul is Mary's slave of love, let all things be done to me according to her good pleasure. Amen.

The Little Crown of the Blessed Virgin

I. Crown of Excellence

(To honor the divine maternity of the Blessed Virgin, her ineffable virginity, her purity without stain and her innumerable virtues.)

Grant that I my praise Thee Holy Virgin
Give me strength against Thine enemies

Our Father ...

1. Hail Mary ...

Blessed art thou, O Virgin Mary, who didst bear the Lord, the Creator of the world;
thou didst give birth to Him Who made thee and remainest a Virgin forever.

Rejoice, O Virgin Mary,
Rejoice a thousand times!

2. Hail Mary ...

O holy and Immaculate Virgin, I know not with what praise to extoll thee, since
thou didst bear in thy womb the very One Whom the heavens cannot contain.

Rejoice, O Virgin Mary,
Rejoice a thousand times!

3. Hail Mary ...

Thou art all fair, O Virgin Mary, and there is no stain in thee.

Rejoice, O Virgin Mary,
Rejoice a thousand times!

4. Hail Mary ...

Thy virtues, O Virgin surpass the stars of heaven in number.

Rejoice, O Virgin Mary,
Rejoice a thousand times!

Glory Be to the Father...

II. Crown of Power

(To honor the royalty of the Blessed Virgin, her magnificence, her universal mediation and the strength of her rule.)

Our Father...

5. Hail Mary ...

Glory be to thee, O empress of the world! Bring us with thee to the joys of Heaven.

Rejoice, O Virgin Mary,
Rejoice a thousand times!

6. Hail Mary ...

Glory be to thee, O treasure, house of the Lord's graces! Grant us a share in thy riches.

Rejoice, O Virgin Mary,
Rejoice a thousand times!

7. Hail Mary ...Glory be to thee, O Mediatrix between God and man! Through thee may the Almighty be favorable to us.

Rejoice, O Virgin Mary,
Rejoice a thousand times!

8. Hail Mary ...

Glory be to thee who destroyest heresies and crushest demons! Be thou our loving guide.

Rejoice, O Virgin Mary,
Rejoice a thousand times!

Glory be to the Father...

III. **Crown of Goodness**

(To honor the mercy of the Blessed Virgin toward sinners, the poor, the just and the dying.)

Our Father ...

9. Hail Mary ...

Glory be to thee, O refuge of sinners! Intercede for us with God.

Rejoice, O Virgin Mary,
Rejoice a thousand times!

10. Hail Mary ...

Glory be to thee, O Mother of orphans! Render the Almighty favorable to us.

Rejoice, O Virgin Mary,
Rejoice a thousand times!

11. Hail Mary ...

Glory be to thee, O joy of the just! Lead us with thee to the joys of Heaven.

Rejoice, O Virgin Mary,
Rejoice a thousand times!

12. Hail Mary ...

Glory be to thee who art ever ready to assist us in life and in death! Lead us with thee to the kingdom of Heaven!

Rejoice, O Virgin Mary,
Rejoice a thousand times!

Glory be to the Father ...

Let us pray

Hail, Mary, Daughter of God the Father; Hail, Mary, Mother of God the Son; Hail, Mary, Spouse of the Holy Ghost; Hail Mary, Temple of the most Holy Trinity; Hail, Mary, my mistress, my treasure, my joy, Queen of my heart; my Mother, my life, my sweetness, my dearest hope, yea, my heart and my soul! I am all thine and all that I have is thine, O Virgin blessed above all things! Let thy soul be in me to magnify the Lord; let thy spirit be in me to rejoice in God. Set thyself, O faithful Virgin, as a seal upon my heart, that in thee and through thee I may be found faithful to God. Receive me, O gracious Virgin, among those whom thou lovest and teachest, whom thou leadest, nourishest and protectest as thy children. Grant that for love of thee I may despise all earthly consolations and ever cling to those of Heaven; until through the Holy Ghost, thy faithful Spouse, and through thee His faithful Spouse, Jesus Christ thy Son be formed in me for the glory of the Father. Amen.

Act of Consecration to the Immaculate Heart of Mary

O Immaculate Heart of Mary, Queen of Heaven and earth and tender Mother of men, in accordance with thy ardent wish made known at Fatima, I consecrate to thee myself, my brethren, my country and the whole human race. Reign over us and teach us how to make the Heart of Jesus reign and triumph in us and around us as It has reigned and triumphed in thee.

Reign over us, dearest Mother, that we may be thine in prosperity and in adversity; in joy and in sorrow; in health and in sickness; in life and in death. O most compassionate heart of Mary, Queen of Virgins, watch over our minds and our hearts and preserve them from the deluge of impurity which Thou didst lament so sorrowfully at Fatima. We want to be pure like thee. We want to atone for the many sins committed against Jesus and thee. We want to call down upon our country and the whole world the peace of God in justice and charity.

Therefore, we now promise to imitate thy virtues by the practice of a Christian life without regard to human respect. We resolve to receive Holy Communion on the first Saturday of every month and to offer thee five decades of the rosary each day together with our sacrifices in a spirit of reparation and penance. Amen

Act of Reparation to the Immaculate Heart of Mary

Most Holy Virgin, and our beloved Mother, we listen with grief to the complaints of thy Immaculate Heart, surrounded with the thorns which ungrateful men place therein at every moment by their blasphemies and ingratitude. Moved by the ardent desire of loving thee as our Mother and of promoting true devotion to Thy Immaculate Heart, we prostrate ourselves at thy feet to prove the sorrow we feel for the grief that men cause thee and to atone by means of our prayers and sacrifices for the offenses with which men return thy tender love. Obtain for them and for us the pardon of so many sins. A word from thee will obtain grace and forgiveness for us all. Hasten, O Lady, the conversion of sinners, that they may love Jesus and cease to offend God, already so much offended, and thus avoid eternal punishment. Turn, thine eyes of mercy toward us so that hence forth we may love God with all our hearts while on earth and enjoy Him forever in heaven. Amen.

Magnificat

My soul doth magnify the Lord. And my spirit hath rejoiced in God my Savior. Because He hath regarded the humility of His handmaid; for behold, from henceforth all generations shall call me blessed. Because He that is mighty hath done great things to me; and holy is His name. And His mercy is from generation to generations, to them that fear Him. He hath showed might in His arm; He hath scattered the proud in the conceit of their heart. He hath put down the mighty from their seat; and hath exalted the humble. He hath filled the hungry with good things; and the rich He hath sent empty away. He hath received Israel His servant, being mindful of His mercy. As He spoke to our fathers, to Abraham and to his seed forever. Glory be to the Father...

The Holy Rosary

(The method of St. Louis de Montfort)

I unite myself with all the saints in Heaven, with all the just on earth, and I unite myself with Thee, my Jesus, in order to praise Thy holy Mother worthily and to praise Thee in her and by her. I renounce all the distractions that may come to me while I am praying this rosary which I wish to say now with modesty, attention and devotion, just as if it were to be the last of my life. Amen.

I believe in God, etc.

Our Father.... - Hail Mary... (three times) -Glory be to the Father...

The Five Joyful Mysteries

1. **The Annunciation** - The grace of Humility.

Meditation:

In union with Our Lady, consider the astounding humiliations suffered in atonement for your pride by Him Who is the brightness of eternal light, the unspotted mirror of God's majesty and the image of His goodness.

Rejoice with Mary because of her high dignity, and think of her exceedingly deep humility, now that she has become the Mother of God.

How little you resemble her in your vanity and wishes for the esteem of the world! Put down your pride and make serious efforts to acquire the virtue of humility, which is so necessary and without which no other can exist in a soul.

We offer Thee, O Lord Jesus, this first decade in honor of Thy Incarnation in Mary's womb, and we ask of Thee, through this Mystery and through her intercession, a profound humility. Amen.

Our Father....., Hail Mary... (ten times), Glory be to the Father...

May the grace of the Mystery of the Annunciation come down into our souls.

2. **The Visitation** - The grace of Charity towards Our Neighbor

Meditation:

Follow Our Lady on the way to St. Elizabeth's house, and while you meditate on the meaning of this mystery, adore Jesus in Mary's womb. Through her, He now begins to cast the fire of His love into the hearts of men. How great is His love for you even now! How great a desire your Divine Saviour already has to see the day on which he will sacrifice Himself on Calvary for your salvation!

How do you practice charity? Do you not often offend against it? See, then in what way Our Lady wishes you to correct yourself in regard to this virtue and beseech her to inflame your heart with true charity for your neighbor.

We offer Thee, O Lord Jesus, this second decade in honor of the Visitation of Thy

holy Mother to her cousin St. Elizabeth and the sanctification of St. John the Baptist, and we ask of Thee, through this Mystery and through the intercession of Thy Holy Mother, charity towards our neighbor. Amen.

Our Father....., Hail Mary... (ten times), Glory be to the Father...
May the grace of the Mystery of the Visitation come down into our souls.

3. **The Nativity** - The grace of Contempt of Riches and Love of Poverty

Meditation:

What poverty in the stable of Bethlehem! A handful of straw; swaddling clothes, which give the Child but little protection against the cold; poor shepherds to form the entire retinue of the King.

Admire this state of destitution which marks but the beginning of all that Jesus is to suffer till He is entirely stripped on Calvary. Become more and more detached from earthly things and with a firm confidence ask of Mary to obtain for you the grace of being poor in spirit.

We offer Thee, O Lord Jesus, this third decade in honor of Thy Nativity in the stable of Bethlehem, and we ask of Thee, through this Mystery and through the intercession of Thy holy Mother, detachment from the things of the world, contempt of riches and love of poverty. Amen.

Our Father....., Hail Mary... (ten times), Glory be to the Father...
May the grace of the Mystery of the Nativity come down into our souls.

4. **The Presentation in the Temple** - The grace of Purity of Body and Soul

Meditation:

In union with Mary adore Jesus in the arms of holy Simeon. From what you see in this mystery, learn that Jesus gives Himself in preference to a soul that is pure and detached from the world. Eternal Wisdom is a vapor of the power of God and a certain pure emanation of the glory of the almighty God, and therefore no defiled thing cometh into her.

Cultivate then in your heart a great love for purity, by which you are made like the angels and intimately united with God. But be ever convinced that you can acquire this virtue only by keeping a constant watch over your bodily senses and by being truly devoted to Mary.

We offer Thee, O Lord Jesus, this fourth decade in honor of Thy Presentation in the Temple and the Purification of Mary, and we ask of Thee, through this Mystery and through the intercession of Thy holy Mother, purity of body and soul. Amen.

Our Father....., Hail Mary... (ten times), Glory be to the Father...
May the grace of the Mystery of the Presentation in the Temple come down into our souls. Amen.

5. **The Finding of Our Lord in the Temple** - The grace of True Wisdom

Meditation:

While you console with Our Lady in her sorrow, when she seeks the Divine Child for three days, look into your own heart, and in Mary's presence see what your desires are for possessing Jesus in your soul. Do you shed tears, or at least do you feel sad on realizing that you are still far from Him.? Mary is the spiritual magnet that will attract Jesus into your soul. Take her as your guide in the ways of the interior life, and she will help you find Jesus in the temple of your heart wherein He dwells. She will teach you to treasure in your memory all the good and beautiful things His love urged Him to do for you.

We offer Thee, O Lord Jesus, this fifth decade in honor of Mary's finding Thee in the Temple, and we ask of Thee, through this Mystery and through her intercession, the gift of true wisdom. Amen.

Our Father....., Hail Mary... (ten times), Glory be to the Father...

May the grace of the Mystery of the finding of Our Lord in the Temple come down into our souls. Amen.

The Five Sorrowful Mysteries

1. **The Agony in the Garden** - The grace of Contrition for sins.

Meditation:

Listen to the tender complaints of Jesus in the Garden of Olives: " My soul is sorrowful even unto death. My Father, if it be possible, let this chalice pass from Me". Compassionate your sorrowful Mother while you offer this decade to her. She has so often shed tears of sorrow for your offences and for those of all sinners. Ask her to touch your heart with grace of sincere contrition for until now you have grieved but little for your sins. Pray also for the conversion of some great sinner, but especially ask her to obtain the grace of true contrition for all those who depart this life today.

We offer Thee, O Lord Jesus, this sixth decade in honor of Thy Agony in the Garden of Olives, and we ask of Thee, through this Mystery and through the intercession of Thy holy Mother, contrition for our sins. Amen.

Our Father....., Hail Mary... (ten times), Glory be to the Father...

May the grace of the Mystery of the Agony in the Garden come down into our souls. Amen.

2. **The Scourging** - The grace of Mortification of our senses.

Meditation:

With what reproaches and infamies has your dear Savior been overwhelmed for love of you, from the moment of His agony till that of His scourging! The mere thought of them ought to instill in your heart the deepest feelings of horror for the slightest sins of sensuality, for which your innocent Jesus has suffered so painfully. Sympathize with Our Lady in the sorrows which this

harrowing scene of the scourging causes to her heart and beg of her the grace to mortify your senses. Many sinners place their soul in danger of damnation for the sake of sensual pleasure! Pray for their conversion.

We offer Thee, O Lord Jesus, this seventh decade in honor of Thy bloody Scourging, and we ask of Thee, through this Mystery and through the intercession of Thy holy Mother, the grace of mortifying our senses. Amen.

Our Father....., Hail Mary... (ten times), Glory be to the Father...
May the grace of the Mystery of the Scourging come down into our souls.

3. **The Crowning with Thorns** - The grace of Contempt of the World.

Meditation:

Consider the pitiful state to which your pride has reduced your sweet Saviour, the King of Kings, the Lord of Lords. Adore Him now that He is crowned with thorns, covered with tattered cloak of purple, made king by a lawless body of soldiers who load Him down with insults and all sorts of ill-treatment.

Unite with Mary and offer your acts of adoration, of compassion and of love in atonement for so many outrages. Beseech her to offer worthy thanks to Jesus on your behalf, and ask for the grace to know yourself better, in order to loathe and despise yourself.

We offer Thee, O Lord Jesus, this eighth decade in honor of Thy being crowned with thorns, and we ask of Thee, through this Mystery and through the intercession of Thy holy Mother, contempt of the world, Amen.

Our Father....., Hail Mary... (ten times), Glory be to the Father...
May the grace of the Mystery of the Crowning with Thorns come down into our souls. Amen.

4. **The Carrying of the Cross** - The grace of Patience in bearing our crosses.

Meditation:

See how lovingly Jesus embraces His cross and takes it upon His shoulders! He beholds in it the sign of your redemption, the powerful weapon that will crush your enemies. Express your gratitude to Jesus and at the same time offer your sympathy to Mary, whose heart is so cruelly rent when she meets her Divine Son. Admire her zeal in sharing the sufferings and humiliations of Jesus on Calvary.

How do you practice resignation to the will of God in the trials of life? How do you love your crosses? Repent of the many murmurings of which you are guilty and beseech Our Lady to make you see that it is profitable to your soul to be warned of your shortcomings and to undergo in this world the punishment of your sins and of your pride.

We offer Thee, O Lord Jesus, this ninth decade in honor of Thy carrying of the Cross, and we ask of Thee, through this Mystery and through the intercession of Thy holy Mother, patience in bearing our crosses. Amen.

Our Father....., Hail Mary... (ten times), Glory be to the Father...

May the grace of the Mystery of the Carrying of the Cross come down into our souls. Amen.

5. **The Crucifixion** -

The grace of **Conversion** of Sinners, the Relief of the Souls in Purgatory

Meditation:

Consider at what cost Our Lady has brought forth your soul to the life of grace. "All the pains inflicted upon the bodies of the martyrs" says St. Anselm, "are slight or rather they are nothing, compared to the excessive sufferings by Mary".

Honor the Queen of martyrs who has suffered so much for you.

Sympathize with her in her deep sorrow and say to her with the Prophet: "To what shall I compare thy sorrow, O Virgin, Daughter of Sion, for it is great as the sea!"

After the example of Jesus and Mary, suffer willingly for the salvation of souls.

We offer Thee, O Lord Jesus, this tenth decade in honor of Thy Crucifixion and ignominious death on Calvary; we ask of Thee, through this Mystery and through the intercession of Thy holy Mother, the conversion of sinners, the perseverance of the just and the relief of the souls in purgatory. Amen.

Our Father....., Hail Mary... (ten times), Glory be to the Father...

May the grace of the Mystery of the Crucifixion come down into our souls.

The Five Glorious Mysteries

1. **The Resurrection** - The grace of the Love of God

Meditation:

What heavenly splendor surrounds Jesus on the day of His Resurrection! How Mary's heart is filled with an overflowing abundance of love and joy when she sees her Son liberated from the bonds of death! Rejoice with her.

Consider the great kindness of your risen Saviour appearing to His disciples and to the holy women. With the same love He follows you and wishes to give Himself to you, but your soul is so different!

Lay down your requests at the feet of Mary. This kind Mother is so exceedingly happy at the Resurrection of her Son that she can refuse you nothing.

We offer Thee, O Lord Jesus, this eleventh decade in honor of Thy glorious Resurrection, and we ask of Thee, through this Mystery and through the intercession of Thy holy Mother, love of God and fervor in Thy service. Amen.

Our Father....., Hail Mary... (ten times), Glory be to the Father...
May the grace of the Mystery of the Resurrection come down into our souls.

2. **The Ascension** - The grace of an Ardent Desire of Heaven, our true home.

Meditation:

With Mary contemplate Jesus ascending gloriously into heaven while he is surrounded by angels and by the souls He has delivered from Limbo. What a glorious triumph! What an honor and joy for Heaven!

Rejoice with Our Lady on the glory of her Divine Son. Obtain access to her heart and ask her to make you share her interior feelings after the Ascension. "Mary's longing to be with God in Heaven was so intense" says St. John Eudes, "that only by a continuous miracle could she keep alive".

But what are your desires? You wish for Jesus. But is it an earnest wish? You hope for Heaven? But what are you doing to go to Heaven? Would that like Mary you had no thoughts but for Jesus, the Eternal Wisdom! Would that you had no longing but to possess Him and His heavenly riches! Oh, how more generously would you serve Him and how zealously would you remove every hindrance to His union with you! Ask Mary to obtain that grace for you.

We offer Thee, O Lord Jesus, this twelfth decade in honor of Thy triumphant Ascension, and we ask of Thee, through the Mystery and through the intercession of Thy holy Mother, an ardent desire for Heaven, our true home.

Our Father....., Hail Mary... (ten times), Glory be to the Father...
May the grace of the Mystery of the Ascension come down into our souls.

3. **The Descent of the Holy Ghost** –

4.

The grace of the coming of the Holy Ghost into our souls.

Meditation:

Meditate on this mystery attentively. Pay honor to your heavenly Mother, surrounded by the disciples in the Cenacle, where she receives the Holy Ghost. With what plenitude of grace is she enriched on this day! Rejoice with her and beg of her for yourself and for all her slaves of love, the grace of a closer union with her Immaculate Heart. Recall to mind these words of St. Louis De Montfort: "When the Holy Ghost has found Mary in a soul, He flies there; He enters there with the fullness of His gifts, especially the gift of wisdom, to work wonders of grace".

We offer Thee, O Lord Jesus, this thirteenth decade in honor of the Mystery of Pentecost, and we ask of Thee, through this Mystery and through the

intercession of Thy holy Mother, the coming of the Holy Ghost into our souls.
Amen.

Our Father....., Hail Mary... (ten times), Glory be to the Father...
May the grace of the Mystery of Pentecost come down into our souls.

4. **The Assumption** - The grace of a great Love of Our Lady

Meditation:

In spirit let us contemplate the last moments of our Blessed Mother. What a peaceful death is hers! Having received the visit of Jesus, her Son, in Holy Communion, and being filled with an overflowing abundance of blessedness, she dies of love as she has lived. Ask her to obtain this grace for yourself and for all who are dear to you.

Some of the Apostles are present at the last moments of Our Lady. Their hearts are disconsolate at the loss they are going to suffer. Mary with soothing words consoles them in their grief, she blesses them and leaves them assurance of her powerful mediation with Jesus Christ. Remember that she does the same for you, and that to gain your full confidence she says to you with loving tenderness: "Fear not my child, I am your Mother. I go to Heaven to prepare a dwelling place for you"

My God, how consoling these words are! Mary, my Mother! How good a Mother! And how merciful! A Mother who knows all my trials and miseries, who desires to give me relief and take me to Heaven with her.

We offer Thee, O Lord Jesus, this fourteenth decade in honor of the resurrection and triumphant Assumption of Thy holy Mother into Heaven and we ask of Thee, through this Mystery and through her intercession, a tender devotion for so good a Mother. Amen.

Our Father....., Hail Mary... (ten times), Glory be to the Father...
May the grace of the Mystery of the Assumption come down into our souls.

5. **The Coronation of the Blessed Virgin** - The grace of Final Perseverance

Meditation:

Let us follow Our Lady as she is taken up to heaven, leaning on her well-Beloved Son, surrounded by a multitude of saints and angels. What a glorious retinue! What jubilation when this exalted Queen makes her entrance into heaven! With what joy and glory is Mary overwhelmed when, seated upon a throne of magnificence, the most Holy Trinity crowns her as the well-beloved Daughter of the Father, as the admirable Mother of the Son, as the faithful Spouse of the Holy Ghost! If even the least of the saints is filled with a heavenly bliss, what then must be the happiness of the Mother of Jesus! But what can we say of her happiness, we who are still exiled from our heavenly country? In silent admiration let us rejoice with our Mother, as well as all the blessed in heaven, whose glory and blessings are increased on this day.

We offer Thee, O Lord Jesus, this fifteenth decade in honor of the Coronation of Thy holy Mother, and we ask of Thee, through this Mystery and through her intercession, perseverance in grace and a crown of glory hereafter. Amen.

Our Father....., Hail Mary... (ten times), Glory be to the Father...

May the grace of the Mystery of the Coronation of the Blessed Virgin come down into our souls.

Let us pray

Hail Mary, beloved Daughter of the Eternal Father, admirable Mother of the Son, faithful Spouse of the Holy Ghost, august Temple of the most Holy Trinity! Hail, sovereign princess, to whom all owe subjection in Heaven and on earth! Hail, sure refuge of sinners, Our Lady of mercy, who hast never refused any request. All sinful though I am, I cast myself at thy feet and beseech thee to obtain from Jesus, thy beloved Son, contrition and pardon for all my sins, as well as the gift of divine wisdom. I consecrate myself entirely to thee with all that I have. I choose thee today for my Mother and mistress. Treat me, then, as the least of thy children and the most obedient of thy servants. Listen, my princess, listen to the sighs of a heart that desires to love and serve thee faithfully. Let it never be said that of all those who have had recourse to thee, I was the first to be abandoned. O my hope, O my life, O my faithful and Immaculate Virgin Mary, defend me, nourish me, hear me, teach me and save me. Amen.

Conclusion:

O holy City of God! O Virgin most high! How many perfections are there in thee to delight the blessed above! What splendor! What beauty! What admirable power! What wisdom! What light! Above all, what love for thy children here below! O merciful Mother, give me some understanding of what thou art, and captivate my heart with thy charms, that I may loathe life and desire only to be with thee. Alas, dear Mother what will become of me if thou wilt not have pity on me, exiled as I am, exposed to numberless dangers, carried away by a thousand evil inclinations laid open to every attack of the enemy? Unhappy child that I am., who shall deliver me from this body of death? As the deer pants after the fountains of water, so my soul's pants after thee, O Virgin most holy! How my soul desires to see thee! When shall I come and appear before thy face in the eternal light of God?

To the Queen of the Holy Rosary

O Queen of the most Holy Rosary, in these times of brazen impiety, show again thy power, with the signs which accompanied thy victories of old, and from the throne where thou art seated, dispensing pardon and grace, in pity watch over the Church of thy Son, His Vicar, and every order of the clergy and laity, suffering in grievous warfare. Hasten, O most powerful destroyer of heresy, hasten the hour of mercy, seeing that the hour of judgment is daily challenged by innumerable offences. Obtain for me, the lowest of men, kneeling suppliant in thy presence, the

grace which may enable me to live a just life on earth, and reign with the just in heaven, whilst with the faithful throughout the world, O Queen of the most Holy Rosary, I salute thee and cry out: Queen of the most Holy Rosary, pray for us!

The Holy Rosary

The Stations of the Rosary

Imprimatur: Conrad A. Altenbach DD. Bishop

The Joyful Mysteries

The First Joyful Mystery

The Annunciation

1. The Angel Gabriel is sent to Nazareth
2. The Angel greets Mary
3. Mary is troubled at the word
4. Mary is to be the Mother of God
5. Mary speaks of her virginity
6. The Angel foretells the Virgin Birth
7. The Angel tells of Elizabeth's child
8. Mary consents in humility
9. The Word is made flesh
10. The prophecy of Isaias is fulfilled (7:14)

The Second Joyful Mystery

The Visitation of the Blessed Virgin Mary to Saint Elizabeth

1. Mary hastens to visit Elizabeth
2. Mary greets Elizabeth
3. John leaps for joy
4. Elizabeth praises Mary
5. Mary returns praise to God
6. Mary waits on Elizabeth
7. The people celebrate the birth of John
8. Zachary praises God
9. Joseph fears to take Mary for his spouse
10. An Angel re-assures Joseph

The Third Joyful Mystery

The Nativity of Our Lord Jesus Christ

1. Mary and Joseph journey to Bethlehem
2. There is no room in the inn
3. Joseph finds shelter in a stable
4. Jesus is laid in a manger
5. The Angel announces the birth of Christ
6. The heavenly host praises God
7. The shepherds worship at the crib
8. The people marvel at the word
9. Mary ponders in her heart
10. The Magi come to adore the Christ Child (Matt. 2: 1-12)

The Fourth Joyful Mystery

The Presentation of the Child Jesus in the Temple

1. Simeon is assured of seeing Christ
2. Mary and Joseph bring the Infant to the Temple
3. Mary and Joseph offer doves for the Child
4. Simeon receives the Christ Child into his arms
5. Simeon blesses Mary and Joseph
6. Simeon foretells the destiny of the Child and His Mother
7. Anna leads a life of prayer and penance
8. Anna speaks of the Child to the people
9. The Holy Family flees into Egypt
10. The Holy Family returns to Nazareth

The Fifth Joyful Mystery

The Finding of the Child Jesus in the Temple

1. The Holy Family journeys to Jerusalem
2. The Holy Family worships at the feast
3. Jesus is found missing from the caravan
4. Mary and Joseph search for three days
5. Jesus is found in the Temple
6. Mary receives her Child in joy and anguish
7. Jesus speaks of the Father's work
8. Jesus returns with Mary and Joseph
9. Mary ponders in her heart
10. Jesus grows in wisdom, age, and grace

The Sorrowful Mysteries

The First Sorrowful Mystery

The Agony of Our Lord in the Garden of Olives

1. Jesus asks the Apostles to watch with Him
2. Jesus withdraws and prays
3. Jesus is bathed in a sweat of blood
4. Jesus awakens the Apostles
5. Jesus prays for the chalice to pass away
6. An Angel comes to comfort Christ
7. Jesus finds the Apostles sleeping
8. Mary keeps an agonizing vigil
9. Jesus prays a third time
10. Jesus goes to meet His betrayer

The Second Sorrowful Mystery

The Scourging of Our Lord at the Pillar

1. The people cry for Christ's crucifixion
2. Pilate orders Jesus to be scourged
3. Jesus is bound to the pillar
4. Jesus is scourged by the soldiers
5. Jesus suffers without complaint
6. Jesus atones for our sins of the flesh
7. Mary suffers in compassion
8. Jesus is scourged above measure
9. The prophecy of Isaias is fulfilled
10. The Holy Shroud bears witness to the lashes

The Third Sorrowful Mystery

The Crowning of Our Lord with Thorns

1. The soldiers surround Christ
2. Jesus is clothed in royal purple
3. Jesus is crowned with thorns
4. Jesus is given a reed
5. The soldiers mock Jesus
6. Jesus is spit upon
7. Jesus is beaten with a reed
8. Jesus suffers meekly
9. Mary suffers in compassion
10. Pilate shows Jesus to the people

The Fourth Sorrowful Mystery

The Carrying of the Cross

1. Jesus is condemned to death
2. The Apostles flee in fear
3. Jesus takes up His cross
4. Jesus falls beneath the cross
5. The people jeer at Christ
6. Jesus meets His afflicted Mother
7. Simon is made to help Jesus
8. Veronica wipes the face of Jesus
9. Jesus speaks to the weeping women
10. Jesus climbs Calvary

The Fifth Sorrowful Mystery

The Crucifixion and Death of Our Lord Jesus Christ

1. Jesus is stripped of His garments
2. Jesus is nailed to the cross
3. The soldiers mock Jesus
4. The people mock Jesus
5. Jesus prays for His enemies
6. Jesus promises paradise to the thief
7. Jesus leaves us His Mother
8. Jesus gives up His spirit
9. Jesus is laid in His Mother's arms
10. Jesus is laid in the tomb

The Glorious Mysteries

The First Glorious Mystery

The Resurrection of Our Lord Jesus Christ

1. Christ rises from the dead
2. The women go to the tomb
3. An Angel descends to roll back the stone
4. The tomb is found empty
5. The Angels announce the Resurrection
6. Jesus appears to Mary Magdalen
7. The Apostles doubt the women's word
8. Peter and John find the cloths in the tomb
9. Jesus joins the disciples going to Emmaus
10. Jesus appears to the Apostles

The Second Glorious Mystery

The Ascension of Our Lord into Heaven

1. Jesus sends the Apostles to preach the Gospel
2. Jesus promises the Holy Ghost
3. Jesus conceals the time of Israel's restoration
4. Jesus ascends into heaven
5. Mary is filled with joy
6. The Angels promise Christ's return
7. Jesus leads the Saints into heaven
8. Jesus sits at the right hand of the Father
9. Jesus intercedes with us to the Father
10. The disciples praise God daily in the Temple

The Third Glorious Mystery

The Descent of the Holy Ghost upon Our Lady and the Apostles

1. The disciples persevere in prayer with Mary
2. Matthias is chosen to take the place of Judas
3. The sound of a mighty wind fills the Cenacle
4. Tongues of fire rest on the disciples
5. The disciples are filled with the Holy Ghost
6. The Apostles receive the gift of tongues
7. The people are filled with wonder
8. Peter preaches Christ
9. The people are baptized
10. Through the Apostles we receive the Holy Ghost

The Fourth Glorious Mystery

The Assumption of the Blessed Virgin Mary into Heaven

1. Mary longs to see her Son
2. Mary dies in peace
3. Mary is laid to rest
4. Mary is assumed into heaven
5. The "Ark rises to its resting place" (Ps 131:8)
6. Mary is received joyously in heaven
7. The Apostles find the tomb empty
8. The faithful rejoice at the word
9. The Assumption shows forth the dignity of the body
10. The Assumption foreshadows the resurrection to the body

The Fifth Glorious Mystery

The Coronation of the Blessed Virgin Mary as Queen of Heaven and Earth

1. Jesus crowns Mary Queen of Heaven
2. Mary is enthroned at the right hand of Jesus
3. Mary is seen crowned with twelve stars
4. The Angels praise Mary
5. The Saints praise Mary
6. The faithful praise Mary
7. Mary intercedes for us with her Son
8. St. Joseph reigns with Jesus and Mary
9. The day of Judgement approaches
10. The Church longs for heaven

The Holy Rosary

Scripture for the Rosary Meditations

Dominican Fathers and Sisters of the Immaculate Heart of Mary

The Joyful Mysteries

The First Joyful Mystery

The Annunciation

1. Behold a virgin shall conceive and bear a son; and His name shall be called Emmanuel (Isai. 7:14)
2. Drop down dew, ye heavens, from above: and let the clouds rain the just one. Let the earth be opened and bud forth a saviour. (Isai. 45:8)
3. And there shall come forth a rod out of the root of Jesse: and a flower shall rise up out of His root. (Isai. 11:1)
4. Thou art all fair, O my love, and there is not a spot in thee. (Cant, 4:7)
5. Hail, full of grace, the Lord is with Thee: blessed art Thou among women. (St. Luke 1:28)
6. The Holy Ghost shall come upon thee and the power of the Most High shall overshadow thee. And therefore, also the Holy which shall be born of thee shall be called the Son of God. (St. Luke 1:35)
7. And she shall bring forth a son: and thou shalt call His name Jesus. For He shall save His people from their sins. (St. Matt. 1:21)
8. Behold the handmaid of the Lord: be it done unto me according to thy word. (St. Luke 1:38)
9. And the Word was made flesh and dwelt among us, (and we saw His glory, as it were of the only -begotten of the Father) full of grace and truth. (St. John 1:14)
10. He that made me rested in my tabernacle (Ecclus. 24:12)

The Second Joyful Mystery

The Visitation of the Blessed Virgin Mary to Saint Elizabeth

1. Behold he cometh leaping upon the mountains, skipping over the hills (Cant. 2:8)
2. My beloved is like a roe or young hart. Behold he standeth behind our walls, looking through the windows, looking through the lattices. (Cant. 2:9)
3. My dove in the clefts of the rock, in the hollow places of the wall, show me thy face. Let thy voice sound in my ears: for thy voice is sweet and thy face comely (Cant. 2:14)
4. For she is the brightness of eternal light, and the unspotted mirror of God's majesty, and the image of His goodness. (Wisd. 7:26)
5. What is man that thou art mindful of him? Or the son of man that thou visitest him? (Ps. 8:5)
6. Blessed art thou that hast believed, because those things shall be accomplished that were spoken to thee by the Lord. (St. Luke 1:45)
7. My soul doth magnify the Lord. And my spirit hath rejoiced in God my Saviour. Because He hath regarded the humility of His Handmaid. (St. Luke 1:46-48)
8. Blessed be the Lord God of Israel: because He hath visited and wrought the redemption of His people, and hath raised to us a horn of salvation to us, in the house of David his servant. (St. Luke 1:68-69)
9. And thou, child, shalt be called the prophet of the Highest, for thou shalt go before the face of the Lord to prepare His ways. (St. Luke 1:76)
10. Every valley shall be exalted and every mountain and hill shall be made low: and the crooked shall become straight and the rough ways plain. (Isai. 40:4)

The Third Joyful Mystery

The Nativity of Our Lord Jesus Christ

1. I am the living bread which came down from heaven. If any man eat of this bread, he shall live forever: and the bread that I give is my flesh, for the life of the world. (St. John 6:51-52)
2. In those days and at that time, I will make the bud of justice to spring forth unto David: and he shall do judgement and justice in the earth (Jer. 33:15)
3. For a Child is born to us, and a Son is given to us, and the government is upon His shoulders. (Isai. 9:6)
4. The Lord said to me: Thou art my son; this day have I begotten Thee. (Ps. 2:7)
5. With thee is the principality in the day of thy strength, in the brightness of the saints: from the womb before the day star I begot thee. (Ps. 109:3)
6. The foxes have holes and the birds of the air nests: but the Son of man hath nowhere to lay His head. (St. Matt. 8:20)
7. And entering into the house, they found the Child with Mary His Mother. And falling down they adored Him. (St. Matt. 2:11)
8. Out of the mouths of Infants and suckling's thou hast perfected praise, because of thy enemies. (Ps. 8:3)

- 9 Therefore, having yet one son, most dear to him, he also sent him unto them last of all, saying, They will reverence my son. (St. Mark 12:26)
- 10 He came unto His own: and His own received Him not (St John 1:11)

The Fourth Joyful Mystery

The Presentation of the Child Jesus in the Temple

1. Blessed are the clean of heart: for they shall see God (St Matt. 5:8)
2. One thing I have asked of the Lord, this will I seek after: that I may dwell in the house of the Lord all the days of my life. That I may see the delight of the Lord: and may visit His Temple. (Ps. 26:4)
3. Blessed are they that dwell in thy house, O Lord: they shall praise Thee for ever and ever (Ps, 83:5)
4. But as for me, I will appear before Thy sight in justice: I shall be satisfied when Thy glory shall appear. (Ps. 16:15)
5. We have received Thy mercy, O God, in the midst of Thy Temple. As we have heard, so have we seen, in the city of the Lord of hosts, in the city of our God. (Ps. 47: 9-10)
6. There shall be a root of Jesse; and He that shall rise up to rule the Gentiles, in Him the Gentiles shall hope. (Rom. 15:12)
7. Now thou dost dismiss thy servant, O Lord, according to thy word in peace: Because my eyes have seen thy salvation. (St. Luke 2:29-30)
8. Which thou hast prepared before the face of all peoples: a light to the revelation to the Gentiles and the glory of thy people Israel. (St Luke 2:31-32)
9. Behold this child is set for the fall and for the resurrection of many in Israel, and for a sign which shall be contradicted (St. Luke 2:34)
10. And thy own soul a sword shall pierce, that out of many hearts thoughts may be revealed. (St. Luke 2:35)

The Fifth Joyful Mystery

The Finding of the Child Jesus in the Temple

1. In the head of the book it is written of Me that I should do thy will: O my God, I have desired it, and thy law in the midst of my heart. (Ps. 39:8-9)
2. I will come into thy house; I will worship towards thy holy Temple. (Ps. 5:8)
3. Ah, ah, ah, Lord God, behold, I cannot speak, for I am a child... And the Lord said to me: Behold I have given my words in thy mouth. (Jer. 1:7-9)
4. Stand in the court of the house of the Lord and speak to all the cities of Juda... all the words which I have commanded thee to speak unto them. (Jer. 26:2)
5. Thy words were found, and I did eat them: and thy word was to me a joy and gladness of my heart. (Jer. 15:16)
6. I sought Him and found Him not: I called, and He did not answer me. (Cant. 5:6)
7. I adjure you, O daughters of Jerusalem, if you find my beloved, that you tell Him that I languish with love. (Cant. 5:8)

8. You shall seek me: and shall find me, when you shall seek me with all you heart. (Jer. 29:13)
9. The Father of the just rejoiceth greatly.... Let thy father, and thy mother be joyful: and let her rejoice that bore Thee. (Prov. 23:24-25)
10. And He went down with them and came to Nazareth and was subject to them. And His mother kept all these words in her heart. (St. Luke 2:51)

The Sorrowful Mysteries

The First Sorrowful Mystery

The Agony of Our Lord in the Garden of Olives

1. You know that He appeared to take away our sins: and in Him there is no sin (1 St. John 3:5)
2. My soul is sorrowful even unto death. Stay you here and watch with me. (St. Matt. 26:38)
3. Can you drink the chalice that I shall drink? (St. Matt. 20:22)
4. My meat is to do the will of Him that sent Me, that I may perfect His work. (St. John 4:34)
5. The sorrows of death surrounded Me: and the torrents of iniquity troubled Me. The sorrows of hell encompassed Me: and the snares of death prevented me. In My affliction I called upon the Lord: and I cried to my God. (Ps. 17: 5-7)
6. There came in my heart as a burning fire, shut up in my bones: and I was wearied not being able to bear it. (Jer. 20:9)
7. And my soul is troubled exceedingly: but thou, O Lord, how long? Turn to me: O Lord, and deliver my soul: O save me for thy mercy's sake. (Ps. 6:4-5)
8. Look thou upon me, and have mercy on me: for I am alone and poor. (Ps. 24:16)
9. I called for my friends, but they deceived me... They have heard that I sigh, and there is none to comfort me. (Lam. 1, 19:21)
10. They have taken me, as a lion prepared for the prey: and as a young lion dwelling in secret places. (Ps. 16:12)

The Second Sorrowful Mystery

The Scourging of Our Lord at the Pillar

1. They have opened their mouths against me, as a lion ravening and roaring. (Ps. 21:14)
2. For many dogs have encompassed me: the council of the malignant hath besieged me. (Ps. 21:17)
3. Deliver me not over to the will of them that trouble me; for unjust witnesses have risen up against me, and iniquity hath lied to itself. (Ps. 26:12)
4. He shall be led as a sheep to the slaughter and shall be dumb as a lamb before his shearer, and he shall not open his mouth. (Isai. 53:7)

5. From the sole of the foot unto the top of the head, there is no soundness therein. (Isai. 1:6)
6. Wounds and bruises and swelling sores. They are not bound up, nor dressed nor formented with oil. (Isai. 1:6)
7. But he was wounded for our iniquities: he was bruised for our sins. (Isai. 53:5)
8. The chastisement of our peace was upon him and by his bruises we are healed. (Isai. 53:5)
9. I am poured out like water; and all my bones are scattered. My heart is become like wax melting in the midst of my bowels. (Ps. 21:15)
10. Christ therefore having suffered in the flesh, be you also armed with the same thought: for he that hath suffered in the flesh hath ceased from sins (1 St. Peter 4:1)

The Third Sorrowful Mystery **The Crowning of Our Lord with Thorns**

1. Consider my enemies for they are multiplied, and have hated me with an unjust hatred. (Ps. 24:19)
2. My enemies have surrounded my soul: they have shut up their fat: their mouth hath spoken proudly. (Ps. 16: 9-10)
3. They have cast me forth and now they have surrounded me: they have set their eyes bowing down to the earth. (Ps. 16:11)
4. He shall give his cheeks to him that striketh him: he shall be filled with reproaches. (Lam. 3:30)
5. But I am a worm and no man: the reproach of men and the outcast of the people. (Ps. 21:7)
6. All they that saw me have laughed me to scorn: they have spoken with the lips and wagged the head. (Ps. 21:8)
7. Have mercy on me, O Lord: see my humiliation which I suffer from my enemies. (Ps. 9:14)
8. Christ also suffered for us ... Who did no sin, neither was guile found in his mouth. (1 St. Peter 2: 21-22)
9. There is no beauty in him, nor comeliness: and we have seen him, and there was no sightliness, that we should be desirous of him: Despised and the most abject of men, a man of sorrows and acquainted with infirmity. (Isai. 53: 2-3)
10. Ecce Homo – Behold the Man.

The Fourth Sorrowful Mystery **The Carrying of the Cross**

1. If any man will come after me, let him deny himself and take up his cross daily and follow me. (St. Luke 9:23)
2. He humbled himself, becoming obedient unto death, even to the death of the cross. (Phil. 2:8)

3. The kings of the earth stood up, and the princes met together, against the Lord and against his Christ. (Ps. 2:2)
4. Surely he hath borne our infirmities and carried our sorrows: and we have thought him as it were a leper, and as one struck by God and afflicted. (Isai. 53:2)
5. All they that have passed by the way have clapped their hands at thee: they have hissed and wagged their heads. (Lam. 2:15)
6. Therefore will I distribute to him very many, and he shall divide the spoils of the strong: because he hath delivered his soul unto death. (Isai. 53:12)
7. My strength is dried up like a potsherd, and my tongue hath cleaved to my jaws: and thou hast brought me down into the dust of death. (Ps. 21:16)
8. The yoke of my iniquities hath watched: they are folded together in his hand and put upon my neck. My strength is weakened: the Lord hath delivered me into a hand out of which I am not able to rise. (Lam. 1:14)
9. Having joy set before him, [he] endured the cross, despising the shame. (Heb. 12:2)
10. But God forbid that I should glory, save in the cross of our Lord Jesus Christ: by whom the world is crucified to me, and I to the world. (Gal. 6:14)

The Fifth Sorrowful Mystery

The Crucifixion and Death of Our Lord Jesus Christ

1. And I, if I be lifted up from earth, will draw all things to myself. (St. John 12:32)
2. I am the good shepherd. The good shepherd giveth his life for his sheep. (St. John 10:11)
3. They have dug my hands and feet. They have numbered all my bones. And they have looked and stared upon me. (Ps. 21:17-19)
4. O all ye that pass by the way, attend and see if there be any sorrow like to my sorrow. (Lam. 1:12)
5. And they shall say to him: What are these wounds in the midst of thy hands? And he shall say: With these I was wounded in the house of them that loved me. (Zach. 13:6)
6. There is his strength hid. Death shall go before his face: And the devil shall go forth before his feet. (Hab. 3:4-5)
7. [He] was reputed with the wicked. And he hath borne the sins of many and hath prayed for the transgressors. (Isai. 53:12)
8. O God, my God, look upon me: Why hast thou forsaken me? (Ps. 21:2)
9. Blotting out the handwriting of the decree that was against us, which was contrary to us. And he has taken the same out of the way, fastening it to the cross. (Col. 2:14)
10. Christ also hath loved us and hath delivered himself for us, and oblation and a sacrifice to God for an odor of sweetness. (Eph. 5:2)

The Glorious Mysteries

The First Glorious Mystery

The Resurrection of Our Lord Jesus Christ

1. My flesh also shall rest in hope. Because thou wilt not leave my soul in hell; nor wilt thou give thy holy one to see corruption. (Ps. 15:9-10)
2. My bone is not hidden from thee, which thou hast made in secret: and my substance in the lower parts of the earth. (Ps. 138:15)
3. Thou hast brought forth, O Lord, my soul from hell: thou hast saved me from them that go down into the pit. (Ps. 29:4)
4. O death, I will be thy death: O hell, I will be thy bite. (Osee 13:14)
5. Christ, rising again from the dead, dieth now no more. Death shall no more have dominion over him (Rom 6:9)
6. Therefore, doth the father love me: because I lay down my life, that I may take it again. (St. John 10:17)
7. For if we have been planted together in the likeness of his death, we shall be also in the likeness of his resurrection. (Rom. 6:5)
8. And if Christ be not risen again, then is our preaching vain: and your faith is also vain. (I Cor. 15:14)
9. O foolish and slow of heart to believe in all things which the prophets have spoken. Ought not Christ to have suffered these things and so to enter into his glory? (St. Luke 24:25-26)
10. I am the resurrection and the life: he that believeth in me, although he be dead, shall live; and every one that liveth and believeth in me shall not die for ever. (St. John 11:25-26)

The Second Glorious Mystery

The Ascension of Our Lord into Heaven

1. Do not touch me: for I am not yet ascended to my Father. But go to my brethren and say to them: I ascend to my Father and to your Father, to my God and to your God. (St. John 20:17)
2. All power is given to me in Heaven and in earth. Going therefore, teach ye all nations: baptizing them in the name of the Father and of the Son and of the Holy Ghost. (St. Matt. 28:18-19)
3. Yet a little while and the world seeth me no more. But you see me: Because I live, and you shall live. (St. John 14:19)
4. He that descended is the same also that ascended above all the heavens: that he might fill all things. (Eph. 4:10)
5. Lift up your gates, O ye princes, and be ye lifted up, O eternal gates: and the King of Glory shall enter in. (Ps. 23:7)
6. Him hath God exalted with his right hand, to be Prince and Saviour, to give repentance to Israel and remission of sins. (Acts. 5:31)

7. Great is the mystery of godliness, which was manifested in the flesh, was justified in the spirit, appeared unto angels, hath been preached unto the Gentiles, is believed in the world, is taken up in glory. (Tim. 3:16)
8. Thou hast ascended on high; thou hast led captivity captive; thou hast given gifts to men. (Ps. 67:19)
9. We will go into his tabernacle: we will adore in the place where his feet stood. (Ps. 13:7)
10. But we see Jesus, who was made a little lower than the angels, for the suffering of death, crowned with glory and honor. (Heb. 2:9)

The Third Glorious Mystery

The Descent of the Holy Ghost upon Our Lady and the Apostles

1. But I tell you the truth: it is expedient to you that I go. For if I go not, the Paraclete will not come to you: but if I go, I will send him to you. (St. John 16:7)
2. And I will ask the Father: and he shall give you another Paraclete, that he may abide with you forever: the spirit of truth, whom the world cannot receive, because it seeth him not, nor knoweth him. (St. John 14:16-17)
3. But the Paraclete, the Holy Ghost, whom the Father will send in my name, he will teach you all things and bring all things to your mind, whatsoever I shall have said to you. (St. John 14:26)
4. Thou shalt send forth thy spirit, and they shall be created: and thou shalt renew the face of the earth. (Ps. 103:30)
5. The voice of the Lord is in power; the voice of the Lord in magnificence. The voice of the Lord divideth the flame of fire. (Ps. 28:4-7))
6. And who shall know thy thought, except thou give wisdom, and send thy Holy Spirit from above. (Wisd. 9:17)
7. The charity of God is poured forth in our hearts, by the Holy Ghost who is given to us. (Rom. 5:5)
8. This is my covenant with them, saith the Lord: My spirit that is in thee and my words that I have put in thy mouth shall not depart out of thy mouth, nor out of thy seed..., from henceforth and forever. (Isai. 59:21)
9. And I will pour out upon the house of David and upon the inhabitants of Jerusalem the spirit of grace and of prayers: and they shall look upon me, whom they have pierced. (Zach. 12:10)
10. Know you not that your members are the temple of the Holy Ghost, who is in you? Glorify and bear God in your body. (1 Cor. 6:19-20)

The Fourth Glorious Mystery

The Assumption of the Blessed Virgin Mary into Heaven

1. I languish with love. (Cant. 5:8)
2. As the hart panteth after the fountains of water; so, my soul panteth after thee, O God. My soul hath thirsted after the strong living God. When shall I come and appear before the face of my God? (Ps. 41:2-3)

3. With expectation I have waited for the Lord: and he was attentive to me. And he heard my prayers, and brought me out of the pit of misery and the mire of dregs. (Ps. 39:2-3)
4. And I said: Who will give me wings like a dove, and I will fly and be at rest? (Ps. 54:7)
5. Arise, make haste, my love, my dove, my beautiful one, and come. (Cant. 2:10)
6. Arise, O Lord, into thy resting place; thou and the ark, which thou hast sanctified. (Ps. 131:8)
7. Because of truth and meekness and justice: and thy right hand shall conduct thee wonderfully. (Ps 44:5)
8. The stream of the river maketh the city of God joyful: the most High hath sanctified his tabernacle. (Ps. 45:5)
9. And so was I established in Sion, and in the holy city likewise I rested: and my power was in Jerusalem. And my abode is in the full assembly of saints. (Ecclus. 24:15-16)
10. Thou art the glory of Jerusalem, thou art the joy of Israel, thou art the honour of our people. (Judith 15:10)
- 11.

The Fifth Glorious Mystery

The Coronation of the Blessed Virgin Mary as Queen of Heaven and Earth

1. Come from Libanus, my spouse, come from Libanus come: thou shalt be crowned. (Cant. 4:8)
2. And thou shalt be a crown of glory in the hand of the Lord and a royal diadem in the hand of thy God. (Isai. 62:3)
3. I will greatly rejoice in the Lord, and my soul shall be joyful in my God. For he hath clothed me with the garments of salvation and with the robe of justice he hath covered me... as a bride adorned with her jewels. (Isai. 61:10)
4. And the king loved her more than all women: and she had favor and kindness before him above all women. And he set the royal crown on her head, and made her queen. (Esth. 2:17)
5. And a throne was set for the king's mother: and she at his right hand. (3 Kings 2:19)
6. All the glory of the king's daughter is within in golden borders, clothed round about with varieties. (Ps. 44:14-15)
7. I dwelt in the highest places, and my throne is in a pillar of a cloud. (Ecclus. 24:7)
8. And a great sign appeared in heaven: A women clothed with the sun, and the moon under her feet, and on her head a crown of twelve stars. (Apoc. 12:1)
9. Who is she that cometh forth as the morning rising, fair as the moon, bright as the sun, terrible as an army set in array? (Cant. 6:9)
10. I am the mother of fair love, and of fear, and of knowledge, and of holy hope. In me is all grace of the way and of the truth: in me is all hope of life and of virtue. (Ecclus. 24:24-25)

Eucharistic Rosary

The Recitation of the Holy Rosary in the Presence of the Blessed Sacrament

The Joyful Mysteries

The First Joyful Mystery

The Annunciation

O Jesus, born of Thy Father from all eternity; filled with an incomprehensible love for men, Thou didst become man in the womb of the Blessed Virgin Mary through the operation of the Holy Ghost, annihilating Thyself to such a degree as to take the form of a slave! The same charity hath prompted Thee to perpetuate, in the Eucharist, this mystery of annihilation and love, even to improve on it by becoming the food of our souls.

Divine Jesus, we adore Thee in these unfathomable debasements, and we beg of Thee through the intercession of Thy holy Mother a deep and heartfelt humility.

The Second Joyful Mystery

The Visitation of the Blessed Virgin Mary to Saint Elizabeth

Divine Saviour, from the womb of Mary, wherein Thou didst become incarnate, Thou breathest forth sanctity into John the Baptist and upon the whole house of Elizabeth. From the Host wherein Thou dwellest, Thou spreadest all over the world the influence of Thy grace and life throughout the whole world.

O Divine Jesus, full of love and kindness, we adore Thee and we beg of Thee, through the intercession of Thy holy Mother, perfect charity towards our neighbors.

The Third Joyful Mystery

The Nativity of Our Lord Jesus Christ

O King of kings! Poor indeed, yet lovely in the crib of Bethlehem, Thou callest the simple and the poor to be Thy first adorers: poorer and no less amiable to the eyes of faith in the sacrament of Thy love, Thou art still delighted to see around Thy person the humble and the little.

O Jesus, in Thy destitution we adore Thee, to Whom belong all the treasures of the Godhead, and we beg of Thee, through the intercession of Thy holy Mother, detachment from the goods of this world.

The Fourth Joyful Mystery

The Presentation of the Child Jesus in the Temple

Lamb of God, Who takest away the sins of the world, Thou offerest Thyself with perfect obedience and love to Thy Father, through the hands of the high priest, as the Victim that is to be immolated on the cross; every day also Thou offerest Thyself upon the altar by the hands of the priest with the same obedience and love as our Victim always sacrificed and always living.

O Sweet Victim, we adore Thee and we beg of Thee, through the intercession of Thy holy Mother, the spirit of obedience and sacrifice.

The Fifth Joyful Mystery

The Finding of the Child Jesus in the Temple

O Jesus, Thou withdrawest and leavest Mary and Joseph in tears to do the work of Thy Father; but Thou fillest them with joy when they find Thee in the midst of the doctors amazed at Thy knowledge and wisdom. Veiled in the Eucharist, Thou impartest there divine teachings, and Thou fillest with joy those who seek Thee with their whole heart.

O hidden God! We adore Thee and we beg of Thee, through the intercession of Thy holy Mother, the grace of seeking Thee with a lively and persevering faith in the sacrament of love.

The Sorrowful Mysteries

The First Sorrowful Mystery

The Agony of Our Lord in the Garden of Olives

Divine Saviour, under the weight of sorrow and sadness caused by our sins, Thou fallest, bathed in a sweat of blood and Thou endurest a mortal agony. In the Blessed Sacrament, also, Thou art still more humble and annihilated on account of our sins.

We adore Thee and we compassionate Thy agony of suffering in the Garden of Gethsemani, as well as Thy agony of humiliation in the Eucharist, and we beg of Thee, through the intercession of Thy holy Mother, a heartfelt sorrow for our sins.

The Second Sorrowful Mystery

The Scourging of Our Lord at the Pillar

O good Jesus, scourged and covered with wounds, the sins committed by men against the holy virtue of purity thus torture Thy innocent flesh; and in the Blessed Sacrament impure hearts insult Thee by their sacrilegious communions.

O Thou bloody Victim, scourged at the pillar, patient Victim abused in the Sacrament, we adore Thee and we beg of Thee, through the intercession of Thy holy Mother, the grace of mortifying our senses.

The Third Sorrowful Mystery

The Crowning of Our Lord with Thorns

O King of Glory, crowned with thorns and proclaimed in derision, King of the Jews by brutal soldiers who ignominiously spit upon Thy adorable face, Thou fallest a victim to the sins committed by pride; so also art Thou treated in the Blessed Sacrament wherein Thou bearest a crown of ignominy made up of the many acts of irreverence, contempt, hypocrisy and vanity committed by Christians in Thy sanctuary.

O loving King, overwhelmed with insults both in Thy passion and in the Sacred Host, we adore Thee and we beg of Thee, through the intercession of Thy holy Mother, the grace of mortifying our self-love.

The Fourth Sorrowful Mystery

The Carrying of the Cross

Curses, outrages, ill-treatments, anguish of heart, sufferings of all kinds, nothing can, O dear Redeemer, alter the mildness and patience with which Thou carriest Thy heavy cross; with like sweetness and patience dost Thou bear in the long course of ages doubts, want of confidence, murmurs, discouragement on the part of Thy children.

O Jesus, we adore Thee carrying with love the crosses prepared for Thee by Thy Father, and we beg of Thee, through the intercession of Thy holy Mother, patience in the trails of this life.

The Fifth Sorrowful Mystery

The Crucifixion and Death of Our Lord Jesus Christ

O good and merciful Saviour, Thy love more than iron nails keeps Thee riveted to the cross whereon Thou atonest for our sins in the midst of unspeakable torments; we find Thee also riveted by the same love to the Sacrament of the Eucharist, continuing Thy sacrifice to the end of ages in order to apply to us the fruits thereof. Sweet Lamb, perpetually immolated for us, we adore Thee and we beg of Thee, through the intercession of Thy holy Mother, such a hatred of sin as will make us prefer the death of the body to the staining of the soul.

The Glorious Mysteries

The First Glorious Mystery

The Resurrection of Our Lord Jesus Christ

O Christ Jesus, Thou comest forth glorious from the tomb, victorious over all infernal powers; henceforth sufferings and death have lost their empire over Thy

glorious humanity. What a consolation for us to know that, though confined to the humble condition of Thy sacrament, Thou art in full possession of the life, joy and glory of Thy resurrection.

We adore Thee, O immortal King of ages, and we beg of Thee, through the intercession of Thy holy Mother, a lively and loving faith in Thy real and life-giving presence in the Blessed Sacrament.

The Second Glorious Mystery

The Ascension of Our Lord into Heaven

O Divine Saviour, Thy triumph in this mystery has reached its perfection! By raising Thyself up to heaven through Thy own power, Thou hast taken possession of Thy kingdom, and Thou art seated at the right hand of Thy Father to be forever the joy of the angels and saints. Every day also without quitting Thy throne, Thou comest upon our altars, under the form of bread, to bring us a foretaste of the heavenly beatitude.

O Thou, the delight of poor souls, we adore Thee and we beg of Thee, through the intercession of Thy holy Mother, an ardent desire of possessing Thee in heaven in the splendor of Thy glory.

The Third Glorious Mystery

The Descent of the Holy Ghost upon Our Lady and the Apostles

O Jesus, scarcely hadst Thou entered into Thy glory at the right hand of Thy Father, when Thou didst show Thy munificence by sending forth the Holy Ghost with His many and plentiful gifts to Thy rising Church. From the Eucharist as if from another heaven, wherein Thou hast set up Thy throne of love, Thou impartest to souls the spirit of life and strength and Thou kindlest in them the fire of Thy divine charity.

O Jesus, King in heaven, King also in the Eucharist, we adore Thee and we beg of Thee, through the intercession of Thy holy Mother, fidelity to grace in order to reap all the fruits produced in the souls of men by the gifts of the Holy Ghost.

The Fourth Glorious Mystery

The Assumption of the Blessed Virgin Mary into Heaven

O Jesus, no longer canst Thou leave here below Thy blessed Mother; already she heareth Thy voice calling her, and amid the transports of an ineffable communion, love taketh away her soul from the land of exile. But her virginal body like that of her divine Son, must not know corruption; Thou raisest her from the dead, and brilliant as the sun, she riseth up carried on angels' wings to the seat of eternal glory.

O Jesus, our resurrection and our life, we adore Thee and we beg of Thee, through the intercession of Thy holy Mother, to die in the arms of her who is also our own Mother, after having received in a fervent communion the pledge of our glorious resurrection.

The Fifth Glorious Mystery

The Coronation of the Blessed Virgin Mary as Queen of Heaven and Earth

Divine Son of Mary, to make Thy holy Mother partaker of Thy own glory, Thou hast crowned her Queen of heaven and earth and appointed her our advocate and the living channel of Thy graces. From the Eucharist not less than from heaven, such is Thy will, every grace will reach us through her maternal hands.

O Jesus, we adore Thee in Thy unspeakable glory of which Thou hast made Thy Mother partaker with Thee, as we beg of Thee through her intercession, a great confidence in her powerful mediation.

Hail Holy Queen,

Hail Holy Queen, Mother of Mercy, our life, our sweetness, and our hope. To Thee do we cry, poor banished children of Eve, To Thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us. And after this, our exile, show unto us the blessed fruit of Thy womb, Jesus. O clement, O loving, O sweet Virgin Mary,

Pray for us, O Holy Mother of God,
That we may be made worthy of the promises of Christ.

Let us pray

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to Thy protection, implored Thy help, and sought Thy intercession, was left unaided. Inspired with this confidence, I fly unto Thee, O Virgin of virgins, my Mother. To Thee I come; before Thee I stand, sinful and sorrowful. O Mother of the Word Incarnate! Despise not my petitions, but in Thy mercy hear and answer me. Amen.

Litany of the Blessed Virgin

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Christ, hear us.
Christ, graciously hear us.
God the Father of heaven, have mercy on us.
God the Son, Redeemer of the world, have mercy on us.
God the Holy Ghost, have mercy on us.
Holy Trinity, one God, have mercy on us.

Holy Mary, pray for us.
Holy Mother of God,
Holy Virgin of virgins,
Mother of Christ,
Mother of divine grace,
Mother most pure,
Mother most chaste,
Mother inviolate,
Mother undefiled,
Mother most amiable,
Mother most admirable,
Mother of good counsel,
Mother of our Creator,
Mother of our Savior,
Virgin most prudent,
Virgin most venerable,
Virgin most renowned,
Virgin most powerful,
Virgin most merciful,
Virgin most faithful,
Mirror of justice,
Seat of wisdom,
Cause of our joy,
Spiritual vessel,
Vessel of honor,
Singular vessel of devotion,
Mystical rose,
Tower of David,
Tower of ivory,
House of gold,
Ark of the covenant,
Gate of heaven,
Morning Star,
Health of the sick,
Refuge of sinners,
Comforter of the afflicted,
Help of Christians,
Queen of angels,
Queen of patriarchs,
Queen of prophets,
Queen of Apostles,
Queen of martyrs,
Queen of confessors,
Queen of virgins,
Queen of all saints,

Pray for us

Pray for us

Queen conceived without original sin,
Queen assumed into heaven,
Queen of the most holy Rosary,
Queen of peace.

Lamb of God, Who takest away the sins of the world, spare us, O Lord.
Lamb of God, Who takest away the sins of the world, graciously hear us,
O Lord.

Lamb of God, Who takest away the sins of the world, have mercy on us.

Pray for us, O holy Mother of God.

That we may be made worthy of the promises of Christ.

Let us pray

Grant unto us, Thy servants, we beseech Thee, O Lord God, at all times to enjoy health of soul and body; and by the glorious intercession of Blessed Mary, ever virgin, when freed from the sorrows of this present life, to enter into that joy which hath no end. Through Christ our Lord. Amen.

Let us pray

Hail Mary, beloved Daughter of the Eternal Father, admirable Mother of the Son, faithful Spouse of the Holy Ghost, august Temple of the most Holy Trinity! Hail, sovereign princess, to whom all owe subjection in Heaven and on earth! Hail, sure refuge of sinners, Our Lady of mercy, who hast never refused any request. All sinful though I am, I cast myself at thy feet and beseech thee to obtain from Jesus, thy beloved Son, contrition and pardon for all my sins, as well as the gift of divine wisdom. I consecrate myself entirely to thee with all that I have. I choose thee today for my Mother and mistress. Treat me, then, as the least of thy children and the most obedient of thy servants. Listen, my princess, listen to the sighs of a heart that desires to love and serve thee faithfully. Let it never be said that of all those who have had recourse to thee, I was the first to be abandoned. O my hope, O my life, O my faithful and Immaculate Virgin Mary, defend me, nourish me, hear me, teach me and save me. Amen.

To the Queen of the Holy Rosary

O Queen of the most Holy Rosary, in these times of brazen impiety, show again thy power, with the signs which accompanied thy victories of old, and from the throne where thou art seated, dispensing pardon and grace, in pity watch over the Church of thy Son, (His Vicar,) and every order of the clergy and laity, suffering in grievous warfare. Hasten, O most powerful destroyer of heresy, hasten the hour of mercy, seeing that the hour of judgment is daily challenged by innumerable offences. Obtain for me, the lowest of men, kneeling suppliant in thy presence, the grace which may enable me to live a just life on earth, and reign with the just in heaven, whilst with the faithful throughout the world, O Queen of the most Holy Rosary, I salute thee and cry out: Queen of the most Holy Rosary, pray for us!

St. Louis De Montfort's Prayer to Mary

Hail Mary, beloved Daughter of the Eternal Father. Hail Mary, admirable Mother of the Son. Hail Mary, faithful Spouse of the Holy Ghost. Hail Mary, my Mother, my loving Mistress, my powerful sovereign. Hail, my joy, my glory, my heart and my soul. Thou art all mine by mercy, and I am thine by justice. But I am not yet sufficiently thine. I now give myself wholly to thee without keeping anything back for myself or others. If thou seest anything in me which does not belong to thee, I beseech thee to take it and make thyself the absolute Mistress of all that is mine.

Destroy in me all that may displease God; root it up and bring it to naught. Place and cultivate in me everything that is pleasing to thee. May the light of thy faith dispel the darkness of my mind. May thy profound humility take the place of my pride; may thy sublime contemplation check the distractions of my wandering imagination. May the continuous sight of God fill my memory with His presence; may the burning love of thy heart inflame the lukewarmness of mine. May thy virtues take the place of my sins; may thy merits be my only adornment in the sight of God and make up for all that is wanting in me. Finally, dearly beloved Mother, grant if it be possible, that I may have no other spirit but thine to know Jesus, and His Divine Will; that I may have no other soul but thine to praise and glorify God; that I may have no other heart but thine to love God with a love as pure and ardent as thine.

I do not ask thee for visions, revelations, sensible devotions, or spiritual pleasures. It is thy privilege to see God clearly, it is thy privilege to enjoy heavenly bliss; it is thy privilege to triumph gloriously in heaven at the right hand of thy Son and to hold absolute sway over angels, men and demons.

It is thy privilege to dispose of all the gifts of God, just as thou wilt. Such is, O heavenly Mary, the best part, which the Lord hast given thee, and which shall never be taken away from thee and this thought fills my heart with joy. As for my part here below, I wish for no other than that which was thine, to believe sincerely without spiritual pleasures, to suffer joyfully without human consolation, to die continually to myself without respite, and to work zealously and unselfishly for thee until death, and the humblest of thy servants. The only grace I beg thee, for me, is that every moment of the day, and every moment of my life, I may say "Amen, so be it, to all that thou art doing in heaven, Amen, so be it, to all thou didst do while on earth. Amen, so be it, to all thou art doing in my soul," so that thou alone may fully glorify Jesus in me for time and eternity. Amen.

O Jesus living in Mary

O Jesus, living in Mary! Come and live in Thy servants, in the spirit of Thy holiness, in the fullness of Thy might, in the truth of Thy virtues, in the perfection of Thy ways, in the communion of Thy mysteries; subdue every hostile power, in Thy spirit, for the glory of the Father.

300 days indulgence. —Pius IX. Oct. 14, 1859

Prayer to Saint Joseph for October after the Rosary

To thee, O blessed Joseph, we have recourse in our affliction, and having implored the help of thy thrice holy Spouse, we now, with hearts filled with confidence, earnestly beg thee also to take us under thy protection. By that charity wherewith thou wert united to the Immaculate Virgin Mother of God, and by that fatherly love with which thou didst cherish the Child Jesus, we beseech thee and we humbly pray that thou wilt look down with gracious eye upon that inheritance which Jesus Christ purchased by His blood, and wilt succor us in our need by thy power and strength. Defend, O most watchful guardian of the Holy Family, the chosen offspring of Jesus Christ. Keep from us, O most loving Father, all blight of error and corruption. Aid us from on high, most valiant defender, in this conflict with the powers of darkness. And even as of old thou didst rescue the Child Jesus from the peril of His life, so now defend God's Holy Church from the snares of the enemy and from all adversity. Shield us ever under thy patronage, that, following thine example and strengthened by thy help, we may live a holy life, die a happy death, and attain to everlasting bliss in Heaven. Amen.

Memorare to Our Lady of the Sacred Heart

Remember, O Our Lady of the Sacred Heart, the unlimited power which thou possessest over the Heart of thine adorable Son. Full of confidence in thy merits, I come to implore thy protection. O sovereign mistress of the Heart of Jesus, of that Heart which is the inexhaustible source of all graces, and which thou canst open at thy pleasure, and cause all the treasures of love and mercy, of light and salvation which the Heart encloses, to descend upon men, grant me, I beseech thee, the favor which I solicit. No, I cannot meet with a refusal, and because thou art my Mother, O Our Lady of the Sacred Heart, favorably receive my prayer and vouchsafe to hear me. Amen.

Act of Total Abandonment and Loving confidence in Our Lady

Sweet Virgin Mary! My Queen and my mistress! My kind and loving Mother in thee have I put my hope I shall not be confounded. Sweet Virgin Mary, I do firmly believe that from thy throne in Heaven thou ever watchest over me and over all who hope in thee; I am so thoroughly convinced that I shall never want for anything, if I expect all things from thee, that I am resolved to live in the future without the slightest uneasiness, relying entirely on thee. Sweet Virgin Mary, thou hast obtained for me this unshakable confidence. I render thee a thousand thanks for so precious a grace. Henceforth I shall dwell in peace close to thy most pure heart, mindful of nothing but of loving and obeying thee, while thou wilt take care of me and of all that concerns me. Sweet Virgin Mary, let the children of the world expect happiness from their riches or their talents; let others rely on the innocence of their life, on the rigor of their mortification's, on the fervor of their prayers, on the number of their good works; as for me, a poor sinner who has but the weak

love of his heart, I place my hope in thee alone, dear Mother, after God, and the foundation of my hope is my entire confidence in thy maternal goodness. Sweet Virgin Mary, the wicked may take away my reputation and the little I possess; sickness may deprive me of my strength and of the power of working for thee. Alas, my tender Mother I may even lose thy good graces by committing sin; but never, no never, shall I lose my loving confidence in thy motherly goodness. I shall preserve it unshaken until my last sigh, and all the efforts of hell will be powerless to rob me of it. I shall die, sweet Mother, repeating thy blessed name and placing all my confidence in thy Immaculate Heart. What can be the reason of my being so certain that I shall never lose hope in thee, if not because thou, O sweet Virgin, hast taught me that thou art all mercy and nothing but mercy. Yes, I am sure, my good and loving Mother, that I shall always call upon thee, because I know that thou wilt ever console me; I shall always thank thee, because thou wilt ever relieve me; I shall always serve thee, because thou wilt ever help me; I shall always love thee, because thou wilt ever love me; I shall always obtain from thee all that I need, because thy munificent charity will ever exceed my hope. Yes, it is from thee alone, O sweet Virgin, that, in spite of my unworthiness, I hope and expect the only favor which I desire to be with Jesus in time and in eternity. That grace can come from thee alone, because my Divine Savior has chosen thee to grant me all His favors and to conduct me safely to Him. It is thou, my Mother, who, having taught me to share the humiliations and sufferings of thy Divine Son, wilt open for me the gates of Heaven to praise and bless Him, near thee and with thee, for ever and ever. Thou art my confidence, thou art the only foundation of my hope. Amen.

Prayer to Our Lady to be Present at Our Death

O most holy Virgin Mary, in union with that most faithful love wherewith thy Son commended thee from His cross to the beloved disciple John, I commend to thee my body and soul, my thoughts, my words and my actions, my life and my death, and more especially that one last moment of my life on which eternity hangs. And as thou didst invite thy Son to thine own blessed departure, so I invite thee now to mine, beseeching thee, by that love wherewith thou didst stand beneath the cross on which thy Son was dying, and by the bitter tears thou didst shed when thou sawest Him bow in death His Sacred Head, that thou be not absent from me then, but be there to succor me with a mother's tenderness, for without thee I cannot die in peace. Refuse not, O most tender Mother, this my request, which I make to thee with all the earnestness and devotion of my heart, for if I die without thee, I most justly fear lest I perish everlastingly. For how shall I, sinful and frail as I am, stand then amidst the manifold and most grievous assaults of my enemies, unless thou be near to succor me? How shall I appear in the dread day of Judgment, unless thou be my companion and my advocate? How give an account of my innumerable and grievous sins unless thou plead my cause with thy Son and obtain my pardon? Incline, then, thine supplication, O my blessed Mother, and by the love of thy Son, come unto me at my last moments, that by thine availing succor, I may be rescued from that appalling peril, and with thee, attain to everlasting bliss in Heaven. Amen.

Act of Resignation

O Lord my God, I now at this moment readily and willingly accept at Thy hand whatever kind of death it may please Thee to send me, with all its pains, penalties and sorrows. Amen.

Our Lady of Guadalupe.

“Do not be troubled if weighed down with grief. Do not fear any illness or vexation, anxiety or pain. Am I not here who am your Mother? Are you not under my shadow and protection? Am I not your fountain of life? Are you not in the folds of my mantle? In the crossing of my arms? Is there anything else you need?”

Invocations to the Immaculate Heart of Mary

Heart of Mary, pray for us,
Heart of Mary, like unto the Heart of Jesus, pray for us,
Heart of Mary, united to the Heart of Jesus, pray for us,
Heart of Mary, Instrument of the Holy Spirit, pray for us,
Heart of Mary, Sanctuary of the Divinity, pray for us,
Heart of Mary, Tabernacle of God Incarnate, pray for us,
Heart of Mary, always exempt from sin, pray for us,
Heart of Mary, always full of grace, pray for us,
Heart of Mary, blessed among all hearts, pray for us,
Heart of Mary, Illustrious Throne of Glory, pray for us,
Heart of Mary, Abyss and Prodigy of humility, pray for us,
Heart of Mary, Glorious Holocaust of Divine Love, pray for us,
Heart of Mary, nailed to the cross of Jesus, pray for us,
Heart of Mary, Comfort of the Afflicted, pray for us,
Heart of Mary, Refuge of Sinners, pray for us,
Heart of Mary, Hope of the Agonizing., pray for us,
Heart of Mary, Seat of Mercy, pray for us,

*Pray for us, O holy Mother of God,
That we may be made worthy of the promises of Christ.*

Let Us Pray

Almighty and Eternal God, Who prepared a worthy dwelling place for the Holy Spirit in the Heart of the Blessed Virgin Mary, vouchsafe, we beseech Thee, to grant unto us who devoutly keep this commemoration in honor of the same most pure Heart, the grace to order our lives according to Thine own Heart. Through Christ Our Lord. Amen.

Father Baker's Prayer to our Lady of Victory

O Victorious Lady! Thou who has ever such powerful influence with Thy Divine Son, in conquering the hardest of hearts, intercede for those for whom we pray, that their hearts being softened by the rays of Divine Grace, they may return to the unity of the true Faith, through Christ, our Lord. Amen.

Our Lady of Victory

Lord, have mercy on us,
Christ, have mercy on us,
Christ, hear us,
Christ, graciously hear us.
God, the Father of Heaven, Have mercy on us.
God, the Son, Redeemer of the world, Have mercy on us.
God, the Holy Spirit, Have mercy on us.
Holy Trinity, One God, Have mercy on us.
Our Lady of Victory, pray for us
Victorious daughter of the Father,
Victorious Mother of the Son,
Victorious Spouse of the Holy Trinity,
Victorious in your Immaculate Conception,
Victorious in crushing the serpent's head,
Victorious over all the children of Adam,
Victorious over all enemies,
Victorious in your response to the Angel Gabriel,
Victorious in your wedding to St. Joseph,
Victorious in the birth of Christ,
Victorious in the flight to Egypt,
Victorious in your exile,
Victorious in your home at Nazareth,
Victorious in finding Christ in the temple,
Victorious in the mission of your Son,
Victorious in His passion and death,
Victorious in His Resurrection and Ascension,
Victorious in the Coming of the Holy Spirit,
Victorious in your sorrows and joys,
Victorious in your glorious Assumption,
Victorious in the angels who remained faithful,
Victorious in the happiness of the saints,
Victorious in the message of the prophets,
Victorious in the testimony of the patriarchs,
Victorious in the zeal of the apostles,
Victorious in the witness of the apostles,

Pray for us

Pray for us

Victorious in the witness of the evangelists,
Victorious in the wisdom of the doctors,
Victorious in the deeds of the confessors,
Victorious in the triumph of all holy women,
Victorious in the faithfulness of the martyrs,
Victorious in your powerful intercession,
Victorious under your many titles,
Victorious at the moment of death,
Lamb of God, who takes away the sins of the world, Spare us, O Lord,
Lamb of God, who takes away the sins of the world, graciously hear us O Lord,
Lamb of God, who takes away the sins of the world, Have mercy on us, O Lord,
Pray for us, blessed Lady of Victory
That we may be made worthy of the promises of Christ.

Let us pray

Our Lady of Victory, we have unshaken confidence in your influence with your Son, our Lord, Jesus Christ. Humbly we ask your intercession for all of us associated under your title, Our Lady of Victory. We beg your powerful assistance also for our own personal needs. (Please mention here your special intention in your own words.) In your maternal kindness please ask Jesus to forgive all our sins and failings, and to secure His blessings for us and for all the works of charity dedicated to your name. We implore you to obtain for us the grace of sharing Christ's victory and yours forever in the life that knows no ending. May we join you there to praise forever the Father, His Son, Jesus Christ, and the Holy Spirit, one God, for all the ages to come, Amen.

Prayer for Our Spiritual Needs

O Mother of Perpetual Help, with the greatest confidence I come before thy sacred Picture in order to invoke thine aid. Thou hast seen the wounds which Jesus has been pleased to receive for our sake; thou hast seen the Blood of thy Son flowing for our salvation; thou knowest how thy Son desires to apply to us the fruit of His Redemption. Behold I cast myself at thy feet, and pray thee to obtain for my soul the grace I stand so much in need of. O Mary, most loving of all mothers, obtain for me from the Heart of Jesus, the source of every good, this grace (here mention it.) O Mother of Perpetual Help, thou desirest our salvation far more than we ourselves; thy Son has given thee to us for our Mother; thou hast thyself chosen to be called Mother of Perpetual Help. I trust not in my merits, but in thy powerful intercession; I trust in thy goodness; I trust in thy motherly love. Mother of Perpetual Help, for the love thou bearest to Jesus, thy Son and my Redeemer, for the love of thy great servant Alphonsus, for the love of my soul, obtain for me the grace I ask from thee. Amen.

Prayer in Temporal Wants

O Mother of Perpetual Help, numerous clients continually surround thy holy Picture, all imploring thy mercy. All bless thee as the assured help of the miserable; all feel the benefit of thy maternal protection. With confidence, then, do I present myself before thee in my misery. See, dear Mother, the many evils to which we are exposed; see how numerous are our wants. Trials and sorrows often depress us; reverses of fortune and privations are grievous, bringing misery into our homes; everywhere we meet the cross. Have pity, compassionate Mother, on us and our families; especially in this my necessity (here mention it) Help me, O my Mother, in my distress; deliver me from all my ills; or if it be the will of God that I should suffer still longer, grant that I may endure all with love and patience. This grace I expect of thee with confidence, because thou art our Perpetual Help. Amen.

Prayer in Sickness

O dear Mother of Perpetual Help, behold how much I suffer from this my sickness. Together with the body my soul is also afflicted. I have not even strength to say a prayer as I ought to do. Nothing is able to give me any relief. Even the visit and compassion of my best friends does not give me any comfort. Hence, my courage begins to fail; impatience and sadness oppress my soul. In this my great distress I put all my trust in thee, most tender of all mothers. Thy compassionate heart will certainly have pity on me; yes, most merciful Mother, thou wilt not forget thy poor, afflicted child. Obtain, then, for me courage and strength to accept all these trials from the hand of God with patience and resignation. If it is for the good of my soul, grant that I may recover my former health; but if it is the will of God that I should suffer still longer, or that this sickness should lead me to a better life, I am perfectly resigned, for I am sure that thou, O loving Mother, wilt obtain for me the grace to do whatever God demands of me. Amen.

Prayer for Financial Aid

Realizing, dear Mother Mary, that thou art our perpetual help, not only in spiritual but likewise in temporal necessities, we approach thee with submissive and humble hearts, because we have a child like confidence in thy power and goodness, beseeching thee to assist us in our present financial worry. Owing to unfortunate circumstances which have arisen in our lives, we are in dire want and pecuniary embarrassment, being unable to meet our honest debts. We are not asking, dearest Mother, for wealth, if the possession of it is not in accordance with the holy will of God; we merely beg for that assistance which will enable us to satisfy our pressing obligations. We believe, dear Mother, that thou art the Queen of heaven and of earth, and as such the instrument and special dispensation of thy divine Son Jesus Christ; that thou hast acquired by virtue of thy wonderful dignity

a sweet jurisdiction over all creation. We believe that thou art not only rich and bountiful, but extremely kind and generous to all thy loving children. We plead with thee then, dear Mother, to obtain for us the help we so urgently need in our present financial difficulty. We thank thee, dear Lady, and promise to publish far and wide the marvels of thy glorious Picture. Amen.

Prayer for the Conversion of a Sinner

O Mary, Mother of Perpetual Help, thou knowest so well the great value of an immortal soul. Thou knowest what it means, that every soul has been redeemed by the Blood of thy Divine Son; thou wilt not then despise my prayer if I ask from thee the conversion of a sinner, nay a great sinner who is rapidly hurrying on towards eternal ruin. Thou, O good merciful Mother, knowest well his irregular life. Remember that thou art the refuge of sinners; remember that God has given thee power to bring about the conversion of even the most wretched sinners. All that has been done for his soul has been unsuccessful; if thou dost not come to his assistance, he will go from bad to worse. Obtain for him an effectual grace that he may be moved and brought back to God and his duties. Send him, if necessary, temporal calamities and trials, that he may enter into himself, and put an end to his sinful course. Thou, O most merciful Mother, has converted so many sinners at the intercession of their friends. Be, then, also moved by my prayer, and bring this unhappy soul to true conversion of heart. O Mother of Perpetual Help, show that thou art the Advocate and Refuge of sinners So I hope, so may it be. Amen.

Prayer for Perseverance

O Holy Virgin Mary, who, to inspire us with boundless confidence has been pleased to take the sweet name of Perpetual Help, I implore thee to come to my aid always and everywhere, in my temptations, after my falls, in my difficulties, in all the miseries of life, and above all at the hour of my death. Give me, O loving Mother the desire, nay more, the habit always to have recourse to thee, for I feel assured that if I invoke thee with fidelity, thou wilt be faithful to come to my assistance. Obtain for me then this grace of graces, the grace to pray to thee, without ceasing and with childlike prayer, that I may ensure thy perpetual help, and final perseverance. O Mother of Perpetual Help, pray for me now and at the hour of my death. Amen.

Act of Consecration of the Family to the Immaculate Heart of Mary

Queen of the most Holy Rosary, and tender Mother of men, to fulfill the desires of the Sacred Heart, and the request of the Vicar of your Son on earth, we consecrate ourselves to you, and to your Immaculate Heart, and recommend to you, all the families of our nation, and of all the world. Please accept our consecration, dearest Mother, and use us and all families as you wish, to

accomplish your designs upon the world. O Immaculate Heart of Mary, Queen of heaven and earth, and of our family, rule over us, together with the Sacred Heart of Jesus Christ, our King. Save us from the spreading flood of modern paganism, kindle in our hearts and homes, the love of purity, the practice of the Christian life, and an ardent zeal for souls, and for the holiness of family life. We come with confidence to you, O Throne of Grace and Mother of Fair Love; inflame us with the same divine fire which has inflamed your own Immaculate Heart. Make our hearts and homes your shrine, and through us make the Heart of Jesus rule and triumph in every family in the world. Amen.

Regina Coeli

O Queen of heaven, rejoice, alleluia.
For He whom thou didst merit to bear, alleluia.
Hath risen, as He said, alleluia.
Pray for us to God, alleluia.
Rejoice and be glad, O Virgin Mary, alleluia.
For the Lord hath truly risen, alleluia.

Let us pray: O God, who by the resurrection of Thy Son, Our Lord Jesus Christ, hast vouchsafed to make glad the whole world, great, we beseech Thee, that, through the intercession of the Virgin Mary, His Mother, we may attain the joys of eternal life. Through the same Christ Our Lord. Amen

The Angelus

The angel of the Lord declared unto Mary, *and she conceived of the Holy Ghost*
Hail Mary, etc.
Behold the handmaid of the Lord: *be it done unto me according to thy word*
Hail Mary, etc.
And the Word was made flesh, *and dwelt among us.*
Hail Mary, etc.

Let us pray

Pour forth, we beseech Thee, O Lord! Thy grace into our hearts, that we, unto whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may, by His passion and cross, be brought to the glory of the resurrection. Through the same Christ our Lord. Amen.

Prayer to the Blessed Virgin Mary

Most holy Virgin, Mother of the Incarnate Word, treasure house of grace, and refuge of us wretched sinners, with lively faith we have recourse to thy motherly love, and ask of thee the grace of ever doing God's will and thine. In thy most holy hands we place our hearts, and of thee we ask health of body and soul; and as we have the sure hope that thou, our loving Mother, wilt hear us, we say to thee with lively faith: Hail Mary, three times.

Let us Pray

Defend, we beseech Thee, O Lord, through the intercession of the Blessed Mary, ever virgin, Thy servants from all infirmity; and mercifully deign to guard them, prostrate in the sincerity of their hearts before Thee, against the snares of the enemy. Through Christ, our Lord. Amen

Prayer to Mary for the Grace of the Last Sacraments

O Mary, conceived without sin, pray for us, who have recourse to thee. O Refuge of sinners, Mother of the agonizing, do not abandon us in the hour of our death, but obtain for us perfect sorrow, sincere contrition, remission of our sins, a worthy reception of the Most Holy Viaticum, the strengthening effect of the Sacrament of Extreme Unction, that we may present ourselves with security before the throne of the just but likewise merciful Judge, our God and Redeemer. Amen.

Devotions to Our Lord Jesus Christ

First Friday / Holy Hour Devotions

(Here make Intentions for the Holy Hour)

All: O Sacrament most Holy, O Sacrament Divine! All praise and all thanksgiving be every moment Thine.

Prayer to the Holy Ghost

Come, O Holy Ghost, fill the hearts of Thy faithful and enkindle in them the fire of Thy love. Send forth Thy Spirit, and they shall be created and Thou shalt renew the face of the earth.

O God, Who by the light of the Holy Ghost, didst instruct the hearts of the faithful, grant that in the same Holy Ghost we may be truly wise and ever rejoice in His consolation, Through Christ our Lord. Amen

Heart of Jesus, I put my trust in Thee

Act of Contrition

O my God, I am heartily sorry for having offended Thee, and I detest all my sins, because I dread the loss of heaven and the pains of hell, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life. Amen.

O Jesus in the Blessed Sacrament, have mercy on us!

Act of Spiritual Communion

My Jesus, I believe that Thou art really present in the most Blessed Sacrament of the Altar. I love Thee above everything else, and I long to receive Thee into my soul. I cannot now receive Thee in Holy Communion, but I beg Thee to come to me at least spiritually. I embrace Thee as already there, and unite myself entirely to Thee. Grant that I may never be separated from Thee!

Offering of the Holy Hour

My Sweet Jesus, I desire to spend this Hour with Thee, to console Thee, and to make some reparation by the love of my poor heart for the agony Thou didst suffer in Gethsemane. In that lone hour Thou wast forsaken, and the creatures, who Thou didst create to love Thee, loved Thee not. The weight of all our sins pressed on Thee, and mine as well; and for the sorrow which I caused Thee then by my sins, I will endeavor to repay Thee now by my love. Strengthen it my Jesus, that it may in some small measure give Thee consolation.

Sacred Heart of Jesus, strengthened in Thine agony by an Angel,
comfort us in our agony.

Opening Prayer to the Blessed Sacrament

My Lord Jesus Christ, it is Thy great love for men that keeps Thee day and night in this Sacrament, full of pity and love, expecting, inviting, and welcoming all who visit Thee. I believe that Thou art really present in the Sacrament of the Altar. From the depth of my nothingness, I adore Thee; and I thank Thee for the many graces Thou hast given me, especially for the gift of Thyself in this Sacrament, for the gift of Thy most holy Mother as my intercessor, and for the privilege of visiting Thee in this Church.

I now speak to Thy most loving Heart with a threefold intention: to thank Thee for the great gift of Thyself; to atone for all the insults which Thy enemies heap upon Thee in this Sacrament; and to adore Thee wherever Thy Eucharistic Presence is dishonored or forgotten.

My Jesus, I love Thee with my whole heart. I am very sorry for my ingratitude to Thy infinite goodness. I now resolve, with the help of Thy grace, never to offend Thee again. And, sinful as I am, I consecrate to Thee my entire self, my whole will, my affections, my desires, and all that I have. From now on, do with me and mine as Thou pleasest. I ask for and desire only Thy love, final perseverance, and the grace always to do Thy holy will.

I intercede with Thee for the souls in purgatory, especially for those who were most devoted to the Blessed Sacrament, and to Thy most holy Mother. I recommend to Thee also, all poor sinners. And lastly, my dear Saviour, I unite all my desires with the desires of Thy most loving Heart. Thus united, I present them to Thy Eternal Father, and beg Him in Thy Name and for love of Thee, to hear and answer them. Amen.

Act of Faith

O my God! I firmly believe all the sacred truths which Thy holy Catholic Church believes and teaches, because Thou hast revealed them, Who canst neither deceive nor be deceived.

Act of Hope

O my God! Relying on Thy infinite goodness and promises, I hope to obtain the pardon of my sins, the assistance of Thy grace, and life everlasting, through the merits of Jesus Christ, our Lord and Saviour.

Act of Love

O my God! I love Thee above all things with my whole heart and soul, because Thou art all-good, and worthy of all love, I love my neighbor as myself for the love of Thee. I forgive all who have injured me, and ask pardon of all whom I have injured.

Act of Charity

O good and merciful Saviour, it is the desire of my heart to return Thee love for love, My greatest sorrow is that Thou art not loved by all men, and, in particular, that my heart is so cold, so selfish, so ungrateful, Deeply sensible of my own weakness and poverty, I trust that Thy own grace will enable me to offer Thee and act of pure love. And I wish to offer Thee this act of love in reparation for the coldness and neglect that are shown to Thee in the Sacrament of Thy Love by Thy creatures. O Jesus my sovereign good, I love Thee, not for the sake of the reward which Thou hast promised to those who love Thee, but purely for Thyself, I love Thee above all things that can be loved, above all pleasures, and in fine above myself and all that is not Thee, protesting in the presence of heaven and earth that I will live and die purely and simply in Thy holy love, and that if to love Thee thus I must endure persecution and suffering, I am perfectly satisfied, and I will ever say with St. Paul: "Nothing shall separate me from the love of Christ."

O Jesus, Supreme Master of all hearts, I love Thee, I adore Thee, I praise Thee, I thank Thee, because I am now all Thine own. Rule over me, and transform my soul into the likeness of Thyself, so that it may bless and glorify Thee forever in the abode of the Saints. Amen.

Prayer to Christ the King

O Christ Jesus, I acknowledge Thee King of the Universe. All that has been made, has been created for Thee. Make full use of Thy rights over me. I renew the promises I made in Baptism, when I renounced Satan and all his pomps and works, and I promise to live a good Christian life. And especially I undertake to help, to the extent of my means, to secure the triumph of the rights of God and of Thy Church. Divine Heart of Jesus, I offer Thee my efforts to obtain that all hearts may acknowledge Thy Sacred Royalty, and that so the Kingdom of Thy peace may be established throughout the entire universe. Amen

Litany of the Most Sacred Heart of Jesus

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us. Christ, hear us.

Christ, graciously hear us.

God the Father of Heaven, have mercy on us.

God the Son, Redeemer of the world, have mercy on us.

God the Holy Ghost, have mercy on us.

Holy Trinity, One God, have mercy on us.

Heart of Jesus, Son of the Eternal Father,

Heart of Jesus, formed by the Holy Spirit in the womb of the Virgin Mother,

Heart of Jesus, substantially united to the Word of God,

Heart of Jesus, of infinite majesty,

Heart of Jesus, holy Temple of God,

Heart of Jesus, Tabernacle of the Most High,

Heart of Jesus, House of God and Gate of Heaven,

Heart of Jesus, burning Furnace of charity,

Heart of Jesus, Vessel of justice and love,

Heart of Jesus, full of goodness and love,

Heart of Jesus, Abyss of all virtues,

Heart of Jesus, most worthy of all praise,

Heart of Jesus, King and center of all hearts,

Heart of Jesus, in Whom are all the treasures of wisdom and knowledge,

Heart of Jesus, in Whom dwelleth all the fullness of the divinity,

Heart of Jesus, in Whom the Father was well pleased,

Heart of Jesus, of whose fullness we have all received,

Heart of Jesus, desire of the everlasting hills,

Heart of Jesus, patient and abounding in mercy,

Heart of Jesus, rich unto all who call upon Thee,

Heart of Jesus, Fountain of life and holiness,

Heart of Jesus, Propitiation for our sins,

Heart of Jesus, filled with reproaches,

Heart of Jesus, bruised for our offenses,

Heart of Jesus, made obedient unto death,

Heart of Jesus, pierced with a lance,

Heart of Jesus, Source of all consolation,

Heart of Jesus, our Life and Resurrection,

Heart of Jesus, our Peace and Reconciliation,

Heart of Jesus, Victim for our sins,

Heart of Jesus, Salvation of those who hope in Thee,

Heart of Jesus, Hope of those who die in Thee,

Heart of Jesus, Delight of all the saints,

Lamb of God, Who takest away the sins of the world, *Spare us, O Lord.*

Lamb of God, Who takest away the sins of the world,

Graciously hear us, O Lord.

Have mercy on us

Have mercy on us

Lamb of God, Who takest away the sins of the world,
Have mercy on us.

Jesus meek and humble of heart,
Make our hearts like unto Thine.

Let us pray

O Almighty and Eternal God, look upon the Heart of Thy dearly beloved Son, and upon the praise and satisfaction He offers Thee in the name of sinners and for those who seek Thy mercy; be Thou appeased. and grant us pardon in the name of the same Jesus Christ, Thy Son, Who lives and reigns with Thee, in the unity of the Holy Spirit, world without end. Amen

**Act of Consecration of the Human Race
to the Sacred Heart of Jesus**

Most sweet Jesus, Redeemer of the human race, look down upon us, humbly prostrate before Thine altar. We are Thine and Thine we wish to be; but to be more surely united with Thee, behold each one of us freely consecrates himself today to Thy Most Sacred Heart. Many, indeed, have never known Thee; many, too, despising Thy precepts, have rejected Thee. Have mercy on them all, most merciful Jesus, and draw them to Thy Sacred Heart.

Be Thou King, O Lord, not only of the faithful who have never forsaken Thee, but also of the prodigal children who have abandoned Thee, grant that they may quickly return to their Father's house, lest they die of wretchedness and hunger. Be Thou King of those who are deceived by erroneous opinions, or whom discord keeps aloof and call them back to the harbor of truth and unity of faith, so that soon there may be but one flock and one shepherd.

Be Thou King of all those who are still involved in the darkness of idolatry or Islamism, and refuse not to draw them all into the light and kingdom of God. Turn Thine eyes of mercy toward the children of that race, once Thy chosen people. Of old they called down upon themselves the Blood of the Saviour; may It now descend upon them a laver of redemption and of life.

Grant, O Lord, to Thy Church, assurance of freedom and immunity from harm; give peace and order to all nations, and make the earth resound from pole to pole with one cry: Praise to the Divine Heart that wrought our salvation: to it be glory and honour forever. Amen

By Pope Pius XI

Sacred Heart of Jesus, Thy Kingdom come!

Act of Reparation to the Sacred Heart of Jesus

O sweet Jesus, Whose overflowing charity for men is requited by so much forgetfulness, negligence and contempt, behold us prostrate before Thy altar eager to repair by a special act of homage the cruel indifference and injuries, to which Thy loving Heart is everywhere subject.

Mindful alas! that we ourselves have had a share in such great indignities, which we now deplore from the depths of our hearts, we humbly ask Thy pardon and declare our readiness to atone by voluntary expiation not only for our own personal offenses, but also for the sins of those, who, straying far from the path of salvation, refuse in their obstinate infidelity to follow Thee, their Shepherd and Leader, or, renouncing the vows of their baptism, have cast off the sweet yoke of Thy Law.

We are now resolved to expiate each and every deplorable outrage committed against Thee; we are determined to make amends for the manifold offenses against Christian modesty in unbecoming dress and behavior, for all the foul seductions laid to ensnare the feet of the innocent, for the frequent violations of Sundays and holidays, and the shocking blasphemies uttered against Thee and Thy Saints. We wish also to make amends for the insults to which (Thy Vicar on earth and) Thy priests are subjected, for the profanation, by conscious neglect or terrible acts of sacrilege, of the very Sacrament of Thy Divine Love; and lastly for the public crimes of nations who resist the rights and teaching authority of the Church which Thou hast founded.

Would, O divine Jesus, we were able to wash away such abominations with our blood. We now offer, in reparation for these violations of Thy divine honor, the satisfaction Thou didst once make to Thy eternal Father on the cross and which Thou dost continue to renew daily on our altars; we offer it in union with the acts of atonement of Thy Virgin Mother and all the Saints and of the pious faithful on earth; and we sincerely promise to make recompense, as far as we can with the help of Thy grace, for all neglect of Thy great love and for the sins we and others have committed in the past. Henceforth we will live a life of unwavering faith, of purity of conduct, of perfect observance of the precepts of the gospel and especially that of charity. We promise to the best of our power to prevent others from offending Thee and to bring as many as possible to follow Thee.

O loving Jesus, through the intercession of the Blessed Virgin Mary, our model in reparation, deign to receive the voluntary offering we make of this act of expiation; and by the crowning gift of perseverance keep us faithful unto death in our duty and the allegiance we owe to Thee, so that we may one day come to that happy home, where Thou with the Father and the Holy Ghost livest and reignest God, world without end. Amen.

The Most Holy Rosary (the Leader can choose which meditation to follow)

To Jesus Abandoned

With Mary Immaculate, let us adore, thank, implore and console, the Most Beloved and Sacred Heart of Jesus in the Blessed Sacrament.

O Divine Jesus, lonely tonight in so many Tabernacles, without visitor or worshipper, I offer Thee my poor heart. May its every throb be an act of love for Thee. Thou art always watching beneath the Sacramental Veils; in Thy Love Thou dost never sleep and Thou art never weary of Thy vigil for sinners. O lonely Jesus, may the flame of my heart burn and beam always in company with Thee.

O Sacrament most holy, O Sacrament divine! All praise and all thanksgiving be every moment Thine!

Veneration of the Thorn Crowned Head of the Saviour

And plating a crown of thorns, they put it upon His head. They began to spit upon Him, and they gave Him blows. Others smote His face and said: "Prophecy, who is it that struck Thee?"

O holy Redeemer! Thou art clothed with a scarlet cloak, a reed is placed in Thy hands for a sceptre, and the sharp points of a thorny crown are pressed into Thy adorable head.

My soul, thou canst never conceive the sufferings, the insults and indignities offered to our Blessed Lord during this scene of pain and mockery. I therefore salute Thee and offer Thee supreme homage as King of heaven and earth, the Redeemer of the world, the Eternal Son of the living God.

O my afflicted Saviour! O King of the world, Thou art ridiculed as a mock king. I believe in Thee and adore Thee as the King of kings and the Lord of lords, as the supreme Ruler of heaven and earth.

O Jesus! I devoutly venerate Thy Sacred Head pierced with thorns, struck with a reed, overwhelmed with pain and derision.

I adore the Precious Blood flowing from Thy bleeding wounds. To Thee be all praise all thanksgiving and all love for evermore.

O meek Lamb, Victim for sin! May Thy thorns penetrate my heart with fervent love, that I may never cease to adore Thee as my God, my King and my Saviour.

*Behold, O God, our Protector
And look upon the face of Thy Christ*

Let us pray

O my beloved Saviour, at sight of Thy most holy face disfigured by suffering, at sight of Thy Sacred Heart so full of love, I cry out with St. Augustine: "Lord Jesus, imprint on my heart Thy sacred wounds, so that I may read therein sorrow and love: sorrow, to endure every sorrow for Thee; love, to despise every love for Thee". Amen

We adore Thee, O Christ, and we bless Thee, because by Thy holy Cross Thou hast redeemed the world.

To Our Lord on the Cross

My Crucified Jesus, mercifully accept the prayer which I now make to Thee for help in the moment of my death, when at its approach all my senses shall fail me. When, therefore, O sweetest Jesus, my weary and downcast eyes can no longer look up to Thee, be mindful of the loving gaze which I now turn on Thee, and have mercy on me.

When my parched lips can no longer kiss Thy most sacred wounds, remember then those kisses which now I imprint on Thee, and have mercy on me.

When my cold hands can no longer embrace Thy Cross, forget not the affection with which I embrace it now, and have mercy on me.

And when, at length, my swollen and lifeless tongue can no longer speak, remember that I called upon Thee now.

Jesus, Mary, Joseph, to you I commend my soul. Amen.

Devotion in Honor of the Five Holy Wounds

As I kneel before Thee on the Cross, most loving Savior of my soul, my conscience tells me it is I who have nailed Thee to that Cross with these hands of mine, as often as I have fallen into mortal sin, wearying Thee with my monstrous ingratitude. My God, my chief and most perfect Good, worthy of all my love, seeing Thou hast ever loaded me with blessings, I cannot now undo my misdeeds, as I would most willingly, but I can and will loathe them, grieving greatly for having offended Thee Who art infinite Goodness. And now, kneeling at Thy feet, I will try at least to compassionate Thee, to give Thee thanks, to ask of Thee pardon and contrition. Wherefore, with heart and lips I say:

To the Wound of the Left Foot:

Holy Wound of the Left Foot of my Jesus, I adore Thee! I compassionate Thee, O my Jesus, for that most bitter pain which Thou didst suffer. I thank Thee for the love whereby Thou wast wearied in overtaking me on the way to ruin, and didst bleed amid the thorns and brambles of my sins. I offer to the Eternal Father the pain and love of Thy most sacred humanity, in atonement for my sins, all of which I detest with sincere and bitter contrition.

To the Wound of the Right Foot:

Holy Wound of the Right Foot of my Jesus, I adore Thee! I compassionate Thee, O my Jesus, for that most bitter pain which Thou didst suffer. I thank Thee for the love which pierced Thee with such torture and shedding of blood in order to punish my wanderings and the guilty pleasures I have granted to my passions. I offer to the Eternal Father all the pain and love of Thy most sacred humanity, and I pray unto Him for grace to weep over my transgressions with burning tears, and to enable me to persevere in the good which I have begun, without ever swerving again from my obedience to the Commandments of my God.

To the Wound of the Left Hand:

Holy Wound of the Left Hand of my Jesus, I adore Thee! I compassionate Thee, O my Jesus, for that most bitter pain which Thou didst suffer. I thank Thee for having, in Thy love, spared me the scourges and eternal damnation which my sins have merited. I offer to the Eternal Father the pain and love of Thy most sacred humanity and I pray Him to teach me how to turn to good account my span of life, and bring forth in it worthy fruits of penance, and so disarm the angry justice of my God.

To the Wound of the Right Hand:

Holy Wound of the Right Hand of my Jesus, I adore Thee! I compassionate Thee, O my Jesus, for that most bitter pain which Thou didst suffer. I thank Thee for Thy graces lavished on me with such love, in spite of all my miserable obstinacy. I offer to the Eternal Father all the pain and love of Thy most sacred humanity, and I pray Him to change my heart and its affections, and make me do all my actions in accordance with the will of God.

To the Wound of the Sacred Side:

Holy Wound in the Side of my Jesus, I adore Thee! I compassionate Thee, O my Jesus, for the cruel insult Thou didst suffer. I thank Thee, my Jesus, for the love which suffered Thy Side and Heart to be pierced, that the last drops of Blood and water might issue forth, making my redemption to abound. I offer to the Eternal Father this outrage, and the love of Thy most sacred humanity, that my soul may enter once and for all into that most loving Heart, eager and ready to receive the greatest sinners, and from it may never more depart.

Sweet Heart of my Jesus, grant that I may ever love Thee more and more.

Prayer for Increase of Daily Holy Communion

O Sweetest Jesus, Who camest into this world to give to all the life of Thy grace, and Who to preserve and sustain it, didst will to be the remedy of our daily infirmities, and our daily food; humbly we pray Thee, by Thy Heart, all on fire for love of us, to pour out Thy Holy Spirit upon all, so that those who are unhappily in mortal sin may be converted to Thee, and recover the life of grace which they have lost; and those who by Thy gift still live this divine life, may every day, when they are able, approach devoutly to Thy holy table, where in daily Holy Communion, receiving every day the antidote to their daily venial sins, nourishing the life of grace in their hearts, and purifying more and more their souls, they may come at last to the enjoyment with Thee of eternal beatitude. Amen.

Heart of Jesus, burning with love for us, inflame our hearts with love of Thee

Prayer for those in their last agony

O Most Merciful Jesus, lover of souls, I pray Thee by the agony of Thy most Sacred Heart, and by the sorrows of Thy Immaculate Mother, wash in Thy blood the sinners of the whole world who are now in their agony, and are to die this day.
Amen

Heart of Jesus Agonizing, have mercy on the dying.

Jesus, Mary, Joseph

Prayer for Peace

Lord, make me an instrument of your peace:
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.

O divine Master, grant that I may not so much seek
to be consoled as to console,
to be understood as to understand,
to be loved as to love.
For it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying that we are born to eternal life.
Amen.

Prayer for Mercy for the Holy Souls in Purgatory

Have mercy, O gentle Jesus, on the souls detained in purgatory. Thou Who for their ransom didst take upon Thyself our human nature and suffer the most cruel death, pity their sighs and the tears shed when they raise their longing eyes toward Thee; and by virtue of Thy Passion, cancel the penalty due to their sins. May Thy Blood, O tender Jesus, Thy Precious Blood, descend into purgatory to solace and refresh those who there languish in captivity. Reach forth Thy hand to them, and lead them into the realms of refreshment, light and peace. Amen.

Divine Heart of Jesus, convert sinners, save the dying, set free the holy souls in purgatory.

Prayer for our Daily Neglects

Eternal Father, I offer Thee the Sacred Heart of Jesus, with all Its love, suffering and merits:

First --- To expiate all the sins I have committed this day and during all my life. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Second --- To purify the good I have done badly this day and during all my life. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Third --- To supply for the good I ought to have done, and that I've neglected, this day and during all my life. Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

O Heart of Love, I put all my trust in Thee, for I fear all things from my weakness, but I hope for all things from Thy goodness.

Period of Silent Adoration

“Speak Lord, for Thy servant heareth”

“Lord what wilt Thou have me do?”

Prayer for Final Perseverance

O Jesus, my Savior, my God, by Thy Sacred Heart, by the most pure Heart of the Virgin Mother, by whatever is pleasing to Thee on heaven and on earth, I beg and entreat Thee, grant me holy perseverance, grant me patience. Give me grace and courage that I may efficaciously employ the means which Thou hast given.

Sweet Heart of Jesus, be my love
Sweet Heart of Mary, be my salvation.

Closing prayer to the Blessed Sacrament

As this hour of adoration closes, O Jesus, I renew my faith and trust in Thee. I am refreshed after these moments with Thee, and I count myself among a privileged number, even as Thy disciples were, who shared Thy actual presence. Realizing that my visit to Thee is of little avail unless I try to live a better life and set a better example, I am resolved to go forth again to my duties and my concerns with a renewed spirit of perseverance and good will. In my daily life I will try to

love and serve God well, and love my neighbor also, for these two things go together. I will try to be a true disciple, indeed, Help me, O Jesus, in this my resolution.

Bless me, dear Lord, before I go. And bless not me alone, O Lord, but all as well who are here present, and all who could not come, especially the sick and the dying. Bless all our life and the hour of our death.

Grant rest to the souls of the faithful departed, and bring them into the light of Thy divine glory. So, may we who have worshipped Thee here on earth, come to behold the radiant glory of Thy unveiled countenance in heaven for ever and ever. Amen

Sacred Heart of Jesus, Thy Kingdom come! (Say Three times.)

For the Intentions of Our Holy Mother the Church to gain the indulgences of the Holy Hour.

1 Our Hour – 1 Hail Mary – 1 Glory be to the Father

O Sacrament most holy, O Sacrament divine! All praise and all thanksgiving be every moment Thine!

In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

Devotions for Holy Communion

Before Communion

Incline the ears of Thy loving kindness, most merciful God, to our prayers, and enlighten our heart with the grace of the Holy Ghost; so that we may be worthy to assist at Thy Mysteries and to love Thee with an everlasting love. O God, unto whom every heart lies open, and every wish speaketh, and from whom no secret is hidden, cleanse the thoughts of our hearts, by the inpouring of the Holy Ghost, so that we may perfectly love Thee, and worthily magnify Thy holy Name. In flame our reins and our heart, O Lord, with the fire of the Holy Ghost, that we may serve Thee with a chaste body and please Thee with a pure mind. May the Paraclete, who proceedeth from Thee, we beseech Thee, O Lord, enlighten our minds and lead us into all truth, even as Thy Son hath promised unto us. May the power of the Holy Ghost be with us, O Lord, we beseech Thee, mercifully to cleanse our hearts and to keep them from all adversities. O God, who didst teach the hearts of the faithful by the light of the Holy Ghost, grant that by the gift of the same Spirit we may be truly wise and ever rejoice in His consolation. Cleanse our thoughts, O Lord, we beseech Thee, by Thy visitation, that when our Lord Jesus Christ, Thy Son, shall come He may find within us a dwelling place prepared for Him; who liveth and reigneth with Thee in the unity of the Holy Ghost, God, world without end. Amen.

Prayer of St. Ambrose

O Gracious Lord Jesus Christ, I, a sinner, presuming not on my own merits, but trusting to Thy mercy and goodness, fear and tremble in drawing near to the Table on which is spread Thy Banquet of all delights. For I have defiled both my heart and body with many sins, and have not kept a strict guard over my mind and my tongue. Wherefore, O gracious God, O awesome Majesty, I, a wretched creature, reduced to extremity, have recourse to Thee, the fount of mercy; I fly to Thee that I may be healed, and take refuge under Thy protection, and I ardently desire to have Him as my Saviour whom I am unable to withstand as my judge. To Thee, O Lord, I show my wounds, to Thee I lay bare my shame. I know that my sins are many and great, on account of which I am filled with fear. But I trust in Thy mercy, for it is unbounded. Look down upon me, therefore, with eyes of mercy, O Lord Jesus Christ, eternal King, God and Man, crucified for man. Hearken unto me, for my hope is in Thee; have mercy on me, who am full of misery and sin, Thou who wilt never cease to let flow the fountain of mercy. Hail, Thou saving Victim, offered for me and for all mankind on the tree of the cross. Hail, Thou noble and Precious Blood, flowing from the wounds of my crucified Lord Jesus Christ and washing away the sins of the whole world. Remember, O Lord, Thy creature, whom Thou hast redeemed with Thy Blood. I am grieved because I have sinned, I desire to make amends for what I have done. Take away from me therefore, O most merciful Father, all my iniquities and offences, that, being purified both in soul and body, I may worthily partake of the Holy of Holies; and grant that this holy oblation of Thy Body and Blood, of which all unworthy I purpose to partake, may be to me the full remission of my sins, the perfect cleansing of my offences, the means of driving away all evil thoughts and of renewing all holy desires, the advancement of works pleasing to Thee, as well as the strongest defense and protection for soul and body against the craft and the snares of my enemies. Amen.

Prayer of St. Thomas Aquinas

Almighty and everlasting God, behold, I am about to approach the Sacrament of Thine only begotten Son, our Lord Jesus Christ. I approach as one who is sick to the physician of life, as one unclean to the well spring of mercy and goodness, as one blind to the light of eternal brightness, as one poor and needy to the Lord of heaven and earth. Wherefore I beseech Thee, of Thine infinite goodness, to heal my sickness, to wash away my filth, to enlighten my blindness, to enrich my poverty, and to clothe my nakedness, that I may receive the Bread of Angels, the King of kings, and Lord of lords with such reverence, and humility, with such contrition and devotion, with such purity and faith, with such purpose and intention, as may conduce to the salvation of my soul. Grant, I beseech Thee, that I may receive not only the Sacrament of the Body and Blood of our Lord, but also the fruit and virtue of the Sacrament. O most indulgent and merciful God, grant me so to receive the Body of Thine only begotten Son, our Lord Jesus Christ,

which He took of the Virgin Mary, that I may be found worthy to be incorporated with His mystical body and numbered among His members. O most loving Father, grant that I may one day contemplate forever face to face Thy beloved Son, whom now on my pilgrimage I am about to receive under a veil, who liveth and reigneth with Thee in the unity of the Holy Ghost, God, for ever and ever. Amen.

Prayer to the Blessed Sacrament

My Lord Jesus Christ, it is Thy great love for men that keeps Thee day and night in this Sacrament, full of pity and love, expecting, inviting, and welcoming all who visit Thee. I believe that Thou art really present in the Sacrament of the Altar. From the depth of my nothingness, I adore Thee; and I thank Thee for the many graces Thou hast given me, especially for the gift of Thyself in this Sacrament, for the gift of Thy most holy Mother as my intercessor, and for the privilege of visiting Thee in this Church. I now speak to Thy most loving Heart with a threefold intention: to thank Thee for the great gift of Thyself; to atone for all the insults which Thy enemies heap upon Thee in this Sacrament; and to adore Thee wherever Thy Eucharistic Presence is dishonored or forgotten. My Jesus, I love Thee with my whole heart. I am very sorry for my ingratitude to Thy infinite goodness., I now resolve, with the help of Thy grace, never to offend Thee again. And, sinful as I am, I consecrate to Thee my entire self, my whole will, my affections my desires, and all that I have. From now on, do with me and mine as Thou pleasest. I ask for and desire only Thy love, final perseverance, and the grace always to do Thy holy will. I intercede with Thee for the souls in purgatory, especially for those who were most devoted to the Blessed Sacrament, and to Thy most holy Mother. I recommend to Thee also, all poor sinners. And lastly, my dear Savior, I unite all my desires with the desires of Thy most loving Heart. Thus united, I present them to Thy Eternal Father, and beg Him in Thy Name and for love of Thee, to hear and answer them. Amen.

Jesus, meek and humble of heart, make our hearts like unto Thine.

Act of Spiritual Communion

My Jesus, I believe that Thou art really present in the most Blessed Sacrament of the Altar. I love Thee above everything else, and I long to receive Thee into my soul. I cannot now receive Thee in Holy Communion, but I beg Thee to come to me at least spiritually. I embrace Thee as already there, and unite myself entirely to Thee Grant that I may never be separated from Thee!

I adore Thee every moment, O Living Bread from heaven, Great Sacrament!

Prayer for Increase of Daily Holy Communions

O Sweetest Jesus, Who camest into this world to give to all the life of Thy grace, and Who, to preserve and sustain it, didst will to be the remedy of our daily infirmities, and our daily food; humbly we pray Thee, by Thy Heart, all on fire for love of us, to pour out Thy Holy Spirit upon all, so that those who are

unhappily in mortal sin may be converted to Thee, and recover the life of grace which they have lost; and those who by Thy gift still live this divine life, may every day, when they are able, approach devoutly to Thy holy table, where, in daily Holy Communion, receiving every day the antidote to their daily venial sins, and nourishing the life of grace in their hearts, and purifying more and more their souls. They may come at last to the enjoyment with Thee of eternal beatitude. Amen.
Heart of Jesus. Burning with love for us, inflame our hearts with love of Thee.

Prayers after Holy Communion

Prayer to the Blessed Virgin Mary

O Mary, Virgin and Mother most holy, behold, I have received thy dearly beloved Son, Whom thou didst conceive in thy immaculate womb, didst bring forth and nourish and strain to thyself in sweetest embrace. Behold Him Whose every glance filled thee with joy and all delight: Him I present and offer to thee in loving humility, to be clasped in thy arms and loved in thy heart and to be offered in supreme adoration to the most Holy Trinity, for thine own honor and glory, for my needs, and for the needs of the whole world. I beg thee, therefore, most dear Mother, obtain for me forgiveness of all my sins, the precious grace of serving thee more faithfully for the future, and that final grace of being able along with thee to praise Him through endless ages. Amen.

Prayer to Saint Joseph

Saint Joseph, Guardian of virgins and Father, to whose faithful care Christ Jesus, Innocence itself, and Mary, Virgin of virgins, were entrusted, I ask and beg of thee, through these two dearest pledges, Jesus and Mary, preserve me from all defilement, and make it always possible for me unsullied in mind, pure in heart, and chaste in body to give to Jesus and Mary my holiest service. Amen.

Prayer after Holy Communion

Bless the Lord, O my soul! And let all that is within me bless His holy Name. "Bless the Lord, O my soul! And never forget all that He hath done for thee." Let my soul, O Lord, be sensible of its happiness. Let it, in the silence of all worldly cares, taste and enjoy the sweetness of Thy presence. "It is good for me to adhere to my God, to put my hope in the Lord God. I will hear what the Lord God will speak in me."

Here pause a while, and commune with your God.

Behold, O Lord, I possess Thee, who possessest all things, and who canst do all things. Thou art the heavenly Physician of my soul, who healest all my infirmities: and I am the sick man, whom Thou camest down from heaven to heal. Oh, heal my soul, for I have sinned against Thee. Amen.

An Act of Confidence

Behold, I am now in possession of the Sovereign Good. The first thought, O God, with which Thy presence inspires me, is a sentiment of adoration and respect. Yes, under these sacred veils, where Thy love for me hath concealed the splendor of Thy Majesty, I most humbly adore Thee. I acknowledge Thee as my Master, my Creator, and the Supreme Arbiter of my eternal destiny. But these thoughts are absorbed in the greatness of my confidence. Thou art glorious in heaven, all powerful on earth and terrible in hell; but in the Blessed Eucharist Thou art mild, consoling, sweet, and liberal. Ah, what canst Thou refuse me, when Thou hast given me Thyself? Amen.

Anima Christi

Soul of Christ, sanctify me. Body of Christ, save me.
Blood of Christ, inebriate me. Water from the side of Christ, wash me.
Passion of Christ, strengthen me. O good Jesus, hear me.
Within Thy wounds hide me. Suffer me not to be separated from Thee.
From the malignant enemy defend me. In the hour of my death call me.
And bid me to come to Thee, That with Thy Saints I may praise Thee, For ever and ever. Amen.

Short Prayer

May the Heart of Jesus in the most Blessed Sacrament be praised, adored, and loved with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time. Amen.

Prayer of St. Thomas Aquinas

I give thanks to Thee, O holy Lord, Father almighty, eternal God, who hast vouchsafed, not for any merits of my own, but solely out of the condescension of Thy mercy, to appease the hunger of the soul of Thine unworthy servant, with the precious Body and Blood of Thy Son our Lord Jesus Christ. I implore that this holy Communion be not to me a condemnation unto punishment, but a saving plea unto forgiveness. May it be unto me the armor of faith and the shield of good purpose. May it be the emptying out of my vices, the extinction of all concupiscence and lust, the increase of charity and patience, of humility and obedience, and of all virtues; a strong defence against the snares of all enemies, visible and invisible; the perfect quieting of all my impulses, both fleshly and ghostly; a firm cleaving unto Thee, the one true God; and an earnest of a happy consummation. And I beseech Thee, that Thou wouldst vouchsafe to bring me, a sinner, to that ineffable Banquet, in which Thou, together with Thy Son and the Holy Ghost, art to Thy Saints true light, fullness of content, eternal joy, gladness without alloy and perfect happiness. Through the same Christ our Lord. Amen.

Prayer of St. Bonaventure

Pierce, O most sweet Lord Jesus, my inmost soul with the most joyous and healthful wound of Thy love, with true, tranquil, and most holy apostolic charity, that my soul may ever languish and melt with love and longing for Thee, that it may yearn for Thee and faint for Thy courts, and long to be dissolved and to be with Thee. Grant that my soul may hunger after Thee, the bread of Angels, the comforting nourishment of holy souls, our daily and supersubstantial bread, having all sweetness and savor and every delight of taste; let my heart ever hunger after and feed upon Thee, upon whom the Angels desire to look, and may mine in most soul be filled with the sweetness of Thy savor; may it ever thirst after Thee, the source of life, the fount of wisdom and knowledge, the fountain of everlasting light, the flood of pleasure, the richness of the house of God; may it ever compass Thee, seek Thee, find Thee, run to Thee, attain to Thee, meditate upon Thee, speak of Thee, and do all things to the praise and glory of Thy Name, with humility and discretion, with love and delight, with ease and affection, and with perseverance unto the end; and mayest Thou alone be ever my hope, my entire assurance, my riches, my delight, my pleasure, my joy, my rest and tranquility, my peace, my sweetness, my fragrance, my sweet savor, my food, my refreshment, my refuge, my help, my wisdom, my portion, my possession and my treasure, in whom may my mind and my heart remain fixed and firm and rooted immovably for evermore. Amen.

Prayer of St. Augustine

Before Thine eyes, O Lord, we bring our sins, and we compare them with the stripes we have received. If we examine the evil we have wrought, what we suffer is little, what we deserve is great. What we have committed is very grievous, what we have suffered is very slight. We feel the punishment of sin, yet withdraw not from the obstinacy of sinning. Under Thy lash our inconstancy is visited, but our sinfulness is not changed. Our suffering soul is tormented, but our neck is not bent. Our life groans under sorrow, yet amends not in deed. If Thou spare us, we correct not our ways: If Thou punish, we cannot endure it. In time of correction we confess our wrong doing: after Thy visitation we forget that we have wept. If Thou stretchest forth Thy hand, we promise amendment; if Thou withholdest the sword, we keep not our promise. If Thou strikest, we cry out for mercy: if Thou sparest, we again provoke Thee to strike. Here we are before Thee, O Lord, confessedly guilty: we know that unless Thou pardon, we shall deservedly perish. Grant then, O almighty Father, without our deserving it, the pardon we ask; Thou who madest out of nothing those who ask Thee. Through Christ our Lord. Amen.

*Deal not with us, O Lord, according to our sins.
Neither reward us according to our iniquities.*

Let us pray.

O God, who by sin art offended and by penance pacified, mercifully regard the prayers of Thy suppliant people, and turn away the scourges of Thy wrath, which we deserve for our sins. Through Christ our Lord. Amen.

Adoro te devote, latens Deitas

(Hymn of St. Thomas Aquinas)

Prostrate I adore Thee, Deity unseen, Who Thy glory hidest'neath these shadows mean; Lo, to Thee surrendered, my whole heart is bowed, Tranced as it beholds Thee, shrined within the cloud.

Taste and touch and vision to discern Thee fail, But the hearing only well may here prevail. I believe whate'er the Son of God hath told; What the Truth hath spoken, that for truth I hold.

On the Cross lay hidden but Thy Deity, Here is hidden also Thy Humanity: But in both believing and confessing, Lord, Ask I what the dying thief of Thee implored. Thy dread wounds, like Thomas, though I cannot see, His be my confession, Lord and God, of Thee. Make my faith unfeigned evermore increase, Give me hope unfading, love that cannot cease.

O Memorial wondrous of the Lord's own death! Living Bread, that givest all thy creatures breath, Grant my spirit ever by Thy life may live, To my taste Thy sweetness never failing give. Pelican of mercy, Jesus, Lord and God, Cleanse me, wretched sinner, in Thy precious Blood: Blood whereof one drop for humankind outpoured, Might from all transgression have the world restored.

Jesus, whom now veiled I by faith descry, What my soul doth thirst for, do not, Lord, deny: That Thy Face unveiled I at last may see, With the blissful vision blest my God, of Thee. Amen.

A Prayer for a Visit to the Blessed Sacrament

(Including all the Acts Recommended)

My Lord and my God, I firmly believe that Thou art really present in the sacred Host. I adore Thee beneath the sacramental veil which Thou hast mercifully chosen in order to approach us. Permit me, O dearest Jesus, to render Thee my homage together with the angels who surround Thy altar throne. I believe that Thou dwellest on our altars not only to receive our humble adoration, but also to be the food of our souls, our sacrifice to the infinite majesty of the heavenly Father, our light in darkness, our counsel in doubt, our consolation in affliction, our strength in temptation, our friend in every need, our teacher in the school of perfection, our model in the way of sanctity. I am a poor sinner, but I hope in that boundless mercy which detains Thee a prisoner of love in the tabernacle. I come to Thee with a contrite heart, and I beg Thy pardon and mercy. Thou art truly called the "Lover of souls," for Thou hast sacrificed Thy life for our salvation; Thou hast said: "My delights are to be with the children of men"; and Thy death bed gift to us was the Holy Eucharist. I behold the tabernacle surmounted by a cross, and this reminds me, dear Lord and Saviour, that the Blessed Sacrament is a memorial of Thy passion and death. I love that infinite goodness which induced

Thee to institute this Holy Sacrament of the altar, the grandest memorial of all Thy works, wherein Thou dost communicate Thyself so wonderfully to Thy creatures. I thank Thee for this sublime proof of Thy love, and ardently wish that I could worthily acknowledge all the blessings that I have ever received from this fountain of grace and mercy. I sincerely regret that this precious pledge of Thy love is received by so many Christians with coldness and indifference. I wish to make amends of my own ingratitude, and heartfelt atonement for all those sinful acts of my life, by which I have wounded Thy Sacred Heart. I offer Thee my profound adoration, my sorrow, and my love, to appease and to rejoice, as much as I can, Thy Sacred Heart, in this sacrament of love and to make reparation for all the acts of irreverence and profanation, which have been committed against Thee. I love Thee with my whole soul; I acknowledge Thee as my only Master; I offer Thee all that I have, and all that I am. Jesus! I give Thee my heart with all its affections; I give Thee my soul with all its powers; I give Thee my body with all its senses. Jesus! I consecrate myself entirely to Thee; I wish to live and labor and suffer and die for the love of Thee. I abandon myself to Thee. Give me but Thy love and Thy grace; I will ask for nothing more. Thy kingdom come, Thy will be done! I desire to adore and love Thee now, not only to supply the defects of those Catholics who do not adore and love Thee, but also for the conversion of heretics, schismatics, atheists, blasphemers, Jews, and idolaters. O silent dweller in the tabernacle, Thou art, indeed, a hidden God! here Thou art still the victim of the cross! As I gaze upon the sacred Host, I recall that pathetic word of Thine, O Lord, at the Last Supper: "Do this in commemoration of Me" "Remember Me!" Yes, the Blessed Sacrament is a memorial of the "Man of sorrows," a memorial of the greatest pain a creature on earth ever endured, a memorial of the most tender, most constant, most unselfish, and most heroic love the world shall ever know, the last sweet gift of a heart that fears to be forgotten. Oh, yes! Lord, I shall remember Thee. How could I forget Thy love, dearest Jesus! Mayest Thou be known, adored, and loved by all, and may thanks and praise forevermore be given to Thee in the most holy and most adorable sacrament. Amen.

A Quarter of an Hour Before the Blessed Sacrament

To please Me, my dear child, it is not necessary to know much; all that is required is to love Me much, to be deeply sorry for ever having offended Me and desirous of being ever faithful to Me in future.

Speak to Me now as you would to your dearest friend. Tell Me all that now fills your mind and heart. Are there any you wish to commend to Me? Tell Me their names, and tell me what you would wish Me to do for them. Do not fear, ask for much; I love generous hearts, which forgetting themselves, wish well to others.

Speak to Me of the poor you wish to comfort; tell Me of the sick that you would wish to see relieved. Ask of Me something for those who have been unkind to you, or who have crossed you. Ask much for them all; commend them with all your heart to Me.

And ask Me many graces for yourself. Are there not many you would wish to name that would make you happier for yourself, more useful and pleasing

to others, more worthy of My love, the dearest Lord, Master and Spouse of your soul? Tell Me the whole list of the favours you want of Me. Tell them to Me with humility, knowing how poor you are without them, how unable to gain them by yourself; ask for them with much love, that they may make you more pleasing to Me.

With all a child's simplicity, tell Me how self-seeking you are, how proud, vain, irritable, how cowardly in sacrifice, how lazy in work, uncertain in your good resolutions, and then ask Me to bless and crown your efforts. Poor child, fear not, blush not at the sight of so many failings; there are Saints in Heaven who had the faults you have; they came to Me lovingly, they prayed earnestly to Me, and My grace has made them good and holy in My sight.

You should be mine, body and soul; fear not, therefore, to ask of Me gifts of body and mind, health, judgement, memory, and success, ask for them for My sake; that God may be glorified in all things. I can grant everything, and never refuse to give what may make a soul dearer to Me and better able to fulfil the will of God.

Have you no plans for the future which occupy, perhaps distress, your mind? Tell Me your hopes, your fears. Is it about your future state? Your position among My creatures? Some good you wish to bring to other? In what shall I help and bless your goodwill?

And for Me you must have - have you not? - some zeal, some wish to do good to souls of others. Some, perhaps, who love and care for you, have ceased, almost, to know or care for Me. Shall I give you strength, wisdom and tact, to bring these poor ones close to My Heart again? Have you failed in the past? Tell Me how you acted; I will show you why you did not gain all you expected; rely on Me, I will help you, and will guide you to lead others to Me.

And what crosses have you, my dear child? Have they been many and heavy ones? Has someone caused you pain? Someone wounded your self-love: Slighted you? Injured you? Lay your head upon My Breast, and tell Me how you suffered. Have you felt that some have been ungrateful to you, and unfeeling towards you? Tell Me all, and in the warmth of My Heart you will find strength to forgive and even to forget that they have ever wished to pain you.

And what fear have you, my child? My providence shall comfort you; My love sustain you. I am never away from you, never can abandon you. Are some growing cold in the interest and love they had for you? Pray to Me for them; I will restore them to you if it be better for you and your sanctification.

Have you not some happiness to make known to Me? What has happened since you came to Me last, to console you to gladden and give you joy? What was it? A mark of true friendship you received? A success unexpected and almost unhopd for? A fear suddenly taken away from you? And did you remember the while, that in all it was My Will, My Love, that brought all that your heart has been so glad to have? It was My Hand, my dear child, that guided and prepared all for you. Look to Me now, my child, and say: "Dear Jesus, I thank you."

You will soon leave Me now; what promises can you make Me? Let them be sincere ones, humble ones, full of love and desire to please Me. Tell Me how carefully you will avoid every occasion of sin, drive from you all that leads to harm, and shun the world... the great deceiver of souls.

Promise Me to be kind to the poor; loving for My sake, to friends; forgiving to your enemies, and charitable to all, not in word alone and actions, but in your very thoughts. When you have little love for your neighbor, whom you see, you are forgetting Me who am hidden from you.

Love all My Saints; seek the help of your holy patrons. I love to glorify them by giving you much through them. Love above all, my own sweet glorious Mother - She is your Mother; O love Her, speak to Her often, and She will bring you to Me, and for Her sake I will love and bless you more each day.

Return soon to Me again, but come with your heart empty of the world, for I have many more favours to give, more than you can know of; bring your heart so that I may fill it with many gifts of My love. May peace be with you.

Excerpt from " A Simple Prayer Book" - Catholic Truth Society
Imprimatur: Edm. Can. Surmont, Vic. Gen.
Westminster Il. Die 15 June, 1925

Consecration to Jesus Christ, the Incarnate Wisdom through the Blessed Virgin Mary

O Eternal and Incarnate wisdom! O sweetest and most adorable Jesus! True God and true man, only Son of the Eternal Father, and of Mary, always Virgin! I adore Thee profoundly in the bosom and splendors of Thy Father during eternity; and I adore Thee also in the virginal bosom of Mary, Thy most worthy Mother, in the time of Thine Incarnation.

I give Thee thanks for that Thou hast annihilated Thyself, taking the form of a slave in order to rescue me from the cruel slavery of the devil. I praise and glorify Thee for that Thou hast been pleased to submit Thyself to Mary, Thy holy Mother, in all things, in order to make me Thy faithful slave through her. But alas! Ungrateful and faithless as I have been, I have not kept the promises which I made so solemnly to Thee in my Baptism; I have not fulfilled my obligations; I do not deserve to be called Thy child, nor yet Thy slave; and as there is nothing in me which does not merit Thine anger and Thy repulse, I dare not come by myself before Thy most holy and august majesty. It is on this account that I have recourse to the intercession of Thy most holy Mother, whom Thou hast given me for a mediatrix with Thee. It is through her that I hope to obtain of Thee contrition, the pardon of my sins, and the acquisition and preservation of wisdom.

Hail, then, O Immaculate Mary, living tabernacle of the Divinity, where the Eternal Wisdom willed to be hidden and to be adored by angels and by men! Hail, O Queen of Heaven and earth, to whose empire everything is subject which is under God. Hail, O sure refuge of sinners, whose mercy fails no one. Hear the desires which I have of the Divine Wisdom; and for that end receive the vows and offerings which in my lowliness I present to thee.

I, N..., a faithless sinner, renew and ratify today in thy hands the vows of my Baptism; I renounce forever Satan, his pomps and works; and I give myself entirely to Jesus Christ, the Incarnate Wisdom, to carry my cross after him all the days of my life, and to be more faithful to Him than I have ever been before.

In the presence of all the heavenly court I choose thee this day for my Mother and mistress. I deliver and consecrate to thee, as thy slave, my body and soul, my goods, both interior and exterior, and even the value of all my good actions, past, present and future; leaving to thee the entire and full right of disposing of me, and all that belongs to me, without exception, according to thy good pleasure, for the greater glory of God in time and in eternity.

Receive, O benignant Virgin, this little offering of my slavery, in honor of, and in union with, that subjection which the Eternal Wisdom deigned to have to thy maternity, in homage to the power which both of you have over this poor sinner, and in thanksgiving for the privileges with which the Holy Trinity has favored thee. I declare that I wish henceforth, as thy true slave, to seek thy honor and to obey thee in all things.

O admirable Mother, present me to thy dear Son as His eternal slave, so that as He has redeemed me by thee, by thee He may receive me! O Mother of mercy, grant me the grace to obtain the true Wisdom of God; and for that end receive me among those whom thou lovest and teachest, whom thou leadest, nourishest and protectest as thy children and thy slaves.

O faithful Virgin, make me in all things so perfect a disciple, imitator and slave of the Incarnate Wisdom, Jesus Christ thy Son, that I may attain, by thine intercession and by thine example, to the fullness of His age on earth and of His glory in Heaven. Amen.

Anima Christi

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me.
Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Thy wounds hide me.
Let me not be separated from Thee.
From the malignant enemy defend me.
At the hour of my death call me.
And bid me come unto thee;
That with Thy saints I may praise Thee
For all eternity. Amen.

Renewal of the Consecration of the Family

(To be said at night prayers in union with all families in which the Sacred Heart has been enthroned.)

Most sweet Jesus, humbly kneeling at Thy feet, we renew the consecration of our family to Thy Divine Heart. Be Thou our King forever! In Thee we have full and entire confidence. May Thy spirit penetrate our thoughts, our desires, our words and our works. Bless our undertakings, share in our joys, in our trials and in our labors. Grant us to know Thee better, to love Thee more, to serve Thee without faltering.

By the Immaculate Heart of Mary, Queen of Peace, set up Thy kingdom in our country. Enter closely into the midst of our families and make them Thine own through the solemn enthronement of Thy Sacred Heart, so that soon one cry may resound from home to home:” May the triumphant Heart of Jesus be everywhere loved, blessed and glorified forever!” Honor and glory to the Sacred Hearts of Jesus and Mary!

“Sacred Heart of Jesus, protect our families.”

Most Sacred Heart of Jesus: Have mercy on us! (3 times)

Immaculate Heart of Mary: Pray for us.

St. Joseph: Pray for us.

Litany of Humility

O Jesus, meek and humble of heart, *Hear me.*

From the desire of being esteemed, *Deliver me, O Jesus.*

From the desire of being loved, *Deliver me, O Jesus.*

From the desire of being extolled, *Deliver me, O Jesus.*

From the desire of being honored, *Deliver me, O Jesus.*

From the desire of being praised, *Deliver me, O Jesus.*

From the desire of being preferred to others, *Deliver me, O Jesus.*

From the desire of being consulted, *Deliver me, O Jesus.*

From the desire of being approved, *Deliver me, O Jesus.*

From the fear of being humiliated, *Deliver me, O Jesus.*

From the fear of being despised, *Deliver me, O Jesus.*

From the fear of suffering rebukes, *Deliver me, O Jesus.*

From the fear of being calumniated, *Deliver me, O Jesus.*

From the fear of being forgotten, *Deliver me, O Jesus.*

From the fear of being ridiculed, *Deliver me, O Jesus.*

From the fear of being wronged, *Deliver me, O Jesus.*

From the fear of being suspected, *Deliver me, O Jesus.*

That others may be loved more than I, *Jesus, grant me the grace to desire it.*

That others may be esteemed more than I, *Jesus, grant me the grace to desire it.*

That, in the opinion of the world, others may increase and I may decrease, *Jesus, grant me the grace to desire it.*

That others may be chosen and I set aside, *Jesus, grant me the grace to desire it.*

That others may be praised and I go unnoticed, *Jesus, grant me the grace to desire it.*

That others may be preferred to me in everything, *Jesus, grant me the grace to desire it.*

That others may become holier than I, provided that I may become as holy as I should, *Jesus, grant me the grace to desire it.*

Litany of the Most Holy Name of Jesus

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us. Christ, hear us.

Christ, graciously hear us.

God the Father of Heaven, have mercy on us.

God the Son, Redeemer of the world, have mercy on us.

God the Holy Ghost, have mercy on us.

Holy Trinity, One God, have mercy on us.

Jesus, Son of the living God, Have mercy on us

Jesus, splendor of the Father,

Jesus, brightness of eternal light,

Jesus, King of glory,

Jesus, Sun of justice,

Jesus, Son of the Virgin Mary,

Jesus, most amiable,

Jesus, most admirable,

Jesus, mighty God,

Jesus, Father of the world to come,

Jesus, angel of great counsel,

Jesus, most powerful,

Jesus, most patient,

Jesus, most obedient,

Jesus, meek and humble of heart,

Jesus, Lover of chastity,

Jesus, Lover of us,

Jesus, God of peace,

Jesus, Author of life,

Jesus, Model of virtues,

Jesus, zealous for souls,

Jesus, our God,

Jesus, our Refuge,

Jesus, Father of the poor,

Jesus, Treasure of the faithful,

Jesus, Good Shepherd,

Jesus, true Light,

Jesus, eternal Wisdom,

Jesus, infinite Goodness,

Jesus, our Way and our Life,

Jesus, Joy of Angels,

Have mercy on us

Jesus, King of Patriarchs,
Jesus, Master of Apostles,
Jesus, Teacher of Evangelists,
Jesus, Strength of Martyrs,
Jesus, Light of Confessors,
Jesus, Purity of Virgins,
Jesus, Crown of all Saints,
Be merciful, Spare us, O Jesus.
Be merciful, Graciously hear us.
From all evil, Jesus deliver us.
From all sin,
From Thy wrath,
From the snares of the devil,
From the spirit of fornication,
From everlasting death,
From the neglect of Thine inspirations,
Through the mystery of Thy holy Incarnation,
Through Thy Nativity,
Through Thine Infancy,
Through Thy most divine life,
Through Thy labors,
Through Thine Agony and Passion,
Through Thy Cross and dereliction,
Through Thy faintness and weariness,
Through Thy death and burial,
Through Thy Resurrection,
Through Thine Ascension,
Through Thine institution of the Most Holy Eucharist,
Through Thy joys,
Through Thy glory,
Lamb of God, Who takest away the sins of the world, *Spare us, O Jesus.*
Lamb of God, Who takest away the sins of the world,
Graciously hear us, O Jesus
Lamb of God, Who takest away the sins of the world,
Have mercy on us, O Jesus

Jesus deliver us

Let us pray

O Lord Jesus Christ, Who hast said: “ Ask and ye shall receive; seek, and ye shall find; knock, and it shall be opened unto you” grant, we beseech Thee, to us who ask, the gift of Thy most divine love, that we may ever love Thee with all our heart, and in all our words and actions, and never cease from praising Thee. Make us, O Lord, to have both a perpetual fear and love of Thy holy name, for Thou never failest to govern those whom Thou foundest upon the strength of Thy love, Who livest and reignest, world without end. Amen.

Indulged Prayer before a Crucifix

Behold, O kind and most sweet Jesus, I cast myself upon my knees in Thy sight, and with the most fervent desire of my soul I pray and beseech Thee that Thou wouldst impress upon my heart lively sentiments of faith, hope, and charity, with true repentance for my sins and a firm desire of amendment, whilst with deep affection and grief of soul I ponder within myself and mentally contemplate Thy five most Precious Wounds, having before mine eyes that which the Prophet David spoke of Thee, O good Jesus; They have pierced My hands and My feet; they have numbered all My bones.

Litany of the Most Precious Blood of Jesus

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us. Christ, hear us.

Christ, graciously hear us.

God the Father of Heaven, have mercy on us.

God the Son, Redeemer of the world, have mercy on us.

God the Holy Ghost, have mercy on us.

Holy Trinity, One God, have mercy on us.

Blood of Christ, only begotten Son of the Eternal Father, save us.

Blood of Christ, Incarnate Word of God,

Blood of Christ, of the New and Eternal Testament,

Blood of Christ, falling upon the earth in the Agony,

Blood of Christ, shed profusely in the Scourging,

Blood of Christ, flowing forth in the Crowning with Thorns,

Blood of Christ, poured out on the Cross,

Blood of Christ, Price of our salvation,

Blood of Christ, without which there is no forgiveness,

Blood of Christ, Eucharistic drink and refreshment of souls,

Blood of Christ, river of mercy,

Blood of Christ, Victor over demons,

Blood of Christ, Courage of martyrs,

Blood of Christ, Strength of confessors,

Blood of Christ, bringing forth virgins,

Blood of Christ, Help of those in peril,

Blood of Christ, Relief of the burdened,

Blood of Christ, Solace in sorrow,

Blood of Christ, Hope of the penitent,

Blood of Christ, Consolation of the dying,

Blood of Christ, Peace and Tenderness of hearts,

Blood of Christ, freeing souls from Purgatory,

Blood of Christ, most worthy of all glory and honor,

Lamb of God, Who takest away the sins of the world, *Spare us, O Lord.*

Lamb of God, Who takest away the sins of the world,

Graciously hear us, O Lord.

Lamb of God, Who takest away the sins of the world,
Have mercy on us.
Thou hast redeemed us, O Lord, in Thy Blood,
And made of us a kingdom for our God,

Let us pray

Almighty and Eternal God, Thou hast appointed Thine only begotten Son the Redeemer of the world, and willed to be appeased by His Blood. Grant, we beseech Thee, that we may worthily adore this Price of our salvation, and through its power be safeguarded from the evils of this present life, so that we may rejoice in its fruits forever in Heaven. Through the same Christ Our Lord, Amen.

Devotions to the Blessed Trinity

God the Father

A Universal Prayer for all Things Necessary to Salvation

Composed by Pope Clement XI

O, my God, I believe in Thee; do Thou strengthen my faith. All my hopes art in Thee; do Thou secure them. I love Thee with my whole heart; teach me to love Thee daily more and more. I am sorry that I have offended Thee; do Thou increase my sorrow. I adore Thee as my first beginning. I aspire after Thee as my last end. I give Thee thanks as my constant benefactor. I call upon Thee as my sovereign protector. Vouchsafe, O my God, to conduct me by Thy wisdom, to restrain me by Thy justice, to comfort me by Thy mercy, and to defend me by Thy power. To Thee I desire to consecrate all my thoughts, words, actions, and sufferings; that henceforward I may think of Thee, speak of Thee, willingly refer all my actions to Thy greater glory, and suffer willingly whatever Thou shalt appoint. Lord, I desire that in all things Thy will may be done, because it is Thy will, and in the manner that Thou willest. I beg of Thee to enlighten my understanding, to inflame my will, to purify my body, and to sanctify my soul. Give me strength, O my God, to expiate my offences, to overcome temptations, to subdue my passions, and to acquire the virtues proper to my state. Fill my heart with tender affection for Thy goodness, hatred for my faults, love for my neighbor, and contempt of the world. May Thy grace help me to be submissive to my superiors, condescending to my inferiors, faithful to my friends, and charitable to my enemies. Assist me to overcome sensuality by mortification, avarice by alms deeds, anger my meekness, and tepidity by devotion. O God, make me prudent in my undertakings, courageous in dangers, patient in afflictions, and humble in prosperity. Grant that I may be ever attentive at my prayers, temperate at my meals, diligent in my employment's, and constant in my resolutions. Let my

conscience be ever upright and pure, my exterior modest, my conversation edifying, and my conduct steady. Assist me, that I may continually labor to overcome nature, to correspond with Thy grace, to keep Thy commandments, and to work out my salvation. Discover to me, O my God, the nothingness of this world, the greatness of heaven, the shortness of time, and the length of eternity. Grant that I may prepare for death, that I may fear Thy judgment, that I may escape hell, and in the end, obtain heaven; through the merits of our Lord Jesus Christ. Amen

Litany of Divine Providence

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us. Christ, hear us.

Christ, graciously hear us.

God the Father of Heaven, have mercy on us.

God the Son, Redeemer of the world, have mercy on us.

God the Holy Ghost, have mercy on us.

Holy Trinity, One God, have mercy on us.

God, all-knowing and all-wise, Have mercy on us.

God, all powerful and all good,

God, most patient and most merciful,

Father of mercy and consolation,

God, wonderful and inscrutable in Thy plans,

God, in Whose hands is our life,

God, from Whom all good things and every perfect gift comes,

Thou Who hast made all things for the service of man,

Thou Who governest all with wisdom and love,

Thou Who fillest all living things with blessing,

Thou Who dost clothe the lilies of the field and feed the birds of the air,

Thou Who dost number the hairs of our head,

Thou Who seest in secret,

Thou Who makest the sun to shine upon the good and the bad,

Thou Who allowest it to rain upon the just and the unjust,

Thou Who workest all things for the benefit of those who love Thee,

Thou Who sendest temporal sufferings for our correction and good,

Thou Who dost reward Christian patience with an eternal reward,

God, our sole refuge and hope,

God, our only consoler and helper,

Be merciful, Spare us, O Lord.

Be merciful, Graciously hear us, O Lord.

From all evil, Deliver us, O Lord.

From all sin,

From all murmurings and complaints against Thy holy decrees,

From cowardice and impatience,

From mistrust in Thy divine Providence,

From too great trust in riches and the favor of men,

From immoderate concern for temporal things,

Have mercy on us

Deliver us, O Lord

Deliver us, O Lord

Beseech Thee, hear us

From misuse or neglect of Thy gifts and benefits,
From ingratitude toward Thy loving kindness,
From uncharitableness toward our neighbor,
From obduracy in sin,
From all dangers of body and soul,
From Thy well merited chastisements,
From earthquake, pestilence, famine and distress,
From disease, hunger and war,
From a wicked and unprovided death,
On the day of judgment,
We sinners, Beseech Thee, hear us.
That we may always trust in Thy divine Providence,
That in good fortune we may not become proud and godless,
That in misfortune we may not become discouraged and impatient,
That we may submit simply to all Thy decrees,
That we may praise Thy name whether Thou givest or takest away,
That Thy will may be done on earth as it is in Heaven,
That we may seek consolation from Thee in time of trial,
That Thou mayest give us what is necessary for the support of our life,
That in all adversities we may grow in patience and humility,
That Thou mayest accompany all our labors with Thy blessing,
That Thou mayest reward our temporal sufferings with eternal joys,
That Thou mayest fill our spiritual and civil rulers with the spirit of truth
and the fear of God,
That Thou mayest pity all who suffer want,
That Thou mayest console and raise up all the abandoned and oppressed,
That Thou mayest reward our benefactors with eternal goods,
That we may praise and glorify Thy divine Providence now and forever,
Lamb of God, Who takest away the sins of the world, Spare us, O Lord.
Lamb of God, Who takest away the sins of the world,
Graciously hear us, O Lord
Lamb of God, Who takest away the sins of the world, Have mercy on us.
Christ, hear us.
Christ graciously hear us.
Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Our Father (silently) Hail Mary (silently)
All eyes are turned to Thee, O Lord, *And Thou givest them food in season.*
Thou openest Thy gentle hand, *And fillest with blessing all living things.*
Lord, show us Thy mercy, *And grant us Thy salvation.*

Let us Pray

O God, Whose Providence is never frustrated in its decrees, we beseech Thee to keep from us all harm and grant us every blessing, through Jesus Christ Our Lord. Amen.

Litany of Resignation to the Will of God

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us. Jesus hear us.

Jesus, graciously hear us.

God the Father, Who hath created me, *Hallowed be Thy will.*

God the Son, Who hath redeemed me, *Not my will but Thine be done.*

God the Holy Ghost, Who hath offered sanctification, *Blessed be the Most sweet Will of God.*

Thou Who dost know and foresee all things, *Have mercy on us.*

Thou Who dost govern and rule all things, *Have mercy on us.*

Thou Who, according to Thy inscrutable designs, dost effect all things in a wonderful manner, *Have mercy on us.*

Thou Who dost permit evil in order thence to derive good for the salvation of the elect, *Have mercy on us.*

In all things and in all possible events, *Thy Holy Will be done, O my God.*

In all circumstances and disgraces,

In my state and employment,

In my affairs and occupations,

In all my actions,

In my health and strength,

In my body and soul,

In my life and death,

In myself and in those who belong to me,

In all men and angels,

In all creatures,

In all parts of the earth,

At all times,

For all eternity,

Although weak nature complains,

Although it costs much to self-love and sensuality,

Solely and only through love for Thee and Thy good pleasure,

Because Thou art my Creator,

Because Thou art the Supreme Lord of all things,

Because Thou art infinite perfection, therefore do I say, with all the saints in Heaven,

With the Blessed Virgin Mary, *Thy Holy Will be done, O my God,*

With Jesus in the Garden of Olives, *Thy Holy Will be done, O my God,*

Thy Holy Will be done, O my God

Our Father (silently).

May the just, most amiable will of God be done in all things.

May it be praised and magnified forever! Amen.

Let us pray

Grant me Thy grace, O Father, that perfect resignation to Thy Holy Will may be with me, and labor with me, and continue with me to the end. Grant me always to desire and will that which is most acceptable to Thee and which pleaseth Thee best. Let Thy will be mine, and let my will always follow Thine and agree perfectly with it. Let me always will and not will the same with Thee; let me not be able to will or not will anything except what Thou willest or willest not. Amen.

Place Yourself in the Presence of God

Most holy and adorable Trinity, one God in three Persons, I believe that Thou art here present: I adore Thee with the deepest humility, and render to Thee, with my whole heart, the homage which is due to Thy sovereign majesty.

Devotions to the Holy Ghost

Act of Consecration to the Holy Ghost

On my knees before the great multitude of heavenly witnesses I offer myself, soul and body to You, Eternal Spirit of God. I adore the brightness of Your purity the unerring keenness of Your justice and the might of Your love. You are the Strength and Light of my soul. In You I live and move and am. I desire never to grieve You by unfaithfulness to grace and I pray with all my heart to be kept from the smallest sin against You. Mercifully guard my every thought and grant that I may always watch for Your light and listen to Your voice and follow Your gracious inspirations. I cling to You and give myself to You and ask You by Your compassion to watch over me in my weakness. Holding the pierced Feet of Jesus and looking at His Five Wounds and trusting in His Precious Blood and adoring His opened Side and stricken Heart I implore You Adorable Spirit Helper of my infirmity, so to keep me in Your grace that I may never sin against You. Give me grace O Holy Ghost, Spirit of the Father and the Son to say to You always and everywhere “Speak Lord for Your servant heareth.” Amen.

Prayer for the seven gifts of the Holy Ghost

O Lord Jesus Christ Who, before ascending into heaven did promise to send the Holy Ghost to finish Your work in the souls of Your Apostles and Disciples deign to grant the same Holy Spirit to me that He may perfect in my soul the work of Your grace and Your love. Grant me the Spirit of Wisdom that I may despise the perishable things of this world and aspire only after the things that are

eternal, the Spirit of Understanding to enlighten my mind with the light of Your divine truth, the Spirit of Counsel that I may ever choose the surest way of pleasing God and gaining heaven, the Spirit of Fortitude that I may bear my cross with You and that I may overcome with courage all the obstacles that oppose my salvation, the Spirit of Knowledge that I may know God and know myself and grow perfect in the science of the Saints, the Spirit of Piety that I may find the service of God sweet and amiable, the Spirit of Fear that I may be filled with a loving reverence towards God and may dread in any way to displease Him. Mark me, dear Lord with the sign of Your true disciples and animate me in all things with Your Spirit. Amen.

First Day

*Holy Spirit! Lord of light!
From Your clear celestial height,
Your pure beaming radiance give!*

The Holy Ghost

Only one thing is important, eternal salvation. Only one thing, therefore, is to be feared - sin. Sin is the result of ignorance, weakness, and indifference. The Holy Ghost is the Spirit of Light, of Strength, and of Love. With His sevenfold gifts He enlightens the mind, strengthens the will, and inflames the heart with love of God. To ensure our salvation we ought to invoke the Divine Spirit daily, for "The Spirit helpeth our infirmity. We know not what we should pray for as we ought. But the Spirit Himself asketh for us."

Prayer

Almighty and eternal God, Who hast vouchsafed to regenerate us by water and the Holy Ghost, and hast given us forgiveness of all sins, vouchsafe to send forth from heaven upon us Your sevenfold Spirit, the Spirit of Wisdom and Understanding, the Spirit of Counsel and Fortitude, the Spirit of Knowledge and Piety, and fill us with the Spirit of Holy Fear. Amen.

*Our Father and Hail Mary, Once.
Glory be the Father, Seven Times.*

Act of Consecration, Prayer for the Seven Gifts

Second Day

*Come, Father of the poor!
Come, treasures which endure!
Come, Light of all that live!*

The Gift of Fear

The gift of Fear fills us with a sovereign respect for God, and makes us dread nothing so much as to offend Him by sin. It is a fear that arises, not from the thought of hell, but from sentiments of reverence and filial submission to our

heavenly Father. It is the fear that is the beginning of wisdom, detaching us from worldly pleasures that could in any way separate us from God. “They that fear the Lord will prepare their hearts, and in His sight will sanctify their souls.”

Prayer

Come, O blessed Spirit of Holy Fear, penetrate my inmost heart, that I may set You, my Lord and God, before my face forever; help me to shun all things that can offend You, and make me worthy to appear before the pure eyes of your Divine Majesty in heaven, where You live and reign in the unity of the ever Blessed Trinity, God world without end. Amen.

Our Father and Hail Mary, Once.

Glory be the Father, Seven Times.

Act of Consecration, Prayer for the Seven Gifts

Third Day

*Thou, of all consolers best,
Visiting the troubled breast,
Dost refreshing peace bestow.*

The Gift of Piety

The gift of Piety begets in our hearts a filial affection for God as our most loving Father. It inspires us to love and respect for His sake persons and things consecrated to Him, as well as those who are vested with His authority, His Blessed Mother and the Saints, the Church and its visible Head, our parents and superiors, our country and its rulers. He who is filled with the gift of Piety finds the practice of his religion, not a burdensome duty, but a delightful service. Where there is love, there is no labor.

Prayer

Come, O Blessed Spirit of Piety, possess my heart. Enkindle therein such a love for God, that I may find satisfaction only in His service and for His sake lovingly submit to all legitimate authority. Amen.

Our Father and Hail Mary, Once.

Glory be the Father, Seven Times.

Act of Consecration, Prayer for the Seven Gifts

Fourth Day

*Thou in toil art comfort sweet;
Pleasant coolness in the heat;
Solace in the midst of woe.*

The Gift of Fortitude

By the gift of Fortitude, the soul is strengthened against natural fear, and supported to the end in the performance of duty. Fortitude imparts to the will and impulse and energy which move it to undertake without hesitancy the most arduous tasks, to face dangers, to trample under foot human respect, and to endure without complaint the slow martyrdom of even lifelong tribulation. "He that shall persevere unto the end, he shall be saved."

Prayer

Come, O Blessed Spirit of Fortitude, uphold my soul in time of trouble and adversity, sustain my efforts after holiness, strengthen my weakness, give me courage against all the assaults of my enemies, that I may never be overcome and separated from Thee, my God and greatest Good. Amen.

Our Father and Hail Mary, Once.

Glory be the Father, Seven Times.

Act of Consecration, Prayer for the Seven Gifts

Fifth Day

Light immortal! Light Divine!

Visit Thou these hearts of Thine,

And our inmost being fill!

The Gift of Knowledge

The Gift of Knowledge enables the soul to evaluate created things at their true worth in their relation to God. Knowledge unmask the pretense of creatures, reveals their emptiness, and points out their only true purpose as instruments in the service of God. It shows us the loving care of God even in adversity, and directs us to glorify Him in every circumstance of life. Guided by its light, we put first things first, and prize the friendship of God beyond all else. "Knowledge is a fountain of life to him that possesseth it."

Prayer

Come, O Blessed Spirit of Knowledge, and grant that I may perceive the will of the Father; show me the nothingness of earthly things, that I may realize their vanity and use them only for Thy glory and my own salvation, looking ever beyond them to Thee, and Thy eternal rewards. Amen.

Our Father and Hail Mary, Once.

Glory be the Father, Seven Times.

Act of Consecration, Prayer for the Seven Gifts

Sixth Day

If Thou take Thy grace away,

Nothing pure in man will stay,

All his good is turned to ill.

The Gift of Understanding

Understanding, as a gift of the Holy Ghost, helps us to grasp the meaning of the truths of our holy religion. By faith we know them, but by Understanding we learn to appreciate and relish them. It enables us to penetrate the inner meaning of revealed truths and through them to be quickened to newness of life. Our faith ceases to be sterile and inactive, but inspires a mode of life that bears eloquent testimony to the faith that is in us; we begin to “walk worthy of God in all things pleasing, and increasing in the knowledge of ‘God.’”

Prayer

Come, O Spirit of Understanding, and enlighten our minds, that we may know and believe all the mysteries of salvation; and may merit at last to see the eternal light in Thy Light; and in the light of glory to have a clear vision of Thee and the Father and the Son. Amen.

Our Father and Hail Mary, Once.

Glory be the Father, Seven Times.

Act of Consecration, Prayer for the Seven Gifts

Seventh Day

Heal our wounds, our strength renew;

On our dryness pour Thy dew;

Wash the stains of guilt away!

The Gift of Counsel

The gift of Counsel endows the soul with supernatural prudence, enabling it to judge promptly and rightly what must be done, especially in difficult circumstances. Counsel applies the principles furnished by Knowledge and Understanding to the innumerable concrete cases that confront us in the course of our daily duty as parents, teachers, public servants, and Christian citizens. Counsel is supernatural common sense, a priceless treasure in the quest of salvation. “Above all these things, pray to the Most High, that He may direct thy way in truth.”

Prayer

Come, O Spirit of Counsel, help and guide me in all my ways, that I may always do Thy holy will. Incline my heart to that which is good; turn it away from all that is evil, and direct me by the straight path of Thy commandments to that goal of eternal life for which I long. Amen.

Our Father and Hail Mary, Once.

Glory be the Father, Seven Times.

Act of Consecration, Prayer for the Seven Gifts

Eighth Day

*Bend the stubborn heart and will;
Melt the frozen warm the chill;
Guide the steps that go astray!*

The Gift of Wisdom

Embodying all the other gifts, as charity embraces all the other virtues, Wisdom is the most perfect of the gifts. Of wisdom it is written “all good things came to me with her, and innumerable riches through her hands.” It is the gift of Wisdom that strengthens our faith, fortifies hope, perfects charity, and promotes the practice of virtue in the highest degree. Wisdom enlightens the mind to discern and relish things divine, in the appreciation of which earthly joys lose their savor, whilst the Cross of Christ yields a divine sweetness according to the words of the Saviour: “Take up thy cross and follow me, for my yoke is sweet and my burden light.”

Prayer

Come, O Spirit of Wisdom, and reveal to my soul the mysteries of heavenly things, their exceeding greatness, power and beauty. Teach me to love them above and beyond all the passing joys and satisfactions of earth. Help me to attain them and possess them forever. Amen.

Our Father and Hail Mary, Once.

Glory be the Father, Seven Times.

Act of Consecration, Prayer for the Seven Gifts

Ninth Day

*Thou, on those who evermore
Thee confess and Thee adore,
In Thy sevenfold gifts, descend;
Give them comfort when they die;
Give them life with Thee on high;
Give them joys which never end. Amen.*

The Fruits of the Holy Ghost

The gifts of the Holy Ghost perfect the supernatural virtues by enabling us to practice them with greater docility to divine inspiration. As we grow in the knowledge and love of God under the direction of the Holy Ghost, our service becomes more sincere and generous, the practice of virtue more perfect. Such acts of virtue leave the heart filled with joy and consolation and are known as Fruits of the Holy Ghost. These Fruits in turn render the practice of virtue more attractive and become a powerful incentive for still greater efforts in the service of God, to serve Him is to reign.

Prayer

Come, O Divine Spirit, fill my heart with Thy heavenly fruits, Thy charity, joy, peace, patience, benignity, goodness, faith, mildness, and temperance, that I may never weary in the service of God, but by continued faithful submission to Thy inspiration may merit to be united eternally with Thee in the love of the Father and the Son. Amen.

Our Father and Hail Mary, Once.

Glory be the Father, Seven Times.

Act of Consecration, Prayer for the Seven Gifts

Devotions to Saint Joseph

Prayer to Saint Joseph

Prescribed by Leo XIII for recitation after the Rosary,
during the month of October.

To thee, O blessed Joseph, we have recourse in our affliction, and having implored the help of thy thrice holy Spouse, we now, with hearts filled with confidence, earnestly beg thee also to take us under thy protection. By that charity wherewith thou wert united to the Immaculate Virgin Mother of God, and by that fatherly love with which thou didst cherish the Child Jesus, we beseech thee and we humbly pray that thou wilt look down with gracious eye upon that inheritance which Jesus Christ purchased by His blood, and wilt succor us in our need by thy power and strength. Defend, O most watchful guardian of the Holy Family, the chosen off-spring of Jesus Christ. Keep from us, O most loving Father, all blight of error and corruption. Aid us from on high, most valiant defender, in this conflict with the powers of darkness. And even as of old thou didst rescue the Child Jesus from the peril of His life, so now defend God's Holy Church from the snares of the enemy and from all adversity. Shield us ever under thy patronage, that, following thine example and strengthened by thy help, we may live a holy life, die a happy death, and attain to everlasting bliss in Heaven. Amen

Prayer to Saint Joseph

Patron of the Universal Church

Most powerful patriarch St. Joseph, patron of the Universal Church, which has always invoked thee in anxiety and trouble, from the exalted seat of thy glory cast a loving glance upon the whole Catholic world. Let thy fatherly heart be touched at the sight of the mystical spouse (and God's Vicar) overwhelmed with sorrow and persecuted by powerful enemies. Oh, by the bitter anguish thou didst experience upon earth, dry the tears of the (venerable Pontiff,) defend him, liberate him, intercede for him with the Giver of peace and charity, that, all adversity being removed, and all error dissipated, the entire Church may serve God in perfect liberty. Amen.

Most glorious St. Joseph, virgin spouse of the Immaculate Mother of God, my loving patron, remember that it has never been known that any one invoked thy help, or solicited thy patronage, without obtaining relief. Encouraged by this assurance, I commend my soul and body, my temporal and eternal interests to thy powerful protection. O thou, the adopted Father of the Eternal Son, despise not this appeal, but listen to my prayer and plead for my requests. Amen.

Prayers for Success in Work

Glorious St. Joseph, model of all those who are devoted to labor, obtain for me the grace to work conscientiously, putting the call of duty above my many sins; to work with gratitude and joy, considering it an honor to employ and develop, by means of labor, the gifts received from God; to work with order, peace, moderation and patience, never recoiling before weariness or difficulties; to work, above all, with purity of intention, and with detachment from self, having always death before my eyes and the account which I must render of time lost, of talents wasted, of good omitted, of vain complacency in success so fatal to the work of God. All for Jesus, all for Mary, all after thy example, O Patriarch Joseph. Such shall be my watchword in life and death. Amen. (Ind. 300 days, once a day.)

Litany of Saint Joseph

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us. Christ, hear us.
Christ, graciously hear us.
God the Father of Heaven, have mercy on us.
God the Son, Redeemer of the world, have mercy on us.
God the Holy Ghost, have mercy on us.
Holy Trinity, One God, have mercy on us.
Holy Mary, pray for us.
Saint Joseph, pray for us
Illustrious son of David,
Light of the patriarchs,
Spouse of the Mother of God,
Chaste guardian of the Virgin,
Foster father of the Son of God,
Watchful defender of Christ,
Head of the Holy Family,
Joseph most just,
Joseph most chaste,
Joseph most prudent,
Joseph most valiant,
Joseph most obedient,
Joseph most faithful,

Pray for us

Mirror of patience,
 Lover of poverty,
 Model of workmen,
 Glory of domestic life,
 Guardian of virgins,
 Pillar of families,
 Solace of the afflicted,
 Hope of the sick,
 Patron of the dying,
 Terror of demons,
 Protector of Holy Church,
 Lamb of God, Who takest away the sins of the world, Spare us, O Lord.
 Lamb of God, Who takest away the sins of the world,
 Graciously hear us, O Lord.
 Lamb of God, Who takest away the sins of the world, Have mercy on us.

Let us pray

O God, Who in Thine ineffable providence didst choose Blessed Joseph to be the spouse of Thy most Holy Mother, grant that as we venerate him as our protector on earth, we may deserve to have him as our intercessor in Heaven, Thou Who livest and reignest forever and ever. Amen.

Prayer for Purity

O Saint Joseph, guardian and father of virgins, to whose faithful custody Christ Jesus, Innocence itself, and Mary, Virgin of virgins, were committed : I pray and beseech thee by each of these most dear pledges, Jesus and Mary, that, being preserved from all uncleanness, I may with spotless mind, pure heart, and chaste body, serve Jesus and Mary most chastely all the days of my life. Amen.

Prayer for a happy death

O Holy Joseph, chaste spouse of the Mother of God, most glorious advocate of all who are in danger or in their last agony, and most faithful protector of all the servants of Mary, I, in the presence of Jesus and Mary, do from this moment choose you for my powerful patron and advocate, and I implore of you to obtain for me through your powerful intercession the grace of a happy death. Receive me, therefore, for your perpetual servant, and recommend me to the constant protection of Mary, your spouse, and to the everlasting mercies of Jesus my Saviour. Assist me in all the actions of my life, which I now offer to the greater glory of Jesus and Mary. Never, therefore, forsake me; and whatsoever grace you see most necessary and profitable for me, obtain it for me now and also at the hour of my death. I know not when I shall die, but in whatsoever hour it shall happen I invite you to be with me at my deathbed. Through your gracious intercession may there be granted me in my last hour all the graces I need, through the merits of Jesus Christ, my Saviour, Who together with the Father and the Holy Ghost, liveth and reigneth, world without end. Amen.

Prayer to St. Joseph

(St. Pius X)

Glorious St. Joseph, model of all those who are devoted to labor, obtain for me the grace to work in a spirit of penance for the expiation of my sins; to work conscientiously, putting the call of duty above my inclinations; to work with gratitude and joy, considering it an honor to employ and develop, by means of labor, the gifts received from God; to work with order, peace, moderation and patience, without recoiling before weariness or difficulties; to work, above all, with purity of intention, and with detachment from self, having always death before my eyes and the account which I must render of time lost, of talents wasted, of good omitted, of vain complacency in success, so fatal to the work of God. All for Jesus, all for Mary, all after thy example, O Patriarch Joseph. Such shall be my watchword in life and in death. Amen.

Devotions to the Saints

Litany of the Saints

Lord, have mercy on us.

Christ, have mercy on us.

Lord, have mercy on us. Christ, hear us.

Christ, graciously hear us.

God the Father of Heaven, have mercy on us.

God the Son, Redeemer of the world, have mercy on us.

God the Holy Ghost, have mercy on us.

Holy Trinity, One God, have mercy on us.

Holy Mary, pray for us.

Holy Mother of God,

Holy Virgin of virgins,

St. Michael,

St. Gabriel,

St. Raphael,

All you holy Angels and Archangels,

All you holy orders of blessed Spirits,

St. John the Baptist,

St. Joseph,

All you holy Patriarchs and Prophets,

St. Peter,

St. Paul,

St. Andrew,

St. James(the Minor),

St. John,

St. Thomas,

St. James(the Greater),

St. Philip,

St. Bartholomew,

St. Matthew,

Pray for us

St. Simon,
St. Thaddeus,
St. Matthias,
St. Barnabas,
St. Luke,
St. Mark,

All you holy Apostles and Evangelists,
All you holy Disciples of our Lord,
All you holy Innocents,

St. Stephen,
St. Laurence,
St. Vincent,
St. Fabian and St. Sebastian,
St. John and St. Paul,
St. Cosmas and St. Damian,
St. Gervase and St. Protase,

All you holy Martyrs,
St. Sylvester,
St. Gregory,

St. Ambrose,
St. Augustine,
St. Jerome,

St. Martin,
St. Nicholas,

All you holy Bishops and Confessors,
All you holy Doctors,

St. Anthony,
St. Benedict,
St. Bernard,
St. Dominic,
St. Francis,

All you holy Priests and Levites,
All you holy Monks and Hermits,
St. Mary Magdalen,

St. Agatha,
St. Lucy,
St. Agnes,
St. Cecilia,
St. Catherine,
St. Anastasia,

All you holy Virgins and Widows,

All you holy men and women, Saints of God, *make intercession for us.*

Be merciful, spare us, O Lord.

Be merciful, graciously hear us, O Lord.

From all evil, deliver us, O Lord.

From all sin, deliver us, O Lord.

From Thy wrath,
From sudden and unprovided death,
From the snares of the devil,
From anger, hatred, and all ill will,
From the spirit of fornication,
From lightning and tempest,
From the scourge of earthquake,
From plague, famine and war,
From everlasting death,
Through the mystery of Thy holy Incarnation, deliver us, O Lord.
Through Thy Coming,
Through Thy Nativity,
Through Thy Baptism and holy fasting,
Through Thy Cross and Passion,
Through Thy Death and Burial,
Through Thy Holy Resurrection,
Through Thy admirable Ascension,
Through the coming of the Holy Spirit, the Paraclete,
In the day of judgment,

Deliver us, O Lord

We sinners, we beseech Thee hear us.
That Thou would spare us,
That Thou would pardon us,
That Thou would bring us to true penance,
That Thou would vouchsafe to govern and preserve Thy holy Church,
That Thou would vouchsafe to preserve our Apostolic Prelate, and all orders
of the Church in holy religion,
That Thou would vouchsafe to humble the enemies of holy Church,
That Thou would vouchsafe to give peace and true concord to Christian
kings and princes,
That Thou would vouchsafe to grant peace and unity to all Christian people,
That Thou would restore to the unity of the Church all who have strayed
from the truth, and lead all unbelievers to the light of the Gospel,
That Thou would vouchsafe to confirm and preserve us in Thy holy service,
That Thou would lift up our minds to heavenly desires,
That Thou would render eternal blessings to all our benefactors,
That Thou would deliver our souls, and the souls of our brethren, relations
and benefactors from eternal damnation,
That Thou would vouchsafe to give and preserve the fruits of the earth,
That Thou would vouchsafe graciously to hear us,
Son of God,
Lamb of God, Who takest away the sins of the world, *Spare us, O Lord.*
Lamb of God, Who takest away the sins of the world,
Graciously hear us, O Lord.
Lamb of God, Who takest away the sins of the world, *Have mercy on us.*
Christ, hear us. *Christ, graciously hear us.*

We beseech Thee, hear us

Lord, have mercy on us. *Christ, have mercy on us.* Lord, have mercy on us.
Our Father... (secretly) And lead us not into temptation.
But deliver us from evil. Amen.

Prayer to St. Rita

Holy Patroness of those in need, St. Rita, whose pleadings before thy Divine Lord are almost irresistible, who for thy lavishness in granting favors hast been called the Advocate of the Hopeless and even of the Impossible; St. Rita, so humble, so pure, so mortified, so patient and of such compassionate love for thy Crucified Jesus that thou couldst obtain from Him whatsoever thou askest, on account of which all confidently have recourse to thee, expecting, if not always relief, at least comfort; be propitious to our petition, showing thy power with God in behalf of thy suppliant; be lavish to us as thou hast been in so many wonderful cases, for the greater glory of God, for the spreading of thy own devotion, and for the consolation of those who trust in thee. We promise, if our petition is granted, to glorify thee by making known thy favor, to bless and sing thy praises forever. Relying then on thy merits and power before the Sacred Heart of Jesus, we pray thee (*here mention your request*).

Let us Pray

O God, Who in Thine infinite tenderness hast vouchsafed to regard the prayer of Thy servant, blessed Rita, and dost grant to her supplication that which is impossible to human foresight, skill and efforts, in reward for her compassionate love and firm reliance on Thy promise: have pity upon our adversity and succor us in our calamities, that the unbeliever may know Thou art the recompense of the humble, the defense of the helpless, and the strength of those who trust in Thee: Through Jesus Christ, Our Lord. Amen

Prayer to Saint Genevieve

(Patroness of Employees)

Recite daily for 9 days to make a novena

O great St. Genevieve, I place myself under thy most powerful protection. Bless me, my family, my friends, and all those for whom I should pray. Bless the houses in which we dwell. Be our safeguard against the dangers which threaten us. Protect Christian mothers, obtain for their children the grace of Baptism. Provide for us work, together with the necessities of life. Obtain for us especially the grace to live and die in God's friendship and to have the happiness of meeting thee in Heaven, there to praise forever the great God who created us and redeemed us on the Cross. Amen

St. Genevieve, patroness of employees, pray for us.

The Breastplate of St. Patrick

May the strength of God guide me this day;
May His power preserve me;
May the wisdom of God instruct me;

May the eye of God watch over me;
May the ear of God hear me;
May the word of God give sweetness to my speech;
May the hand of God defend me;
May I follow the way of God.
Christ be with me, Christ before me,
Christ be after me, Christ be within me,
Christ beneath me, Christ above me,
Christ at my right hand, Christ at my left hand,
Christ in the fort, Christ in the chariot,
Christ in the ship;
Christ in the heart of every man who thinks of me.
Christ in the mouth of every man who speaks to me.
Christ in every eye that sees me.
Christ in every ear that hears me.

Prayer to Saint Jude

Most holy apostle, St. Jude, faithful servant and friend of Jesus, the Church honors and invokes you universally, as the patron of hopeless cases, of things almost despaired of. Pray for me, I am so helpless and alone. Make use I implore you, of that particular privilege given to you, to bring visible and speedy help where help is almost despaired of. Come to my assistance in this great need that I may receive the consolation and help of heaven in all my necessities, tribulations, and sufferings, particularly (Here make your request) and that I may praise God with you and all the elect forever. I promise, O blessed St. Jude, to be ever mindful of this great favor, to always honor you as my special and powerful patron, and to gratefully encourage devotion to you. Amen.

Devotions to the Angels

Send Your Angel to Holy Mass

O Holy Angel at my side, go to the Church for me.
Kneel in my place at Holy Mass, where I desire to be.
At Offertory, in my stead, take all I am and own.
And place it as a sacrifice, Upon the altar throne.
At Holy Consecration's bell, adore with Seraph's love.
My Jesus hidden in the Host, come down from Heaven above.
Then pray for those I dearly love, and those who cause me grief.
That Jesus' Blood may cleanse all hearts, and suffering souls relieve.
And when the priest Communion takes, Oh, bring my Lord to me.
That His sweet Heart may rest on mine, and I His temple be.
Pray that this Sacrifice Divine, may mankind's sins efface.
Then bring me Jesus blessing home, the pledge of every grace.

A Prayer to the Guardian Angel

O Angel of God, my blessed protector, to whose care I have been committed by my Creator from the moment of my birth, unite with me in thanking the Almighty for having given me a friend, an instructor, an advocate, and a guardian in thee. Accept, O most charitable guide, my fervent thanksgiving for all thou hast done for me; particularly for the charity with which thou didst undertake to accompany me through life; for the joy with which thou wert filled when I was purified in the waters of Baptism; and for thy anxious solicitude in watching over the treasure of my innocence. Thou knowest the numberless graces and favors which my Creator has bestowed on me through thee, and the many dangers, both spiritual and temporal from which thou hast preserved me. Thou knowest how often thou didst deplore my sins, animate me to repentance, and intercede with God for my pardon. Ah! Why have I so little merited a continuance of thy zealous efforts for my salvation? Why have I so often stained my soul by sin, and thereby rendered myself unworthy of the presence and protection of an angel, of so pure a spirit as thou art, who never sinned? But as my ingratitude and thoughtlessness have not lessened thy charitable interest for my salvation, so neither shall they diminish my confidence in thy goodness, nor prevent me from abandoning myself to thy care, since God Himself has entrusted thee with the charge of my soul. Penetrated with sorrow for the little progress I have made in virtue, though blessed with such a Master, and sincerely determined to correspond in future with thy exertions for my salvation, I most earnestly entreat thee, O protecting spirit, to continue thy zealous efforts for my eternal interest; to fortify my weakness, to shield me from innumerable dangers of the world and to obtain by thy powerful prayers that my life may rather be shortened, than that I should live to commit a mortal sin. Remember, O most happy spirit, that it was one act of profound humility, and one transport of ardent love for thy Creator, that caused God to establish thee forever in glory; obtain that those virtues may be implanted in my soul, and that I may seriously endeavor to acquire docility, obedience, gentleness and purity of heart. Conduct me safely through this world of sin and misery; watch over me at the awful hour of my death; perform for my soul the last charitable office of thy mission, by strengthening, encouraging, and supporting me in the agonies of dissolution, and then, as the angel Raphael conducted Tobias safely to his father, do thou, my good angel and blessed guide, return with me to Him who sent thee that we may mutually bless Him, and publish His wonderful works for a happy eternity. Amen.

Novena to the Holy Angels

O all ye holy Angels, who contemplate unceasingly the uncreated beauty of the Divinity, in company with our ever glorious Queen, we present and offer to you this novena not only as a means of obtaining favors (here specify your request), but also as a reparation for our past ingratitude, and that of all men. Deign to accept it, O amiable Spirits, in union with the love and devotion of such saints as were especially devout to you, and obtain for us the grace to spend this

life fervently that it may be the commencement of that blessed life which we hope to live forever with you in heaven. O God, who with wonderful order hast regulated the functions of angels and men, grant that those who always assist before Thy throne in heaven may defend our lives here on earth, through Jesus Christ, Thy Son, our Lord, who liveth and reigneth with Thee, in the unity of the Holy Ghost, one God, world without end. Amen.

Prayer to the August Queen of Heaven

August Queen of Heaven, Sovereign Mistress of the Angels, who didst receive from the beginning the mission and the power to crush the serpent's head, we beseech thee to send thy holy angels, that under thy command and by thy power they may pursue the evil spirits, encounter them on every side, resist their bold attacks, and drive them hence into the abyss of woe. Most holy Mother, send thy angels to defend us and to drive the cruel enemy from us. All ye holy Angels and Archangels, keep and defend us. Amen

O good and tender Mother Thou shalt ever be our love and our hope. Holy Angels and Archangels, keep and defend us. Amen

Indulgenced prayer. St. Pius X on 8 July 1908. Original text from the prayer dedicated by our Lady to Fr. Cestac on 13 January 1864. It is recommended to learn it by heart

The Way of the Cross

According to the method of St. Francis of Assisi

The Stations of the Cross

Preparatory Prayer

Together: O most merciful Jesus, with a contrite heart and penitent spirit, I bow down in profound humility before Thy divine majesty. I adore Thee as my supreme Lord and Master; I believe in Thee, I hope in Thee, I love Thee above all things. I am heartily sorry for having offended Thee, my Supreme and Only Good. I resolve to amend my life, and although I am unworthy to obtain mercy, yet the sight of Thy holy cross, on which Thou didst die, inspires me with hope and consolation. I will, therefore, meditate on Thy sufferings and visit the stations of Thy Passion in company with Thy sorrowful Mother and my guardian angel, with the intention of promoting Thy honor and saving my soul. I desire to gain all the indulgences granted for this holy exercise for myself and for the Poor Souls in Purgatory. O merciful Redeemer, who hast said, "And I, if I be lifted from earth, will draw all things to Myself," draw my heart and my love to Thee, that I may perform this devotion as perfectly as possible, and that I may live and die in union with Thee. Amen.

First Station

Jesus is Condemned to Death

We adore Thee, O Christ, and we praise Thee,
Because by Thy holy cross Thou hast redeemed the world.

Priest: Jesus, most innocent, who neither did nor could commit a sin, was condemned to death, and moreover, to the most ignominious death of the cross. To remain a friend of Caesar, Pilate delivered Him into the hands of His enemies. A fearful crime to condemn Innocence to death, and to offend God in order not to displease men!

People: O innocent Jesus, having sinned, I am guilty of eternal death, but Thou willingly dost accept the unjust sentence of death, that I might live. For whom, then, shall I henceforth live, if not for Thee, my Lord? Should I desire to please men, I could not be Thy servant. Let me, therefore, rather displease men and all the world, than not please Thee, O Jesus.

Our Father. Hail Mary. Glory Be.

Lord Jesus crucified,
Have mercy on us!

At the cross her station keeping,
Stood the mournful Mother weeping,
Close to Jesus to the last.

Second Station

Jesus is Made to Carry His Cross

We adore Thee, O Christ, and we praise Thee,
Because by Thy holy cross Thou hast redeemed the world.

Priest: When our divine Saviour beheld the cross, He most willingly stretched out His bleeding arms, lovingly embraced it, and tenderly kissed it, and placing it on His bruised shoulders, He, although almost exhausted, joyfully carried it.

People: O my Jesus, I cannot be Thy friend and follower, if I refuse to carry the cross. O dearly beloved cross! I embrace thee, I kiss thee, I joyfully accept thee from the hands of my God. Far be it from me to glory in anything, save in the cross of my Lord and Redeemer. By it the world shall be crucified to me and I to the world, that I may be Thine forever.

Our Father. Hail Mary. Glory Be.

Lord Jesus, crucified,
Have mercy on us!

Through her heart, His sorrow sharing,
All His bitter anguish bearing,
Now at length the sword has passed.

Third Station

Jesus Falls the First Time.

We adore Thee, O Christ, and we praise Thee,
Because by Thy holy cross Thou hast redeemed the world.

Priest: Our dear Saviour, carrying the cross, was so weakened by its heavy weight as to fall exhausted to the ground. Our sins and misdeeds were the heavy burden which oppressed Him: the cross was to Him light and sweet, but our sins were galling and insupportable.

People: O my Jesus, Thou didst bear my burden and the heavy weight of my sins. Should I, then, not bear in union with Thee, my east burden of suffering and accept the sweet yoke of Thy commandments? Thy yoke is sweet and Thy burden is light: I therefore willingly accept it. I will take up my cross and follow Thee.

Our Father. Hail Mary. Glory Be.

Lord Jesus, crucified,
Have mercy on us!

Oh, how sad and sore distressed
Was that Mother highly blessed
Of the sole begotten One!

Fourth Station
Jesus Meets His Sorrowful Mother

We adore Thee, O Christ, and we praise Thee,
Because by Thy holy cross Thou hast redeemed the world.

Priest: How painful and how sad it must have been for Mary, the sorrowful Mother, to behold her beloved Son, laden with the burden of the cross! What unspeakable pangs her most tender heart experienced! How earnestly did she desire to die in place of Jesus, or at least with Him! Implore this sorrowful Mother that she assist you in the hour of your death.

People: O Jesus, O Mary, I am the cause of the great and manifold pains which pierce your loving hearts.! Oh, that also my heart would feel and experience at least some of your sufferings! O Mother of Sorrows, let me participate in the sufferings which thou and Thy Son endured for me, and let me experience thy sorrow, that afflicted with thee, I may enjoy thy assistance in the hour of my death.

Our Father. Hail Mary. Glory Be.

Lord Jesus, crucified,
Have mercy on us!

Christ above in torment hangs,
She beneath beholds the pangs
Of her dying, glorious Son.

Fifth Station
Simon of Cyrene Helps Jesus to Carry His Cross

We adore Thee, O Christ, and we praise Thee,
Because by Thy holy cross Thou hast redeemed the world

Priest: Simon of Cyrene was compelled to help Jesus carry His cross, and Jesus accepted his assistance. How willingly would He also permit you to carry the cross: He calls, but you hear Him not; He invites you, but you decline. What a reproach, to bear the cross reluctantly!

People: O Jesus! Whosoever does not take up his cross and follow Thee, is not worthy of Thee. Behold, I join Thee in the Way of Thy Cross; I will be Thy assistant, following Thy bloody footsteps, that I may come to Thee in eternal life.

Our Father. Hail Mary. Glory Be.

Lord Jesus, crucified,
Have mercy on us!

Is there one who would not weep
Whelmed in miseries so deep
Christ's dear Mother to Behold?

Sixth Station

Veronica Wipes the Face of Jesus

We adore Thee, O Christ, and we praise Thee,
Because by Thy holy cross Thou hast redeemed the world.

Priest: Veronica, impelled by devotion and compassion, presents her veil to Jesus to wipe His disfigured face. And Jesus imprints on it His holy countenance: a great recompense for so small a service. What return do you make to your Saviour for His great and manifold benefits?

People: Most merciful Jesus! What return shall I make for all the benefits Thou hast bestowed upon me? Behold, I consecrate myself entirely to Thy service. I offer and consecrate to Thee my heart: imprint on it Thy sacred image, never again to be effaced by sin.

Our Father. Hail Mary. Glory Be.

Lord Jesus, crucified,
Have mercy on us!

Can the human heart refrain
From partaking in her pain,
In that Mother's pain untold?

Seventh Station

Jesus Falls the Second Time

We adore Thee, O Christ, and we praise Thee,
Because by Thy holy cross Thou hast redeemed the world.

Priest: The suffering Jesus, under the weight of His cross, again falls to the ground; but the cruel executioners do not permit Him to rest a moment. Pushing and striking Him, they urge Him onward. It is the frequent repetition of our sins which oppress Jesus. Witnessing this, how can I continue to sin?

People: O Jesus, Son of David, have mercy on me! Offer me Thy helping hand, and aid me, that I may not fall again into my former sins. From this very moment, I will earnestly strive to reform: nevermore will I sin! Thou, O sole support of the

weak, by Thy grace, without which I can do nothing, strengthen me to carry out faithfully this my resolution.

Our Father. Hail Mary. Glory Be.

Lord Jesus, crucified,
Have mercy on us!

Bruised, derided, cursed, defiled,
She beheld her tender child,
All with bloody scourges rent,

Eighth Station **The Women of Jerusalem Weep over Jesus**

We adore Thee, O Christ, and we praise Thee,
Because by Thy holy cross Thou hast redeemed the world.

Priest: These devoted women, moved by compassion, weep over the suffering Saviour. But He turns to them, saying: “Weep not for Me, Who am innocent, but weep for yourselves and for your children.”. Weep thou also, for there is nothing more pleasing to Our Lord and nothing more profitable for thyself, than tears shed from contrition for thy sins.

People: O Jesus, Who shall give to my eyes a torrent of tears, that day and night I may weep for my sins? I beseech Thee, through Thy bitter and bloody tears, to move my heart by Thy divine grace, so that from my eyes tears may flow abundantly, and that I may weep all my days over Thy sufferings, and still more over their cause, my sins.

Our Father. Hail Mary. Glory Be.

Lord Jesus, crucified,
Have mercy on us!

For the sins of His own nation
Saw Him hang in desolation
Till His spirit forth He sent.

Ninth Station **Jesus Falls the Third Time**

We adore Thee, O Christ, and we praise Thee,
Because by Thy holy cross Thou hast redeemed the world.

Priest: Jesus, arriving exhausted at the foot of Calvary, falls for the third time to the ground. His love for us, however, is not diminished, not extinguished. What a fearfully oppressive burden our sins must be to cause Jesus to fall so often! Had He, however, not taken them upon Himself, they would have plunged us into the abyss of Hell.

People: Most merciful Jesus, I return Thee infinite thanks for not permitting me to continue in sin and to fall, as I have so often deserved, into the depths of Hell. Enkindle in me an earnest desire of amendment; let me never again relapse, but vouchsafe me the grace to persevere in penance to the end of my life.

Our Father. Hail Mary. Glory Be.

Lord Jesus, crucified,
Have mercy on us!

O thou Mother! fount of love
Touch my spirit from above.
Make my heart with thine accord:

Tenth Station

Jesus is Stripped of His Garments

We adore Thee, O Christ, and we praise Thee,
Because by Thy holy cross Thou hast redeemed the world.

Priest: When Our Saviour had arrived on Calvary, He was cruelly despoiled of His garments. How painful this must have been because they adhered to His wounded and torn body, and with them parts of His bloody skin were removed! All the wounds of Jesus are renewed. Jesus was despoiled of His garments that He might die possessed of nothing; how happy will I also die after laying aside my former self with all evil desires and sinful inclinations!

People: Induce me, O Jesus, to lay aside my former self and to be renewed according to Thy will and desire. I will not spare myself, however painful this should be for me: despoiled of things temporal, of my own will, I desire to die, in order to live for Thee forever.

Our Father. Hail Mary. Glory Be.

Lord Jesus, crucified,
Have mercy on us!

Make me feel as thou hast felt;
Make my soul to glow and melt
With the love of Christ, my Lord.

Eleventh Station

Jesus is Nailed to the Cross

We adore Thee, O Christ, and we praise Thee,
Because by Thy holy cross Thou hast redeemed the world.

Priest: Jesus, being stripped of His garments, was violently thrown upon the cross and His hands and feet nailed thereto. In such excruciating pains He remained silent, because it pleased His heavenly Father. He suffered patiently, because He suffered for me. How do I act in sufferings and in troubles? How fretful and impatient, how full of complaints I am!

People: O Jesus, gracious Lamb of God, I renounce forever my impatience. Crucify, O Lord, my flesh and its concupiscences; scourge, scathe, and punish me in this world, do but spare me in the next. I commit my destiny to Thee, resigning myself to Thy holy will: may it be done in all things!

Our Father. Hail Mary. Glory Be.

Lord Jesus, crucified,
Have mercy on us!

Holy Mother, pierce me through!
In my heart each wound renew
Of my Saviour crucified.

Twelfth Station

Jesus is Raised upon the Cross and Dies

We adore Thee, O Christ, and we praise Thee,
Because by Thy holy cross Thou hast redeemed the world.

Priest: Behold Jesus crucified! Behold His wounds, received for love of you! His whole appearance betokens love: His head is bent to kiss you; His arms are extended to embrace you; His Heart is open to receive you. O superabundance of love, Jesus, the Son of God, dies upon the cross, that man may live and be delivered from everlasting death!

People: O most amiable Jesus! Who will grant me that I may die for Thee! I will at least endeavor to die to the world. How must I regard the world and its vanities, when I behold Thee hanging on the cross, covered with wounds? O Jesus, receive me into Thy wounded Heart: I belong entirely to Thee; for Thee alone do I desire to live and to die.

Our Father. Hail Mary. Glory Be.

Lord Jesus, crucified,
Have mercy on us!

Let me share with thee His pain,
Who for all our sins was slain,
Who for me in torments.

Thirteenth Station

Jesus is Taken down from the Cross and Placed in the Arms of His Mother

We adore Thee, O Christ, and we praise Thee,
Because by Thy holy cross Thou hast redeemed the world.

Priest: Jesus did not descend from the cross but remained on it until He died. And when taken down from it, He in death as in life, rested on the bosom of His Holy Mother. Persevere in your resolutions of reform and do not part from the cross; he who persevereth to the end shall be saved. Consider, moreover, how pure the heart should be that receives the body and blood of Christ in the Adorable Sacrament of the Altar.

People: O Lord Jesus, Thy lifeless body, mangled and lacerated, found a worthy resting place on the bosom of Thy virgin Mother. Have I not often compelled Thee to dwell in my heart, full of sin and impurity as it was? Create in me a new heart, that I may worthily receive Thy most sacred body in Holy Communion, and that Thou mayest remain in me and I in Thee for all eternity.

Our Father. Hail Mary. Glory Be.

Lord Jesus, crucified,
Have mercy on us!

Let me mingle tears with thee,
Mourning Him who mourned for me,
All the days that I may live.

Fourteenth Station

Jesus is Laid in the Sepulchre

We adore Thee, O Christ, and we praise Thee,
Because by Thy holy cross Thou hast redeemed the world.

Priest: The body of Jesus is interred in a stranger's sepulchre. He who in this world had not whereupon to rest His head, would not even have a grave of His own, because He was not from this world. You, who are so attached to the world, henceforth despise it, that you may not perish with it.

People: O Jesus, Thou hast set me apart from the world; what, then, shall I seek therein? Thou hast created me for Heaven, what then, have I to do with the world? Depart from me, deceitful world, with thy vanities! Henceforth I will follow the Way of the Cross traced out for me by my Redeemer, and journey onward to my heavenly home, there to dwell forever and ever.

Our Father. Hail Mary. Glory Be.

Lord Jesus, crucified,
Have mercy on us!

By the cross with thee to stay,
There with thee to weep and pray,
Is all I ask of thee to give.

Concluding Prayer

Together: Almighty and eternal God, merciful Father, who hast given to the human race Thy beloved Son as an example of humility, obedience, and patience, to precede us on the way of life, bearing the cross: Graciously grant us that we, inflamed by His infinite love, may take up the sweet yoke of His Gospel together with the mortification of the cross, following Him as His true disciples, so that we shall one day gloriously rise with Him and joyfully hear the final sentence: "Come, ye blessed of My Father, and possess the kingdom which was prepared for you from the beginning, " where Thou reignest with the Son and the Holy Ghost, and where we hope to reign with Thee, world without end. Amen.

Our Father. Hail Mary. Glory Be.

The Way of the Cross
According to St Alphonsus Liguori

Preparatory Prayer

My Lord Jesus Christ,* Thou hast made this journey to die for me with love unutterable,* and I have so many times unworthily abandoned Thee;* but now I love Thee with my whole heart,* and because I love Thee,* I repent sincerely for ever having offended Thee.* Pardon me, my God,* and permit me to accompany Thee on this journey.* Thou goest to die for love of me;* I wish also,* my beloved Redeemer,* to die for love of Thee.* My Jesus,* I will live and die always united to Thee.*

First Station.

Jesus is condemned to Death

We adore Thee, O Christ, and we praise Thee.
Because by Thy Holy Cross, Thou hast redeemed the world.

Priest: Consider how Jesus, after having been scourged and crowned with thorns, was unjustly condemned by Pilate to die on the Cross.

People: My adorable Jesus,* it was not Pilate,* no, it was my sins that condemned Thee to die.* I beseech Thee, by the merits of this sorrowful journey,* to assist my soul in its journey towards eternity.* I love Thee, my beloved Jesus;* I love Thee more than myself,* I repent with my whole heart of having offended Thee.* Never permit me to separate myself from Thee again.* Grant that I may love Thee always;* and then do with me what Thou wilt.*

Our Father. Hail Mary. Glory Be

Lord Jesus crucified,
Have mercy on us!

Second Station.

Jesus is made to carry His Cross

Priest: Consider that Jesus, in making this journey with the Cross on His shoulders thought of us, and offered for us to His Father the death He was about to undergo.

People: My most beloved Jesus,* I embrace all the tribulations Thou hast destined for me until death.* I beseech Thee,* by the merits of the pain Thou didst suffer in carrying Thy Cross,* to give me the necessary help* to carry mine with perfect patience and resignation.* I love Thee, Jesus my love;* I repent of having offended Thee.* Never permit me to separate myself from Thee again.* Grant that I may love Thee always;* and then do with me what Thou wilt.*

Our Father. Hail Mary. Glory Be

Lord Jesus crucified,
Have mercy on us!

Third Station.
Jesus falls the First Time

Priest: Consider this first fall of Jesus under His Cross. His flesh was torn by the scourges, His head crowned with thorns, and He had lost a great quantity of blood. He was so weakened that he could scarcely walk, and yet he had to carry this great load upon His shoulders. The soldiers struck Him rudely, and thus He fell several times in His journey.

People: My beloved Jesus,* it is not the weight of the Cross,* but my sins,* which has made Thee suffer so much pain.* Ah, by the merits of this first fall,* deliver me from the misfortune of falling into mortal sin.* I love Thee, O my Jesus, with my whole heart;* I repent of having offended Thee.* Never permit me to separate myself from Thee again.* Grant that I may love Thee always;* and then do with me what Thou wilt.*

Our Father. Hail Mary. Glory Be

Lord Jesus crucified,
Have mercy on us!

Fourth Station.
Jesus meets His Sorrowful Mother

Priest: Consider the meeting of the Son and the Mother, which took place on this journey. Jesus and Mary looked at each other, and their looks became as so many arrows to wound those hearts which loved each other so tenderly.

People: My most loving Jesus,* by the sorrow Thou didst experience in this meeting,* grant me the grace of a truly devoted love for Thy most holy Mother.* And thou, my Queen,* who wast overwhelmed with sorrow,* obtain for me by thy intercession* a continual and tender remembrance of the Passion of thy Son.* I love Thee,* Jesus my love;* I repent of ever having offended Thee.* Never permit me to offend Thee again.* Grant that I may love Thee always;* and then do with me what Thou wilt.*

Our Father. Hail Mary. Glory Be

Lord Jesus crucified,
Have mercy on us!

Fifth Station.
Simon of Cyrene helps Jesus to carry His Cross

Priest: Consider that the Jews, seeing that at each step Jesus, from weakness, was on the point of expiring, and fearing that He would die on the way, when they wished Him to die the ignominious death of the Cross, constrained Simon the Cyrenian to carry the Cross behind our Lord.

People: My most sweet Jesus,* I will not refuse the Cross, as the Cyrenian did;* I accept it; I embrace it.* I accept in particular the death Thou hast destined for me;* with all the pains that may accompany it;* I unite it to Thy death,* I offer it to Thee.* Thou hast died for love of me;* I will die for love of Thee, and to please Thee.* Help me by Thy grace.* I love Thee, Jesus my love;* I repent of having offended Thee.* Never permit me to offend Thee again.* Grant that I may love Thee always;* and then do with me what Thou wilt.*

Our Father. Hail Mary. Glory Be

Lord Jesus crucified,
Have mercy on us!

Sixth Station. Veronica Wipes the Face of Jesus

Priest: Consider how the holy woman named Veronica, seeing Jesus so afflicted, and His face bathed in sweat and blood, presented Him with a towel, with which He wiped His adorable face, leaving on it the impression of His holy countenance.

People: My most beloved Jesus,* Thy face was beautiful before,* but in this journey it has lost all its beauty,* and wounds and blood have disfigured it.* Alas! my soul also was once beautiful,* when it received Thy grace in Baptism;* but I have disfigured it since by my sins;* Thou alone, my Redeemer,* canst restore it to its former beauty.* Do this by Thy Passion, O Jesus.* I repent of having offended Thee.* Never permit me to offend Thee again.* Grant that I may love Thee always;* and then do with me what Thou wilt.*

Our Father. Hail Mary. Glory Be

Lord Jesus crucified,
Have mercy on us!

Seventh Station. Jesus Falls a Second Time

Priest: Consider the second fall of Jesus under the Cross—a fall which renews the pain of all the wounds of the head and members of our afflicted Lord.

People: My most gentle Jesus,* how many times Thou hast pardoned me,* and how many times have I fallen again,* and begun again to offend Thee!* Oh, by the merits of this new fall,* give me the necessary helps to persevere in Thy grace until death.* Grant that in all temptations which assail me* I may always commend myself to Thee.* I love Thee, Jesus my love, with my whole heart;* I repent of having offended Thee.* Never permit me to offend Thee again.* Grant that I may love Thee always;* and then do with me what Thou wilt.*

Our Father. Hail Mary. Glory Be

Lord Jesus crucified,
Have mercy on us!

Eighth Station.
The Women of Jerusalem weep over Jesus

Priest: Consider how those women wept with compassion at seeing Jesus in so pitiable a state, streaming with blood, as He walked along. But Jesus said to them: “Weep not for Me, but for your children.”

People: My Jesus,* laden with sorrows, I weep for the offences I have committed against Thee,* because of the pains which they have deserved,* and still more because of the displeasure they have caused Thee,* who hast loved me so much.* It is Thy love, more than the fear of hell,* which causes me to weep for my sins.* My Jesus, I love Thee more than myself;* I repent of having offended Thee.* Never permit me to offend Thee again.* Grant that I may love Thee always;* and then do with me what Thou wilt.*

Our Father. Hail Mary. Glory Be

Lord Jesus crucified,
Have mercy on us!

Ninth Station.
Jesus Falls a Third Time

Priest: Consider the third fall of Jesus Christ. His weakness was extreme, and the cruelty of His executioners was excessive, who tried to hasten His steps when He had scarcely strength to move.

People: Ah, my outraged Jesus,* by the merits of the weakness Thou didst suffer in going to Calvary,* give me strength sufficient to conquer all human respect,* and all my wicked passions,* which have led me to despise Thy friendship.* I love Thee, Jesus my love, with my whole heart;* I repent of having offended Thee.* Never permit me to offend Thee again.* Grant that I may love Thee always;* and then do with me what Thou wilt.*

Our Father. Hail Mary. Glory Be

Lord Jesus crucified,
Have mercy on us!

Tenth Station.
Jesus is Stripped of His Garments

Priest: Consider the violence with which the executioners stripped Jesus. His inner garments adhered to His torn flesh, and they dragged them off so roughly that the skin came with them. Compassionate your Savior thus cruelly treated, and say to Him:

People: My innocent Jesus,* by the merits of the torment Thou hast felt,* help me to strip myself of all affection to things of earth,* in order that I may place all my love in Thee,* who art so worthy of my love.* I love Thee, O Jesus, with my whole heart;* I repent of having offended Thee.* Never permit me to offend Thee

again. * Grant that I may love Thee always; * and then do with me what Thou wilt.

Our Father. Hail Mary. Glory Be

Lord Jesus crucified,
Have mercy on us!

Eleventh Station.
Jesus is Nailed to the Cross

Priest: Consider how Jesus, after being thrown on the Cross extended His hands, and offered to His Eternal Father the sacrifice of His life for our salvation. These barbarians fastened Him with nails, and then, raising the Cross, left Him to die with anguish on this infamous gibbet.

People: My Jesus! loaded with contempt,* nail my heart to Thy feet, that it may ever remain there,* to love Thee, and never quit Thee again.* I love Thee more than myself;* I repent of having offended Thee.* Never permit me to offend Thee again.* Grant that I may love Thee always;* and then do with me what Thou wilt.*

Our Father. Hail Mary. Glory Be

Lord Jesus crucified,
Have mercy on us!

Twelfth Station.
Jesus is raised upon the Cross and Dies

Priest: Consider how thy Jesus, after three hours' Agony on the Cross, consumed at length with anguish, abandons Himself to the weight of His body, bows His head, and dies.

People: O my dying Jesus,* I kiss devoutly the Cross on which Thou didst die for love of me.* I have merited by my sins to die a miserable death;* but Thy death is my hope.* Ah, by the merits of Thy death,* give me grace to die, embracing Thy feet,* and burning with love for Thee.* I commit my soul into Thy hands.* I love Thee with my whole heart;* I repent of ever having offended Thee.* Never permit me to offend Thee again.* Grant that I may love Thee always;* and then do with me what Thou wilt.*

Our Father. Hail Mary. Glory Be

Lord Jesus crucified,
Have mercy on us!

Thirteenth Station.
Jesus is taken down from the Cross and placed in the arms of His Mother

Priest: Consider that Our Lord having expired, two of His disciples, Joseph and Nicodemus, took Him down from the Cross, and placed Him in the arms of His afflicted Mother, who received Him with unutterable tenderness, and pressed Him to her bosom.

People: O Mother of sorrow,* for the love of this Son,* accept me for thy servant,* and pray to Him for me.* And Thou, my Redeemer,* since Thou hast died for me,* permit me to love Thee;* for I wish but Thee, my Jesus.* and I repent of ever having offended Thee.* Never permit me to offend Thee again.* Grant that I may love Thee always;* and then do with me what Thou wilt.*

Our Father. Hail Mary. Glory Be

Lord Jesus crucified,
Have mercy on us!

Fourteenth Station. Jesus is laid in the Sepulchre

Priest: Consider that the disciples carried the body of Jesus to bury it, accompanied by His holy Mother, who arranged it in the sepulchre with her own hands. They then closed the tomb, and all withdrew.

People: Ah, my buried Jesus,* I kiss the stone that encloses Thee.* But Thou didst rise again the third day.* I beseech Thee, by Thy resurrection,* make me rise glorious with Thee at the last day,* to be always united with Thee in heaven,* to praise Thee and love Thee forever.* I love Thee, and I repent of ever having offended Thee.* Never permit me to offend Thee again.* Grant that I may love Thee always;* and then do with me what Thou wilt.*

Our Father. Hail Mary. Glory Be

Lord Jesus crucified,
Have mercy on us!

Prayer to Jesus Crucified

Behold O kind and most sweet Jesus,* I cast myself upon my knees in Thy sight,* and with the most fervent desire of my soul,* I pray and beseech Thee that Thou wouldst impress upon my heart* lively sentiments of faith, hope and charity,* with true contrition for my sins* and a firm purpose of amendment;* while with deep affection and grief of soul,* I ponder within myself and mentally contemplate Thy five wounds,* having before my eyes the words which David the prophet* put on Thy lips concerning Thee:* “ They have pierced My hands and My feet,* they have numbered all My bones.”

Our Father. Hail Mary. Glory Be

Resolve to Avoid Sin and to Practice Virtue

Adorable Jesus, my Saviour and Master, model of all perfection, I resolve and will endeavor this day to imitate Thy example, to be, like Thee, mild, humble, chaste, zealous, charitable, and resigned. I will redouble my efforts that I may not fall this day into any of those sins which I have heretofore committed (here name any besetting sin), and which I sincerely desire to forsake.

Ask God for the Necessary Graces

O my God, Thou knowest my poverty and weakness, and that I am unable to do anything good without Thee; deny me not, O God, the help of Thy grace; proportion it to my necessities; give me strength to avoid anything evil which Thou forbiddest, and to practice the good which Thou hast commanded; and enable me to bear patiently all the trials which it may please Thee to send me.

An Act of Oblation (by St. Ignatius)

Take, O Lord, into Thy hands my entire liberty; receive my memory, my understanding and my whole will. All that I am, all that I have, Thou hast given me, and I give it back again to Thee, to be desposed of according to Thy good pleasure. Give me only Thy love and Thy grace: with these I am rich enough, and I desire nothing more.

Renewal of the Baptismal Promises

Almighty and eternal God! Thou knowest all things: Thou seest the very bottom of my heart, and Thou knowest that, however sinful I have hitherto been, I am resolved, by the help of Thy grace, to love and serve Thee for the remainder of my life. And therefore, O my God, kneeling before the throne of Thy mercy, I renew, with all the sincerity of my soul the promises and vows made for me in my baptism. I renounce Satan with my whole heart, and will henceforth have no connection with him. I renounce all the pomps of Satan, that is all the vanities of the world, the false treasures of its riches, honors and pleasures, and all its corrupt teachings, I renounce all the works of Satan, that is, all kinds of sins. To Thee alone, O my God, I desire to cling; Thy word will I hear and obey; for Thee alone I desire to love and to die. Amen.

Obsecro Te

I beseech Thee, most sweet Lord Jesus Christ, grant that Thy Passion may be to me a power by which I may be strengthened, protected and defended. May Thy wounds be to me food and drink, by which I may be nourished, inebriated and overjoyed. May the sprinkling of Thy Blood be to me an ablution for all my sins. May Thy death prove to me life everlasting, Thy cross be to me an eternal glory. In these be my refreshment, my joy, my preservation and sweetness of heart. Who livest and reignest world without end. Amen.

Prayer for Vocations

O Lord Jesus Christ, who didst take to Thyself a body and soul like ours, to teach us the glory of self-sacrifice and service, mercifully deign to instill in other hearts the desire to dedicate their lives to Thee. Give us PRIESTS to stand before Thine altar and to preach the words of Thy Gospel; BROTHERS to assist the priests and to reproduce in themselves Thy humility; SISTERS to teach the young and nurse the sick, and to minister Thy charity to all; LAY PEOPLE to imitate Thee in their homes and families. Amen

Prayer for the Faithful Departed

O God! the Creator and Redeemer of all the faithful, grant to the souls of Thy servants departed the remission of all their sins: that through pious supplications they may obtain that pardon which they have always desired: Who livest and reignest world without end. Amen.

Invocations

Jesus, Mary, and Joseph, I give you my heart and my soul.

Jesus, Mary, and Joseph, assist me in my last agony.

Jesus, Mary, and Joseph, may I breathe forth my soul in peace with you.

Fatima Prayers

My God I believe, I adore, I trust and I love Thee. And I beg pardon for all those who do not believe, do not adore, do not trust and do not love Thee. (Three times)

Most Holy Trinity, Father, Son and Holy Spirit, I adore Thee profoundly. I offer Thee the most precious Body, Blood, Soul and Divinity of Our Lord Jesus Christ, present in all the tabernacles of the world, in reparation for the outrages, sacrileges, and indifferences by which He is offended. And through the infinite merits of His Most Sacred Heart and through the intercession of the Immaculate Heart of Mary, I beg of Thee the conversion of poor sinners. Amen.

O Most Holy Trinity, I adore Thee! My God, My God, I love Thee in the Most Blessed Sacrament.

O My Jesus, forgive us our sins, save us from the fires of Hell and lead all souls to Heaven, especially those who are in most need of Thy mercy.

Prayer to Our Lord in the Blessed Sacrament

May the heart of Jesus, in the Most Blessed Sacrament, be praised, adored, and loved with grateful affection, at every moment, in all the tabernacles of the world, even to the end of time. Amen.

What are the Instruments of Good Works

1. In the first place, to love the Lord God with the whole heart, the whole soul, the whole strength.
2. Then, one's neighbor as oneself.
3. Then not to murder.
4. Not to commit adultery.
5. Not to steal.
6. Not to covet.
7. Not to bear false witness.
8. To respect all men.

9. And not to do to another what one would not have done to oneself.
10. To deny oneself in order to follow Christ.
11. To chastise the body.
12. Not to become attached to pleasures.
13. To love fasting.
14. To relieve the poor.
15. To clothe the naked.
16. To visit the sick.
17. To bury the dead.
18. To help in trouble.
19. To console the sorrowing.
20. To become a stranger to the world's ways.
21. To prefer nothing to the love of Christ.
22. Not to give way to anger.
23. Not to nurse a grudge.
24. Not to entertain deceit in one's heart.
25. Not to give a false peace.
26. Not to forsake charity.
27. Not to swear, for fear of perjuring oneself.
28. To utter truth from heart to mouth.
29. Not to return evil for evil.
30. To do no wrong to anyone, and to bear patiently wrongs done to oneself.
31. To love one's enemies.
32. Not to curse those who curse us, but rather to bless them.
33. To bear persecution for justice' sake.
34. Not to be proud.
35. Not addicted to wine.
36. Not a great eater.
37. Not drowsy.
38. Not lazy.
39. Not a grumbler.
40. Not a detractor.
41. To put one's hope in God.
42. To attribute to God, and not to self, whatever good one sees in oneself.
43. But to recognize always that the evil is one's own doing, and to impute it to oneself.
44. To fear the Day of Judgement.
45. To be in dread of hell.
46. To desire eternal life with all the passion of the spirit.
47. To keep death daily before one's eyes.
48. To keep constant guard over the actions of one's life.
49. To know for certain that God sees one everywhere.
50. When evil thoughts come into one's heart, to dash them against Christ immediately.
51. And to manifest them to one's spiritual father.

52. And not to do to another what one would not have done to oneself.
53. Not to love much talking.
54. Not to speak useless words or words that move to laughter.
55. Not to love much or boisterous laughter.
56. To listen willingly to holy reading.
57. To devote oneself frequently to prayer.
58. Daily in one's prayers, with tears and sighs, to confess one's past sins to God, and to amend them for the future.
59. Not to fulfil the desires of the flesh; to hate one's own will.
60. Not to wish to be called holy before one is holy; but first to be holy, that one may be truly so called.
61. To fulfil God's commandments daily in one's deeds.
62. To love chastity.
63. To hate no one.
64. Not to be jealous, not to harbor envy.
65. Not to love contention.
66. To beware of haughtiness.
67. And to respect the seniors.
68. To love the juniors
69. To pray for one's enemies in the love of Christ.
70. To make peace with one's adversary before the sun sets.
71. And never to despair of God's mercy.

These, then are the tools of the spiritual craft. If we employ them unceasingly day and night, and return them on the Day of Judgement, our compensation from the Lord will be that wage He has promised: "Eye has not seen, nor ear heard, what God has prepared for those who love Him."

Devotions for Confession

Prayer before Confession

O Almighty and most merciful God, who hast made me out of nothing, and redeemed me by the Precious Blood of Thine only Son; Who hast borne with me to this day with so much patience, notwithstanding my sins and ingratitude, behold me, O Lord, prostrate at Thy feet to implore Thy forgiveness. I desire most sincerely to leave all my evil ways, to forsake this region of death where I have so long lost myself, and to return to Thee, the Fountain of life. I desire, like the prodigal child, to enter seriously into myself, and with the like resolutions to rise without delay and go home to my Father, though I am infinitely unworthy to be called His child, in hopes of meeting with the like reception from His most tender mercy. I know Thou desirest not the death of a sinner, but that he may be converted and live. I know Thy mercies are above all Thy works; and I most confidently hope, that as in Thy mercy Thou hast spared me so long, and hast now given me this desire of returning to Thee, so Thou wilt finish the work Thou hast begun, and bring me to a perfect reconciliation with Thee.

I desire now to comply with Thy holy institution of the sacrament of penance. I desire to confess my sins with all sincerity to Thee and to Thy minister, and therefore, I desire to know myself and to call myself to an account by a diligent examination of my conscience.

But, O my good God, what will it avail me to know my sins, if Thou dost not also give me a hearty sorrow and repentance for them? Without this, my sins will be all against me still and I shall be still Thine enemy and a child of hell. Thou insistest upon a change of heart, without which there can be no reconciliation with Thee; Oh! Give it me, then, dear Lord, at this time. Give me a lively faith and a firm hope in the Passion of my Redeemer. Teach me to fear Thee and to love Thee. Give me, for Thy mercy's sake, a hearty sorrow for having offended so good a God.

O Blessed Virgin, Mother of my Redeemer, mirror of innocence and sanctity, and refuge of penitent sinners, intercede for me, through the Passion of Thy Son, that I may obtain the grace to make a good confession. O, all you blessed Angels and Saints of God, pray for me, a most miserable sinner that my heart may henceforward be forever united with yours in eternal love, and never more go astray from the sovereign Good. Amen.

Examination of Conscience

Begin by examining yourself on your last confession and Communion. Whether a grievous sin was forgotten through want of proper examination; concealed or disguised through shame. Whether you confessed without a true sorrow, a firm purpose of amendment and of repairing the evil done to your neighbor.

See whether you received Holy Communion without devotion, or neglected to offer a proper thanksgiving. Whether the penance was performed without voluntary distractions. Whether you have neglected your confessor's counsel, and fallen at once into habitual sins. Whether you have renounced all affection to mortal sin, or remained long in sin without eliciting acts of contrition and returning to confession. Then examine yourself on the ten Commandments; the Commandments of the Church; the Seven Capital sins; the duties of your state in life; and your ruling passion. Calmly recollect the different occasions of sin which have fallen in your way, or to which your state and condition in life expose you; the places you have frequented; the persons you have associated with etc. Do not neglect to consider the circumstances which alter the grievousness of the sin, nor the various ways in which we become accessory to the sins of others. The following short table will help you in your examination.

The Commandments of God

1. Have you doubted in matters of faith? Murmured against God at your adversity or at the prosperity of others? Despaired of His mercy? Believed in fortune tellers or consulted them? Gone to places of worship belonging to other denominations? Not recommended yourself daily to God?

2. Taken the Name of God in vain? Spoken irreverently of holy things, or profaned anything relating to religion? Sworn falsely rashly, or in slight and trivial matters? Cursed yourself, or others, or any creature? Angered others so far as to make them swear, or blaspheme God?
 3. Have you kept holy the Lord's Day, and all other days commanded to be kept holy? Bought or sold things, not of necessity, on that day? Done or commanded some servile work not of necessity? Missed Mass or been wilfully distracted during Mass? Talked, gazed, or laughed in church?
 4. Have you honoured your parents, superiors, masters, according to your just duty? Deceived them, disobeyed them? Failed in due reverence to aged persons?
 5. Procured, desired, or hastened the death of anyone? Borne hatred; oppressed anyone; desired revenge; not forgiven; refused to speak to others; used provoking language; threatened or struck others not under your charge; made others fall out?
- 6 and 9 Have you been guilty of lascivious dressing or painting; lewd company; have you read immodest books; been guilty of unchaste songs, discourses, words, looks, or actions with yourself or others? Wilfully entertained impure thoughts or desires?
7. Stealing; deceit in gaming, reckoning, buying or selling, in wares, prices, weights or measures; bought of such as could not sell; wilfully damaged another man's goods, or negligently spoiled them; run into debt carelessly, beyond your power of payment?
 8. Borne false witness, called injurious names; revealed another's sins; flattered yourself or others; opened the letters of others; judged rashly; falsely suspected?
 10. Coveted unjustly anything that belonged to another?

The Precepts of the Church

Have you observed the Sundays and holy days by hearing Mass and avoiding servile works? Have you neglected prescribed fasts and abstinence's without sufficient reason? Have you confessed your mortal sins at least once a year? Have you gone to Holy Communion during the Easter time? Have you contributed according to your means to religion and the Church? Have you married not in accordance with the laws of the Catholic Church, or aided others in doing so?

The Seven Capital Sins

Pride, Covetousness, Lust, Anger, Gluttony, Envy, Sloth.

Have you been guilty of pride, vainglory, love of applause, contempt of others? Have you been too eager in seeking the goods of this world, or had your heart set on them? Have you violated the Sixth and Ninth Commandments in any way? Have you been guilty of unreasonable anger, or disagreeableness of disposition? Have you eaten or drunk to excess, or caused others to do so? Have you rejoiced at the misfortune, or been grieved at the success of others? Have you wasted time in idleness and self indulgence? Have you neglected the duties of your state of life, or performed them remissly? Have you desired to commit sin, or gloried in sin committed?

The Four Sins which Cry to Heaven for Vengeance

1. Wilful Murder.
2. The sin of Sodom.
3. Oppression of the poor.
4. Defrauding the laborer of his wages.

Sins Against the Holy Ghost

1. Presumption of God's mercy.
2. Despair
3. Impugning the known truth.
4. Envy at another's spiritual good.
5. Obstinacy in sin.
6. Final impenitence.

Nine ways of being accessory to another's sin

1. By counsel.
2. By command.
3. By consent.
4. By provocation.
5. By praise or flattery.
6. By concealment
7. By partaking.
8. By silence.
9. By defense of the ill done.

The Seven Spiritual Works of Mercy

1. To admonish sinners.
2. To instruct the ignorant.
3. To counsel the doubtful.
4. To comfort the sorrowful.
5. To bear wrongs patiently.
6. To forgive all injuries.
7. To pray for the living and the dead.

The Seven Corporal Works of Mercy

1. To feed the hungry.
2. To give drink to the thirsty.
3. To clothe the naked.
4. To visit and ransom the captives.
5. To harbor the harborless.
6. To visit the sick.
7. To bury the dead.

The Eight Beatitudes

1. Blessed are the poor in spirit; for theirs is the kingdom of heaven.
2. Blessed are the meek; for they shall possess the land.
3. Blessed are they that mourn; for they shall be comforted.
4. Blessed are they that hunger and thirst after justice; for they shall be filled.
5. Blessed are the merciful; for they shall obtain mercy.
6. Blessed are the clean of heart; for they shall see God.
7. Blessed are the peacemakers; for they shall be called the children of God.
8. Blessed are they that suffer persecution for justice sake; for theirs is the kingdom of heaven.

After the Examination

Having discovered the different sorts of sins of which you have been guilty, together with their number, enormity, or such circumstances as may considerably increase their malice, or change their nature, you should endeavour to excite in your breast a heartfelt sorrow for having committed them, and a sincere detestation of them. This being the most essential, as well as the most difficult, of all the dispositions, requisite for a good confession, with what humility, fervour, and perseverance should you not importune Him who holds the hearts of men in His hands to grant it to you.

Affections and Resolutions before Confession

My Lord and my All! I am confounded at the multitude and enormity of my offences against so good a God. I dare not presume even to lift up my eyes to heaven, much less to come near Thine altar, after so many treason's against Thee. Alas! What shall I now do, O Lord? what shall I say? With the humble publican, I will strike my breast, and cry unto Thee, O God, be merciful to me, a sinner.

My sins exceed in number the sands of the sea. But Thy mercies are still greater in number than my sins. O ocean of mercy! Have compassion on me, a poor sinner, and make me, now at least, a true penitent.

Father, I have sinned against heaven and in Thy sight, and am not worthy to be called Thy child. O receive me as one of the least of Thy servants, and never suffer me to stray from Thee again.

It grieves me, O my God, that I have offended Thee. I am heartily sorry for all the sins I have committed against Thine infinite goodness. Oh, that I could sufficiently lament them, even with tears of blood!

Who will give water to my head, and a fountain of tears to my eyes, that, night and day, I may bewail all my sins and my ingratitude?

Oh, that I had never offended my God! Oh, that I had never sinned! Happy those souls who have never lost their baptismal innocence! Ah! Sweet Jesus, that I had been so happy!

Oh, that I could now, like Magdalen, prostrate myself at the feet of my Saviour! Oh, that I could wash them with my tears. Oh, suffer me, dear Lord, to lay down all my sins at Thy feet, to be cancelled by Thy precious Blood.

Lord, Thou hast said there is joy in heaven upon one sinner's doing penance more than upon ninety nine just. Oh, give me now grace to be a true penitent indeed, that hereby heaven may rejoice at my conversion.

Thou camest, O my dear Redeemer, not to call the just, but sinners to repentance. Look down upon me, a poor miserable sinner, and draw me now powerfully to Thee by Thy grace.

I know Thou wilt not the death of a sinner, but that he be converted and live. Oh, let me no longer remain dead in my sins! Oh, let me now at least begin to live to Thee!

Create a clean heart in me, O God, and renew a right spirit within my bowels. Oh, grant that I may now serve Thee in good earnest! Let this be the change of the right hand of the Most High.

Thou hast made me, O my God, and redeemed me by Thy precious Blood. Oh, despise not the work of Thy hands, and let not Thy Blood be spilt for me in vain!

Too late have I known Thee, O eternal truth! Too late have I gone astray from Thee! From this moment, O my Sovereign Good, I desire to be forever Thine! Oh, let nothing in life or death ever separate Thee from me anymore!

O Divine Lover of penitent souls, give me henceforth a contrite and humble heart. I wish from this hour to offer this sacrifice to Thee daily to the end of my life.

O Divine Love, how little art Thou known in this wicked world! How little art Thou loved! Come now, and take full possession of my whole heart and soul for time and eternity.

Thy mercy has been infinite in bearing so long with so ungrateful a sinner as I have been, and in daily heaping Thy favors upon me. Add this one favor, O Lord, to all the rest, that henceforth, through Thy grace, I may never offend Thee more. This one thing I earnestly beg of Thee, for Thine infinite mercy's sake and through the death and Passion of Thine only Son. Hear this one prayer, I beseech Thee, and in all things else do with me what Thou pleasest.

I am resolved, by Thy grace, never more to turn to my sins. Oh, rather let me die than offend Thee willfully any more. I am resolved to avoid all evil company and dangerous occasions, and to take proper measures for a thorough amendment of my life for the future. All this I resolve; but Thou knowest my frailty, O my God: and if Thou assist me not with Thy grace, all my resolutions will prove ineffectual, and I shall be forever miserable. Oh, look to me, O Lord, that I may never betray Thee any more

Act of Contrition

O my God, I am heartily sorry for having offended Thee, and I detest all my sins, because I dread the loss of heaven and the pains of hell, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance, and to amend my life.

Prayer after Confession

O Almighty and most merciful God, who, according to the multitude of Thy tender mercies, hast vouchsafed once more to receive Thy prodigal child after so many times going astray from Thee, and to admit me to this Sacrament of reconciliation; I give Thee thanks with all the powers of my soul for his and all other mercies, graces, and blessings bestowed on me, and prostrating myself at Thy sacred feet, I offer myself to be henceforth forever Thine. Oh, let nothing in life or death ever separate me from Thee! I renounce with my whole soul all my treasons against Thee, and all the abominations and sins of my past life. I renew my promises made in baptism, and from this moment I dedicate myself eternally to Thy love and service. Oh, grant that for the time to come, I may abhor sin more than death itself, and avoid all such occasions and companies as have unhappily brought me to it. This I resolve to do by the aid of Thy divine grace, without which I can do nothing. I beg Thy blessing upon these my resolutions, that they may not be ineffectual like so many others I have formerly made, for, O Lord, without Thee I am nothing but misery and sin. Supply also, by Thy mercy, whatever defects have been in this my confession, and give me grace to be now and always a true penitent. Through the same Jesus Christ Thy Son. Amen.

The Seven Sacraments

Baptism, Confirmation, Holy Eucharist, Penance, Extreme Unction,
Holy Orders, Matrimony.

The Three Theological Virtues

Faith, Hope and Charity.

The Four Cardinal Virtues

Prudence, Justice, Fortitude and Temperance.

The Seven Gifts of the Holy Ghost

Wisdom, Understanding, Counsel, Fortitude Knowledge, Piety
and the Fear of the Lord.

The Twelve Fruits of the Holy Ghost

Charity, Joy, Peace, Patience, Longanimity, Goodness, Benignity, Mildness,
Fidelity, Modesty, Continenence and Chastity.

Virtues Contrary to the Capitol Sins

Humility, Liberality, Chastity, Meekness, Temperance,
Brotherly Love, Diligence

Three Eminently Good Works

Alms deeds or works of mercy, Prayer and Fasting

Three Evangelical Counsels

Voluntary Poverty, Chastity and Obedience.

Subjects for Daily Meditation

God to glorify, Jesus to imitate, The Angels and Saints to invoke, A soul to save, A body to mortify, Sins to expiate, Virtues to acquire, Hell to avoid, Heaven to gain, Eternity to prepare for, Time to profit by, Neighbours to edify, The world to despise, Devils to combat, Passions to subdue, Death perhaps to suffer, Judgment to undergo.

A Husband's Prayer

O gracious Father, Maker and Preserver of heaven and earth. Who in the beginning didst institute matrimony, thereby foreshadowing the mystical union of the Church with our Savior Christ, who, during His ministry upon earth, did honor marriage with His first miracle: help me, I pray Thee, by Thy grace to live in holiness and purity with the wife whom Thou hast given me. Mortify in me all violence of earthly passion, all selfishness and inconsiderateness (here name any besetting sin which may be a hindrance to you), that I may love her as Christ loved His Church, cherish and comfort her as my own body, and have as great care for her happiness as for my own. Grant that we may live in peace, without contention; in unity, without discord, (Give us, O Lord, discreet hearts and understanding minds, to bring up our children in Thy faith and fear, that they may be obedient to Thee and to Thy commandments, and to all that Thou requirest of them in their duties towards their parents.) And give us, O Lord, a sufficiency of those things necessary to maintain ourselves and our family according to that rank and calling

wherein Thou hast placed us, without excess or vainglory, in singleness and pureness of heart. Grant this for Jesus Christ's sake, to Whom, with Thee and the Holy Ghost, be all honor and glory, now and forever. Amen.

A Wife's Prayer

O Merciful Lord God, who in the beginning didst take Eve out of the side of Adam and didst give her to him as a helpmate, grant me grace to live worthy of the honorable estate of matrimony to which Thou hast called me, that I may love my husband with a pure and chaste love, acknowledging him as my head, and truly reverencing and obeying him in all good things; that thereby I may please him, and live with him in all Christian serenity. Keep me from all worldliness and vanity. Help me, O Lord, that I may, under him, prudently and discreetly guide and govern his household. Let no fault of mine aggravate any sins by which he may be especially tempted; enable me to soothe him in perplexity, to cheer him in difficulty, to refresh him in weariness, and as far as may be, to advise him in doubt. (Give me understanding so to fulfill my part in the education of our children, that they may be our joy in this world and our glory in the next.) Grant that our perfect union here may be the beginning of the still more perfect and blissful union hereafter in Thy kingdom; and this I pray through Jesus Christ our Lord. Amen.

Prayer Before Any Work

Come, Holy Ghost, fill the hearts of Thy faithful and kindle in them the fire of Thy love. Send forth Thy spirit, and they shall be created. And Thou shalt renew the face of the earth. O God, who hast taught the hearts of the faithful by the light of the Holy Spirit, grant that by the gift of the same Spirit we may be always truly wise and ever rejoice in His consolation. Through Christ our Lord. Amen.

Prayer After Any Work

We fly to thy patronage, O holy Mother of God: despise not our petitions in our necessities, but deliver us from all dangers, O ever glorious and blessed Virgin! May the divine assistance remain always with us! Amen

Prayer for Protection during the Night

O Angel of God, to whose holy care I am committed by the divine mercy, enlighten, defend and protect me this night from all sin and danger. Amen. Visit, we beseech Thee, O Lord, this habitation, and drive from it all the snares of the enemy. Let Thy holy Angels dwell herein to preserve us in peace; and may Thy blessing be upon us for ever, through Christ our Lord. Amen.

God the Father, bless us; Jesus Christ, defend and keep us; the virtue of the Holy Ghost enlighten and santify us this night and forever; and may the souls of the faithful departed rest in peace. Amen.

Bless, O Lord, the repose I am going to take in order to renew my strength, that I may be better able to serve Thee. O all ye Saints and Angels! But chiefly thou, O Mother of God! intercede for me this night and during the rest of my life, but particularly at the hour of my death.

May the divine assistance remain always with us. Amen.

Prayer to Saint Michael the Archangel

Saint Michael the Archangel, defend us in battle; be our defense against the wickedness and snares of the devil. May God rebuke him, we humbly pray; and do thou, O Prince of the heavenly host, by the power of God, thrust into hell Satan and the other evil spirits who prowl about the world for the ruin of souls. Amen.

Preparation for Holy Mass

Declaration of Intention

Eternal Father, I unite myself with the intentions and affections of our Lady of Sorrows on Calvary, and I offer to Thee the sacrifice that Thy beloved Son Jesus made of Himself upon the cross, and now renews upon this altar:

First: To adore Thee and give Thee the honor that is due to Thee, confessing Thy supreme dominion over all things, and the absolute dependence of everything upon Thee, Thou Who art our one and last end.

Second: To thank Thee for the countless benefits received.

Third: To appease Thy justice, provoked by so many sins, and to make satisfaction for them.

Fourth: To implore grace for myself, for (name), for all afflicted and sorrowing, for poor sinners, and for the holy souls in purgatory. Amen.

Prayer for Vocations

O Lord Jesus Christ, who didst take to Thyself a body and soul like ours, to teach us the glory of self-sacrifice and service, mercifully deign to instill in other hearts the desire to dedicate their lives to Thee. Give us PRIESTS to stand before Thine altar and to preach the words of Thy Gospel; BROTHERS to assist the priests and to reproduce in themselves Thy humility; SISTERS to teach the young and nurse the sick, and to minister Thy charity to all; LAY PEOPLE to imitate Thee in their homes and families. Amen.

7 year indulgence each time recited; a plenary indulgence if recited daily for an entire month.

